

RHEUMATOLOGY MCQs

Q-1

Which one of the following is not associated with carpal tunnel syndrome?

- A. Tinel's sign
- B. Compression of the median nerve
- C. Wasting of the hypothenar eminence
- D. Flexion of the wrist reproduces symptoms
- E. Weakness of thumb abduction

ANSWER:

Wasting of the hypothenar eminence

EXPLANATION:

CARPAL TUNNEL SYNDROME

Carpal tunnel syndrome is caused by compression of median nerve in the carpal tunnel.

History

- pain/pins and needles in thumb, index, middle finger
- unusually the symptoms may 'ascend' proximally
- patient shakes his hand to obtain relief, classically at night

Examination

- weakness of thumb abduction (abductor pollicis brevis)
- wasting of thenar eminence (NOT hypothenar)
- Tinel's sign: tapping causes paraesthesia
- Phalen's sign: flexion of wrist causes symptoms

Causes

- idiopathic
- pregnancy
- oedema e.g. heart failure
- lunate fracture
- rheumatoid arthritis

Electrophysiology

- motor + sensory: prolongation of the action potential

Treatment

- corticosteroid injection
- wrist splints at night
- surgical decompression (flexor retinaculum division)

Q-2

A 40-year-old man presents with pain in his lower back and 'sciatica' for the past three days. He describes bending down to pick up a washing machine when he felt 'something go'. He now has severe pain radiating from his back down the right leg. On examination he describes paraesthesia over the anterior aspect of the right knee and the medial aspect of his calf. Power is intact and the right knee reflex is diminished. The femoral stretch test is positive on the right side. Which nerve root is most likely to be affected?

- A. Common peroneal nerve
- B. Lateral cutaneous nerve of the thigh
- C. L5
- D. L3
- E. L4

ANSWER:

L4

EXPLANATION:

LOWER BACK PAIN: PROLAPSED DISC

A prolapsed lumbar disc usually produces clear dermatomal leg pain associated with neurological deficits.

Features

- leg pain usually worse than back
- pain often worse when sitting

The table below demonstrates the expected features according to the level of compression:

Site of compression	Features
L3 nerve root compression	Sensory loss over anterior thigh Weak quadriceps Reduced knee reflex Positive femoral stretch test
L4 nerve root compression	Sensory loss anterior aspect of knee Weak quadriceps Reduced knee reflex Positive femoral stretch test
L5 nerve root compression	Sensory loss dorsum of foot Weakness in foot and big toe dorsiflexion Reflexes intact Positive sciatic nerve stretch test
S1 nerve root compression	Sensory loss posterolateral aspect of leg and lateral aspect of foot Weakness in plantar flexion of foot Reduced ankle reflex Positive sciatic nerve stretch test

Management

- similar to that of other musculoskeletal lower back pain: analgesia, physiotherapy, exercises
- if symptoms persist then referral for consideration of MRI is appropriate

Q-3

Which one of the following is most recognised as a potential complication in a patient with ankylosing spondylitis?

- A. Heart block
- B. Aortic stenosis
- C. Achalasia
- D. Diabetes mellitus
- E. Bronchiectasis

American Board Of Rheumatology Mcq

Daniel J. Wallace, Swamy Venuturupalli

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MCQs in Infectious Diseases OM Shrivastav, Yatin Mehta, 2021-02-28 This book provides a selection of multiple choice questions MCQs on the subject of infections and infectious diseases to assist trainees in their preparation for examinations Divided into 31 sections each chapter covers a different systemic infection topics include respiratory infections STIs parasitic infections zoonosis post transplant infections eye infections sepsis and many more A section on techniques for diagnostic imaging of infectious diseases is also included Questions are inline with current curricula and answers are accompanied by detailed explanations and references to assist understanding This invaluable revision tool is further enhanced by more than 700 clinical photographs diagrams and tables Key points Selection of MCQs on infections and infectious diseases for trainees Answers accompanied by detailed explanations and references Includes section on diagnostic imaging Features more than 700 clinical photographs diagrams and tables

Best of Five MCQs for the Rheumatology SCE Sonya Abraham, Elena Nikiphorou, Anupama Nandagudi, Hannah Jethwa, 2020 Best of Five MCQs for the Rheumatology SCE is the first revision guide created for specialist trainees in higher medical training taking the Specialty Certificate Examination for Rheumatology As well as three practice papers with 100 best of five questions each the book includes thorough and detailed answer feedback to discover and improve weaknesses All questions are written and reviewed by experts in the field of rheumatology to ensure the greatest aid in the main areas covered by the examination For optimal revision and practice of exam scenario the guide is based on the rheumatology higher medical training curriculum from the Royal College of Physicians

Education and Professional Development in Rheumatology, An Issue of Rheumatic Disease Clinics of North America E-Book Karina Marianne, James D. Katz, 2019-12-03 This issue of Rheumatic Disease Clinics guest edited by Drs Karina Torralba and James D Katz will discuss Education and Professional Development in Rheumatology This issue is one of four each year selected by our series consulting editor Dr Michael Weisman Articles in this issue include but are not limited to From Classroom to Clinic Clinical Reasoning via Active Learning Strategies Self directed Learning of Musculoskeletal Ultrasound for clinicians in practice Enhancing the inpatient consult service with the Fellow as a Teacher Translating Quality Improvement in Education to clinical practice Beyond Class Rheum Applying Clinical Epidemiology into Practice Ethics and Industry Interactions Impact on Specialty Training Clinical Practice and Research Mind the Gap Improving Care in Pediatric to Adult Rheumatology Transitional Clinics Underserved Communities Enhancing care with Graduate Medical Education Turning OSCE into reality Online Resources for Enhancing Clinical Skills and Addressing Health Disparities in Medical Education and Clinical Practice

Best Practices and Challenges to the Practice of Rheumatology, An Issue of Rheumatic Disease Clinics of North America Daniel J. Wallace, Swamy Venuturupalli, 2018-11-21 Guest edited by Drs Daniel J Wallace and R Swamy Venuturupalli this issue of Rheumatic Disease Clinics will cover several key areas of interest related to Best Practices and Challenges to the Practice of Rheumatology This

issue is one of four selected each year by our series Consulting Editor Dr Michael Weisman of Cedars Sinai Articles in this issue include but are not limited to The Economics of Rheumatology Practice in the United States Manpower trends in rheumatology Challenges to practicing rheumatology in an academic center Challenges in practicing rheumatology in a government setting Challenges to practicing rheumatology in a small private practice setting Challenges to working in a large multispecialty organization Challenges to practicing pediatric rheumatology Clinical trials in rheumatology Challenges in having an infusion center Implementing treatment to target in the clinic Future directions implementing new technologies in clinical practice Possible Challenges in Optimizing Medical Education for Rheumatologists and the challenges of approaching and managing gout

MCQs in Spine Surgery Cristian Gragnaniello, Gabriel Tender, Kevin Phan, Ralph Mobbs, Remi Nader, 2024-11-25 This book provides an insightful reference to a range of relevant orthopaedic and neurological surgical techniques for the spine It features detailed insight into how to approach treating patients exhibiting a wide range of symptoms of a particular disorder from anatomy to biomechanics and pathology Detailed explanations of the validity of a chosen treatment methodology are provided as are multiple choice questions to enable the reader to systematically develop a deep understanding of the content covered MCQs in Spine Surgery details a range of the latest knowledge in spinal surgery and techniques making it a valuable resource for all medical professionals who treat these patients The inclusion of multiple choice questions make the work of particular use to those preparing for board examinations too

The Journal of Rheumatology, 2004

Confirmation Hearings on Federal Appointments United States. Congress. Senate. Committee on the Judiciary, 1985

Proceedings of the 25th Annual Cognitive Science Society Richard Alterman, David Kirsch, 2013-12-16 This volume features the complete text of the material presented at the Twenty Fifth Annual Conference of the Cognitive Science Society As in previous years the symposium included an interesting mixture of papers on many topics from researchers with diverse backgrounds and different goals presenting a multifaceted view of cognitive science This volume includes all papers posters and summaries of symposia presented at the leading conference that brings cognitive scientists together The theme of this year s conference was the social cultural and contextual elements of cognition including topics on collaboration cultural learning distributed cognition and interaction

Mayo Clinic Medical Manual and Mayo Clinic Internal Medicine Review H.M. Oliveira Guilherme, Gillian C. Nesbitt, Joseph G. Murphy, Thomas M. Habermann, 2007-06-14 Written by seasoned faculty at the Mayo Clinic this Seventh Edition is a completely revised and updated study tool that has proven invaluable for the American Board of Internal Medicine certification or recertification Using this source readers will access a virtual blueprint for exam preparation and acquire clear guidance on question format types of questions and hints on topics commonly encountered on the test

Activities of the American Board of Internal Medicine, 1967-1975 Palmer Howard Fitcher, 1988

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