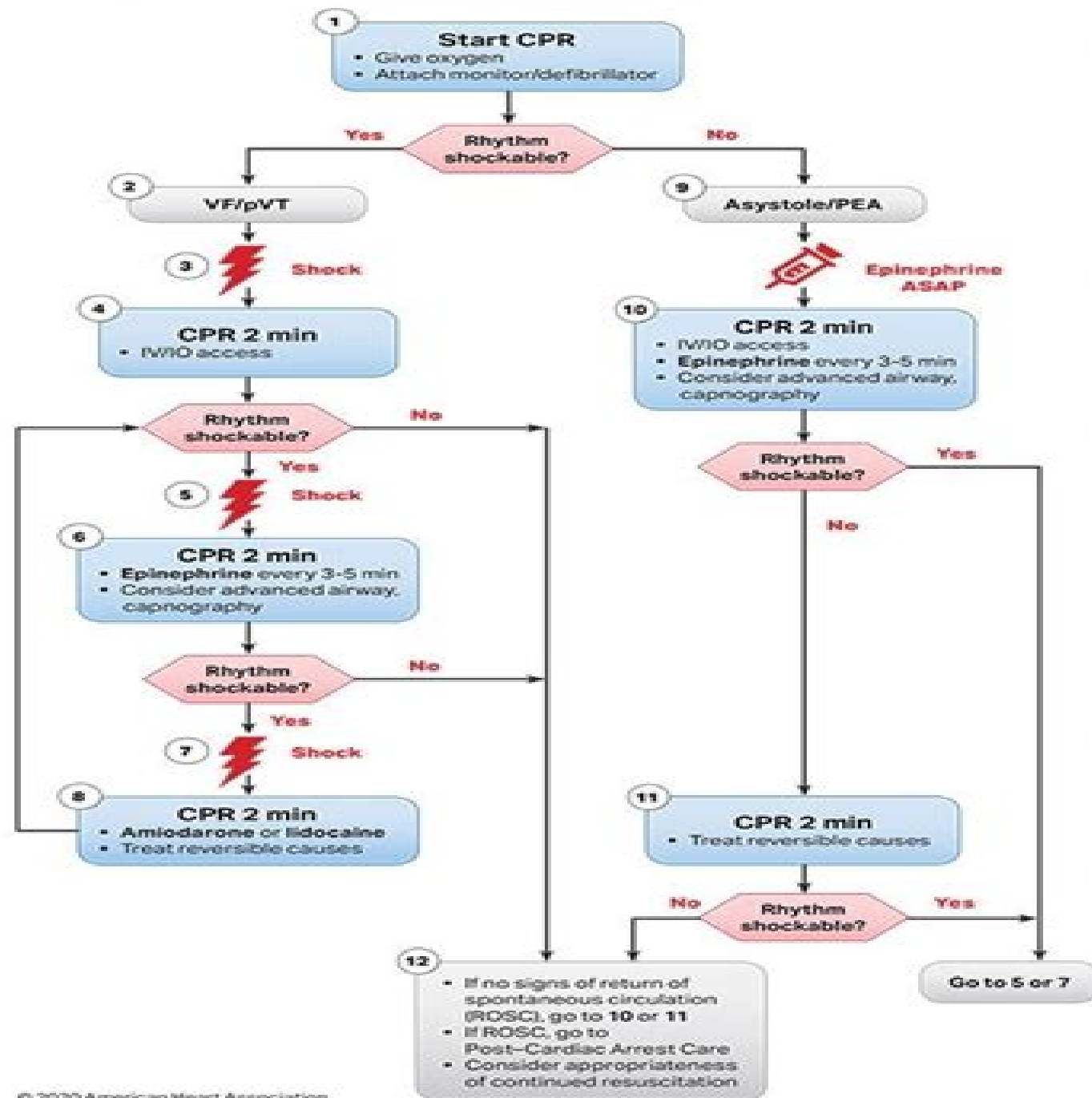


Adult Cardiac Arrest Algorithm (VF/pVT/Asystole/PEA)



CPR Quality
- Push hard (at least 2 inches [5 cm]) and fast (100-120/min) and allow complete chest recoil. - Minimize interruptions in compressions. - Avoid excessive ventilation. - Change compressor every 2 minutes, or sooner if fatigued. - If no advanced airway, 30:2 compression-ventilation ratio. - Quantitative waveform capnography - If PETCO₂ is low or decreasing, reassess CPR quality.
Shock Energy for Defibrillation
Biphasic: Manufacturer recommendation (eg, initial dose of 120-200 J; if unknown, use maximum available. Second and subsequent doses should be equivalent, and higher doses may be considered). Monophasic: 360 J
Drug Therapy
Epinephrine IV/IO dose: 1 mg every 3-5 minutes Amiodarone IV/IO dose: First dose: 300 mg bolus. Second dose: 150 mg, or Lidocaine IV/IO dose: First dose: 1-1.5 mg/kg. Second dose: 0.5-0.75 mg/kg.
Advanced Airway
- Endotracheal intubation or supraglottic advanced airway - Waveform capnography or capnometry to confirm and monitor ET tube placement - Once advanced airway in place, give 1 breath every 6 seconds (10 breaths/min) with continuous chest compressions
Return of Spontaneous Circulation (ROSC)
- Pulse and blood pressure - Abrupt sustained increase in PETCO₂ (typically >40 mm Hg) - Spontaneous arterial pressure waves with intra-arterial monitoring
Reversible Causes
- Hypovolemia - Hypoxia - Hydrogen ion (acidosis) - Hypo-/hyperkalemia - Hypothermia - Tension pneumothorax - Tamponade, cardiac - Toxins - Thrombosis, pulmonary - Thrombosis, coronary

American Heart Association Cpr Study Guide 23

Lei Huang



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