# Muscular System Study Guide

- Label the diagram to the right with: fascile, tendon, muscle fiber, endomysium, epimysium, perimysium,
- Place the following words in order from largest to smallest: fascicle, myofilament, myofibril, myofiber (muscle cell), sarcomere
- List the 5 functions of the muscular system



- 4. Label the following: sarcomere,, myosin, and actin on the figure to the right.
- Thick filament fibers in myofibrils are \_\_\_\_\_ while thin filaments are called \_\_\_\_\_.
- For each step in the diagram describe the state of contraction for the sarcomere.
  - a) Sarcomere is \_\_\_\_\_
  - b) Sarcomere is beginning to \_\_\_\_\_\_ slides toward the center, as it is pulled
    - by the \_\_\_\_\_ slides toward the center, as it is pulled to the \_\_\_\_ crossbridges
  - c) Sarcomere is \_\_\_\_\_



- is the neurotransmitter that is released to stimulate the muscle.
- What two ions are exchanged when the neurotransmitter opens the gates on the membrane of the muscle fiber? \_\_\_\_\_ & \_\_\_\_
- 9. What ion is stored by the sarcoplasmic reticulum and starts muscle contraction? \_\_\_\_\_\_
- 10. Place the following steps in order of how a muscle contracts
  - a) neuron releases a neurotransmitter to stimulate the muscle
  - b) myosin heads attach to the actin filaments
  - c) ATP is converted to ADP when the myosin head change shape pulling the actin filament
  - d) Myosin heads pull the actin filament together
  - e) Sarcoplasmic reticulum release calcium ions
- 11. Describe the sliding filament theory of muscle contraction.

# **Anatomy And Physiology Muscular System Study Guide**

Lois A. Ball

#### **Anatomy And Physiology Muscular System Study Guide:**

Study Guide for The Anatomy and Physiology Learning System Edith Applegate, 2010-03-30 Designed to accompany The Anatomy and Physiology Learning System 4th Edition by Edith Applegate this study guide helps you learn and review basic A P concepts Each chapter emphasizes medical terminology with a set of key terms word parts clinical terms and abbreviations and then adds a variety of fun filled learning exercises review questions a quiz and a word puzzle The study quide corresponds to the textbook chapter for chapter Chapter learning objectives help you focus on the most important material Key concepts are defined on the first page of each chapter in the workbook Learning exercises for each chapter include short answer matching and diagrams to label and color Self quizzes allow you to measure your progress and understanding Fun and Games features end each chapter with a variety of engaging puzzles covering words and concepts A chapter summary provides a brief review of each chapter A chapter review provides questions for reinforcement and review of the concepts in each chapter Study Guide to Accompany Anatomy and Physiology Kalyani Premkumar, 2011-03-16 The 3rd edition of Anatomy and Physiology ties anatomy and physiology to situations massage therapy students will face in practice amnd makes this material accessible to facilitate learning This accompanying study guide helps students apply their knowledge and ensure their understanding of the content covered Study Guide for Introduction to Human Anatomy and Physiology -E-Book - Revised Reprints Lois A Ball, 2016-11-15 Study Guide for Introduction to Human Anatomy and Physiology E Book **Revised Reprints** Study Guide for Introduction to Human Anatomy and Physiology Lois A. Ball, 2015-10-13 Ball s Study Guide for Introduction to Human Anatomy and Physiology 4th Edition is a comprehensive learning tool designed to help you better understand the terminology and concepts presented in Solomon's text Its Table of Contents mirrors that of the text s and its new matching exercises and jumble games fill in the blank study guestions labeling exercises crossword puzzles and more give you a fun way to test your mastery of the material Updated with new content and art this engaging Study Guide provides you with the tools you need to learn the language of anatomy and physiology Labeling exercises consisting of art from the textbook reinforce understanding of where the structures of the body are located Multiple choice end of chapter tests immediately let you know if you have mastered the content of that chapter and better prepare you for multiple choice guizzes and exams in class Chapter outlines and learning objectives from the textbook highlight essential content and the objectives you should master before beginning the exercises Crossword puzzle activities encourage the use of new vocabulary words and emphasize the proper spelling of terms Fill in the blank exercises help you master and retain information in a fun and engaging way Answers to exercises on Evolve so you can use this Study Guide to test your knowledge NEW All new matching exercises and jumble games mixed with traditional fill in the blank questions create more variety and give you more options for study NEW Updated content and art reflects changes made to the new edition of the text and provides you with the tools you need to learn and master the concepts presented in the text Human Anatomy and

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