

SKELETAL SYSTEM: BONES & JOINTS

BONES

AXIAL
APPENDICULAR
SPONGY BONE
COMPACT BONE

LIGAMENTS
TENDONS

FUNCTION OF BONES(5)

TYPES OF BONES (4)

LONG BONE
FLAT BONE
IRREGULAR BONE
SHORT BONE

JOINTS = ARTICULATIONS

SYNDYAL joints
HINGE JOINT
BALL & SOCKET
GLIDING / PLANE
CONDYLOID
PIVOT

JOINT MOVEMENT

FLEXION
EXTENSION
ADDUCTION
ABDUCTION
ROTATION
ELEVATION
DEPRESSION
SUPINATION
PRONATION
INVERSION
EVERSION
DORSIFLEXION
PLANTAR FLEXION
CIRCUMDUCTION

206 BONES

AXIAL

- SKULL
- Rib pair 1-12
- VERTEBRAL COLUMN

CONNECTS BONE TO BONE
ATTACH MUSCLE TO BONE

FUNCTION OF BONES

- FORM & STRUCTURE
- PROTECTION & SUPPORT
- LEVERS FOR MOVEMENT
- HEMOPOLYSIS
- STORE MINERALS (CALCIUM & PHOSPHORUS) & ENERGY RESERVES

DYNAMIC!

- longer than width (FEMUR, HUMERUS, RADIUS, ULNA, TIBIA, FIBULA)
- "FLAT" (PARIETALS, OCCIPITAL, PTERION, NASAL)
- "IRREGULARLY" shaped (CLAVICLE & COMPLEX SHAPES (VERTEBRAL, COCCYX, COCCYX))
- about as long as they are wide (CARPALS, METACARPALS, METALLA)
- irregular (MANDIBLE, MANDIBLE)
- they grow, send in tendrils of new matter

PLACE OF CONTACT BETWEEN BONES

PHYSECTOMY - partly movable

HINGE joint

- elbow
- knee

BALL-and-SOCKET

- hip joint
- shoulder joint
- 3 planes

PLANE / GLIDING

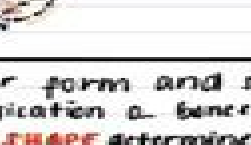
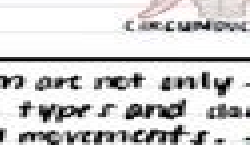
- carpal bones
- metacarpal bones
- metatarsal bones
- phalanges

PIVOT (rotation)

- around the longitudinal axis
- condylar head
- flexing your head "no"

SADDLE joint

- ONLY true saddle joint is the CARPOMETACARPAL joint (thumb)



diaphysis

epiphysis



SUMMARY: Bones of the skeletal system are not only for form and structure but also have functions that make them DYNAMIC. The types and classification of bones are essential to identify and understand its connections to joints, and movements. #SHAPE determines FUNCTION.

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Table of Contents Anatomy And Physiology Study Guide Bones

1. Understanding the eBook Anatomy And Physiology Study Guide Bones
 - The Rise of Digital Reading Anatomy And Physiology Study Guide Bones
 - Advantages of eBooks Over Traditional Books
2. Identifying Anatomy And Physiology Study Guide Bones
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Anatomy And Physiology Study Guide Bones
 - User-Friendly Interface
4. Exploring eBook Recommendations from Anatomy And Physiology Study Guide Bones
 - Personalized Recommendations
 - Anatomy And Physiology Study Guide Bones User Reviews and Ratings
 - Anatomy And Physiology Study Guide Bones and Bestseller Lists

5. Accessing Anatomy And Physiology Study Guide Bones Free and Paid eBooks
 - Anatomy And Physiology Study Guide Bones Public Domain eBooks
 - Anatomy And Physiology Study Guide Bones eBook Subscription Services
 - Anatomy And Physiology Study Guide Bones Budget-Friendly Options
6. Navigating Anatomy And Physiology Study Guide Bones eBook Formats
 - ePub, PDF, MOBI, and More
 - Anatomy And Physiology Study Guide Bones Compatibility with Devices
 - Anatomy And Physiology Study Guide Bones Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Anatomy And Physiology Study Guide Bones
 - Highlighting and Note-Taking Anatomy And Physiology Study Guide Bones
 - Interactive Elements Anatomy And Physiology Study Guide Bones
8. Staying Engaged with Anatomy And Physiology Study Guide Bones
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Anatomy And Physiology Study Guide Bones
9. Balancing eBooks and Physical Books Anatomy And Physiology Study Guide Bones
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Anatomy And Physiology Study Guide Bones
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Anatomy And Physiology Study Guide Bones
 - Setting Reading Goals Anatomy And Physiology Study Guide Bones
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Anatomy And Physiology Study Guide Bones
 - Fact-Checking eBook Content of Anatomy And Physiology Study Guide Bones
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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