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POKE-A-MUSCLE

INSTRUCTIONS

LEVEL 1: Anterior View - Six Stage

Take your time to study the entire muscles on this level.

Anterior View - Six Stage

1 2 3 4 5 6

RAI FEET MUSCLES / LUMBER MUSCLES

LEVEL	VIEW	STAGE	SCORE
LEVEL ONE	anterior	STAGE 1	85.1
	of muscles	POKE	88.2
	posterior	STAGE 2	88.1
	of muscles	POKE	89.2
LEVEL TWO	anterior	STAGE 3	88.9
	of muscles	POKE	
	posterior	STAGE 4	
	of muscles	POKE	
LEVEL THREE	post	STAGE 5	
	of muscles	POKE	



Anatomy Arcade Poke A Muscle

Xiaolong Qi



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