

Anatomy of the Muscular System Worksheet

Multiple Choice

1. An entire skeletal muscle is covered by a coarse sheath called
 - a. Endomysium
 - b. Perimysium
 - c. Epimysium
 - d. Aponeurosis
2. Muscles that are arranged like feathers in a plume are described as
 - a. Parallel
 - b. Convergent
 - c. Sphincter
 - d. Pennate
3. Aponeurosis is
 - a. Broad and flat
 - b. Tube-shaped
 - c. Featherlike
 - d. Circular
4. Antagonists are muscles that
 - a. Oppose prime movers
 - b. Facilitate prime movers
 - c. Stabilize muscles
 - d. Directly perform movements
5. A fixed point about which a rod moves is called a
 - a. lever
 - b. bone
 - c. belly
 - d. fulcrum
6. In first-class levers the
 - a. Fulcrum is between the load and the force
 - b. Load is between the fulcrum and force
 - c. Force is between the fulcrum and load
 - d. Load and force are equal
7. All of the following are rotator cuff muscles except
 - a. Deltoid
 - b. Infraspinatus
 - c. Supraspinatus
 - d. Teres minor
8. The muscle that shrugs the shoulders is the
 - a. Sternocleidomastoid
 - b. Deltoid
 - c. Trapezius
 - d. Pectoralis major
9. The posterior arm muscle that extends the forearm is the
 - a. triceps brachii
 - b. brachioradialis
 - c. brachialis
 - d. biceps brachii
10. The muscles of the quadriceps femoris include all of the following except
 - a. Vastus intermedius
 - b. Vastus medialis
 - c. Vastus lateralis
 - d. Vastus femoris
11. The anterior superior iliac spine is the site of origin for the
 - a. Sartorius
 - b. Rectus femoris
 - c. Gracilis
 - d. Iliacus
12. Plantar flexion of the foot is achieved by the
 - a. Tibialis anterior
 - b. Tibialis posterior
 - c. Peroneus brevis
 - d. Soleus
13. The muscles of the hamstring include all of the following except
 - a. Iliopsoas
 - b. Semitendinosus
 - c. Semimembranosus
 - d. Biceps femoris
14. Which of the following muscles does not move the upper arm?
 - a. Pectoralis major
 - b. Latissimus dorsi
 - c. Deltoid
 - d. Trapezius
15. The origin of a muscle is on the femur, and the insertion is on the tibia. When it contracts, it bends the knee. Which of the following is true?
 - a. The knee is acting as a fulcrum
 - b. It is an example of a first-class lever
 - c. It is an example of a second-class lever
 - d. A and C
16. The origin of a muscle is on the femur, and the insertion is on the tibia. When it contracts, it bends the knee. The fibers run parallel. What term might be a part of its name?
 - a. Rectus
 - b. Oblique
 - c. Femoris
 - d. A and C
17. Which of the following is not a function of all muscle?
 - a. Excitability
 - b. Elasticity
 - c. Relaxibility
 - d. Contractility

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RM Cervero



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A Programmed Approach to Anatomy and Physiology: The muscular system, 1972 *Comparative Tests of Instruments for Determining Atmospheric Dusts* United States. Public Health Service, 1924 **Mosby's Guide to Physical Examination - E-Book**

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Review Questions for Phlebotomy S.A. Taylor, 2000-08-15 This is a large format review text with approximately 400 questions and full paragraph answers for the American Society of Clinical Pathologists Phlebotomy Technician Examination The book is in nine sections covering phlebotomy techniques equipment specimen processing and handling laboratory operations and the basic anatomy and physiology required for the Phlebotomy Technician examination Each section opens with a topical review followed by the questions and answers for that section

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