

Baseball Tryout Form

Name _____

Position _____

Bat: R – L – S

Years played: _____ Height: _____ Weight: _____

Highest Level: _____ Throw R – L Year in School _____

- | | | | | |
|----|----------------|-------|-------------------------------|-------|
| 1. | 60 Yard Dash: | _____ | _____ | _____ |
| 2. | Agility Run | _____ | _____ | _____ |
| 3. | Velocity Throw | _____ | _____ | _____ |
| 4. | 40 Yard Dash | _____ | _____ | _____ |
| 5. | Home to First | _____ | _____ | _____ |
| 6. | Speed | | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 | |
| 7. | Quickness | | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 | |
| 8. | Agility | | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 | |

Live Hitting/Machine

- | | | |
|-----|-------------------------|-------------------------------|
| 1. | Power | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 2. | Contact | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 3. | Technique | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 4. | Bunting | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 5. | Situational Hitting | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 6. | Arm Position | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 7. | Barrel Forward and Down | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 8. | Head-Eyes | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 9. | Top Hand | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 10. | Balance | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |

Defense – Infield

- | | | |
|-----|--------------------------------|-------------------------------|
| 1. | Foot Quickness | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 2. | Soft Hands | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 3. | Quick Release | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 4. | Accuracy of Throws | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 5. | SS to 1 st Velocity | _____ seconds |
| 6. | Arm Strength | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 7. | Outfield | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 8. | Ground Ball | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 9. | Fly Ball | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 10. | Reads | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |

Defense – Outfield

- | | | |
|----|------------------------|-------------------------------|
| 1. | Jump Ability | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 2. | Quick Release | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 3. | Accuracy of Throw | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 4. | 240 Foot Throw to Home | _____ seconds |
| 5. | Catching the Ball | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 6. | Foot Work | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 7. | Arm Position | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 8. | Throwing Accuracy | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |
| 9. | Arm Strength | 1, 2, 3, 4, 5, 6, 7, 8, 9, 10 |

All Star Baeball Tryout Forms

Sidney Webster Hale



All Star Baeball Tryout Forms:

Inside Pitch George Gmelch, 2006-10-01 From the spark of ambition to play baseball professionally to the necessity of reinventing life after baseball the anthropologist and former Minor Leaguer George Gmelch describes the lives of the men who work at America's national game Twenty four years after his own final road trip as a minor leaguer Gmelch went back on the road with ballplayers this time with a pen and pad to record the details of life around the diamond Drawing on more than one hundred interviews with Major and Minor League players coaches and managers Gmelch explores players experiences throughout their careers being scouted becoming a rookie moving through or staying in the Minors preparing mentally and physically to play day after day coping with slumps and successes and facing retirement He examines the ballplayers routines and rituals describes their joys and frustrations and investigates the roles of wives fans and groupies in their lives Based on his own experience as a player in the 1960s Gmelch charts the life cycle of the modern professional ballplayer and makes perceptive comparisons to a previous generation of players

High and Inside Lou Gorman, 2007-11-07 Lou Gorman is best known for having assembled the great but star crossed Red Sox team of 1986 Few perhaps know that he also laid the foundation for the Mets club that clawed past them Or that he is the only baseball executive involved in the start up of two teams the expansion Mariners and Royals that he won a World Series with the Orioles or that he has drafted Roger Clemens signed George Brett developed Jim Palmer and traded away Jeff Bagwell In all Gorman has spent parts of five decades in the front offices of five major league franchises directly involved in the development of clubs that won three World Series five pennants and eight division titles The stories behind those teams and Gorman's dealings with players managers and other of baseball's higher ups are shared here for the first time

All-Star Season T. S. Yavin, 2014-01-01 Reuven is quiet and thoughtful His younger brother Avi is outgoing and impulsive As irritating as they can be to each other the boys have two strong bonds the solidity of their Jewish family life and their passionate love for baseball As the book opens Reuven a pitcher is desperately working for a spot on the end of season All Star team while happy go lucky Avi probably hasn't even thought that far ahead Reuven is willing to ignore the advice of his parents and even involve his younger brother in his campaign to succeed The tensions leading to the big game and its surprise outcome will satisfy all young baseball fans

Until It Hurts Mark Hyman, 2009-04-01 This hair raising look at everything that is wrong with youth sports today its perils its history its key drivers is a powerful call for positive change Buzz Bissinger author of *Friday Night Lights* Over the last seventy five years adults have staged a hostile takeover of kids sports In one year alone more than 3.5 million children under age fifteen required medical treatment for sports injuries nearly half of which were the result of simple overuse The quest to turn children into tomorrow's superstar athletes has often led adults to push them beyond physical and emotional limits In *Until It Hurts* journalist coach and sports dad Mark Hyman explores how youth sports reached this problematic state His investigation takes him from the Little League World Series in Pennsylvania to a prestigious Chicago soccer club from

adolescent golf and tennis superstars in Atlanta to California volleyball players He interviews dozens of children parents coaches psychologists surgeons sports medicine specialists and former professional athletes He speaks at length with Whitney Phelps Michael s older sister retraces the story of A Very Young Gymnast and its subject Torrance York and tells the saga of the Castle High School girls basketball team of Evansville Indiana which lost three fifths of its lineup to ACL injuries in 2005 Along the way Hyman hears numerous stories about a mother who left her fifteen year old daughter at an interstate exit after a heated exchange over her performance during a soccer game about a coach who ordered preteens to swim laps in three hour shifts for twenty four hours Hyman s exploration leads him to examine the history of youth sports in our country and how it has evolved particularly with the increasing involvement of girls and much more proactive participation of parents With its unique multiple perspective of history of reporting and of personal experience *Until It Hurts* delves into the complicated issue of sports for children opening up a much needed discussion about the perils of youth sports culture and offering insight into how positive change can be made

Boys' Life ,1971-04 Boys Life is the official youth magazine for the Boy Scouts of America Published since 1911 it contains a proven mix of news nature sports history fiction science comics and Scouting *An Evaluation of Organizational and Administrative Practices of Little League Baseball in the State of Ohio* Sidney Webster Hale,1961

Boys' Life ,1971-05 Boys Life is the official youth magazine for the Boy Scouts of America Published since 1911 it contains a proven mix of news nature sports history fiction science comics and Scouting

The Hilltopper California Institution for Men. Tehachapi Branch,1955

Extra Innings Patrick Smith,2014-08-23 What leads a man in his mid to late thirties to take up the sport of baseball after a fifteen year hiatus Especially when stressful and potentially humiliating tryouts are involved The Lutherville Maryland Athletics are a ball team composed of plumbers demolition guys investment bankers security guards and salesmen who play for the love of the game How their passion for the game of baseball affects their lives is the subject of this book Focusing on Smith s lifelong love affair with sport of baseball this volume provides a firsthand account of a season in the Baltimore County Over 30 league from tryouts to the final game Beginning with childhood experiences in the Kentwood League in Raleigh North Carolina it follows Smith through his high school and college years as his interest in the game of baseball waned The true focus of the book is the re emergence of the sport as an important part of Smith s life during his mid thirties and the glory he and his teammates find in simply being ballplayers Baseball is presented as a unifying force and a thread of stability through the experiences of an ever shifting world The changes and appeal of major league baseball are also discussed from the vantage point of Smith and his teammates

It'S All About the Kids Coach Scooter Stevens,2015-12-19 Take a journey into the magical yet sometimes complicated world of youth baseball through the eyes of a volunteer coach Its All about the Kids is a fascinating compilation of fictional stories based on actual events as retold by Scooter Stevens a youth baseball coach for over ten years From baseball to soccer from basketball to football from lacrosse to hockey hundreds of thousands of children participate in all

types of youth sports across the United States each season Regardless of the sport the reader played as a child coached as an adult or had children participate in Scooter Stevens masterfully recounts humorous lighthearted and sometimes unsettling stories about the ever present dark side of youth sports From West Palm Beach to Westlake from Tidewater to Tacoma Its All about the Kids will be relatable to any reader who has ever experienced youth sports

When somebody should go to the books stores, search establishment by shop, shelf by shelf, it is in reality problematic. This is why we give the books compilations in this website. It will definitely ease you to see guide **All Star Baeball Tryout Forms** as you such as.

By searching the title, publisher, or authors of guide you really want, you can discover them rapidly. In the house, workplace, or perhaps in your method can be all best place within net connections. If you point to download and install the All Star Baeball Tryout Forms, it is certainly simple then, past currently we extend the associate to purchase and make bargains to download and install All Star Baeball Tryout Forms consequently simple!

https://legacy.tortoisemedia.com/data/publication/fetch.php/Fan_Favorite_Emotional_Intelligence.pdf

Table of Contents All Star Baeball Tryout Forms

1. Understanding the eBook All Star Baeball Tryout Forms
 - The Rise of Digital Reading All Star Baeball Tryout Forms
 - Advantages of eBooks Over Traditional Books
2. Identifying All Star Baeball Tryout Forms
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an All Star Baeball Tryout Forms
 - User-Friendly Interface
4. Exploring eBook Recommendations from All Star Baeball Tryout Forms
 - Personalized Recommendations
 - All Star Baeball Tryout Forms User Reviews and Ratings
 - All Star Baeball Tryout Forms and Bestseller Lists

5. Accessing All Star Baeball Tryout Forms Free and Paid eBooks
 - All Star Baeball Tryout Forms Public Domain eBooks
 - All Star Baeball Tryout Forms eBook Subscription Services
 - All Star Baeball Tryout Forms Budget-Friendly Options
6. Navigating All Star Baeball Tryout Forms eBook Formats
 - ePub, PDF, MOBI, and More
 - All Star Baeball Tryout Forms Compatibility with Devices
 - All Star Baeball Tryout Forms Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of All Star Baeball Tryout Forms
 - Highlighting and Note-Taking All Star Baeball Tryout Forms
 - Interactive Elements All Star Baeball Tryout Forms
8. Staying Engaged with All Star Baeball Tryout Forms
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers All Star Baeball Tryout Forms
9. Balancing eBooks and Physical Books All Star Baeball Tryout Forms
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection All Star Baeball Tryout Forms
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine All Star Baeball Tryout Forms
 - Setting Reading Goals All Star Baeball Tryout Forms
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of All Star Baeball Tryout Forms
 - Fact-Checking eBook Content of All Star Baeball Tryout Forms
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

All Star Baeball Tryout Forms Introduction

All Star Baeball Tryout Forms Offers over 60,000 free eBooks, including many classics that are in the public domain. Open Library: Provides access to over 1 million free eBooks, including classic literature and contemporary works. All Star Baeball Tryout Forms Offers a vast collection of books, some of which are available for free as PDF downloads, particularly older books in the public domain. All Star Baeball Tryout Forms : This website hosts a vast collection of scientific articles, books, and textbooks. While it operates in a legal gray area due to copyright issues, its a popular resource for finding various publications. Internet Archive for All Star Baeball Tryout Forms : Has an extensive collection of digital content, including books, articles, videos, and more. It has a massive library of free downloadable books. Free-eBooks All Star Baeball Tryout Forms Offers a diverse range of free eBooks across various genres. All Star Baeball Tryout Forms Focuses mainly on educational books, textbooks, and business books. It offers free PDF downloads for educational purposes. All Star Baeball Tryout Forms Provides a large selection of free eBooks in different genres, which are available for download in various formats, including PDF. Finding specific All Star Baeball Tryout Forms, especially related to All Star Baeball Tryout Forms, might be challenging as theyre often artistic creations rather than practical blueprints. However, you can explore the following steps to search for or create your own Online Searches: Look for websites, forums, or blogs dedicated to All Star Baeball Tryout Forms, Sometimes enthusiasts share their designs or concepts in PDF format. Books and Magazines Some All Star Baeball Tryout Forms books or magazines might include. Look for these in online stores or libraries. Remember that while All Star Baeball Tryout Forms, sharing copyrighted material without permission is not legal. Always ensure youre either creating your own or obtaining them from legitimate sources that allow sharing and downloading. Library Check if your local library offers eBook lending services. Many libraries have digital catalogs where you can borrow All Star Baeball Tryout Forms eBooks for free, including popular titles. Online Retailers: Websites like Amazon, Google Books, or Apple Books often sell eBooks. Sometimes, authors or publishers offer promotions or free periods for certain books. Authors Website Occasionally, authors provide excerpts or short stories for free on their websites. While this might not be the All Star Baeball Tryout Forms full book , it can give you a taste of the authors writing style. Subscription Services Platforms like Kindle Unlimited or Scribd offer subscription-based access to a wide range of All Star Baeball Tryout Forms eBooks, including some

popular titles.

FAQs About All Star Baeball Tryout Forms Books

How do I know which eBook platform is the best for me? Finding the best eBook platform depends on your reading preferences and device compatibility. Research different platforms, read user reviews, and explore their features before making a choice. Are free eBooks of good quality? Yes, many reputable platforms offer high-quality free eBooks, including classics and public domain works. However, make sure to verify the source to ensure the eBook credibility. Can I read eBooks without an eReader? Absolutely! Most eBook platforms offer webbased readers or mobile apps that allow you to read eBooks on your computer, tablet, or smartphone. How do I avoid digital eye strain while reading eBooks? To prevent digital eye strain, take regular breaks, adjust the font size and background color, and ensure proper lighting while reading eBooks. What the advantage of interactive eBooks? Interactive eBooks incorporate multimedia elements, quizzes, and activities, enhancing the reader engagement and providing a more immersive learning experience. All Star Baeball Tryout Forms is one of the best book in our library for free trial. We provide copy of All Star Baeball Tryout Forms in digital format, so the resources that you find are reliable. There are also many Ebooks of related with All Star Baeball Tryout Forms. Where to download All Star Baeball Tryout Forms online for free? Are you looking for All Star Baeball Tryout Forms PDF? This is definitely going to save you time and cash in something you should think about. If you trying to find then search around for online. Without a doubt there are numerous these available and many of them have the freedom. However without doubt you receive whatever you purchase. An alternate way to get ideas is always to check another All Star Baeball Tryout Forms. This method for see exactly what may be included and adopt these ideas to your book. This site will almost certainly help you save time and effort, money and stress. If you are looking for free books then you really should consider finding to assist you try this. Several of All Star Baeball Tryout Forms are for sale to free while some are payable. If you arent sure if the books you would like to download works with for usage along with your computer, it is possible to download free trials. The free guides make it easy for someone to free access online library for download books to your device. You can get free download on free trial for lots of books categories. Our library is the biggest of these that have literally hundreds of thousands of different products categories represented. You will also see that there are specific sites catered to different product types or categories, brands or niches related with All Star Baeball Tryout Forms. So depending on what exactly you are searching, you will be able to choose e books to suit your own need. Need to access completely for Campbell Biology Seventh Edition book? Access Ebook without any digging. And by having access to our ebook online or by storing it on your computer, you have convenient answers with All Star Baeball Tryout Forms To get started finding All Star Baeball Tryout Forms, you are

right to find our website which has a comprehensive collection of books online. Our library is the biggest of these that have literally hundreds of thousands of different products represented. You will also see that there are specific sites catered to different categories or niches related with All Star Baeball Tryout Forms So depending on what exactly you are searching, you will be able to choose ebook to suit your own need. Thank you for reading All Star Baeball Tryout Forms. Maybe you have knowledge that, people have search numerous times for their favorite readings like this All Star Baeball Tryout Forms, but end up in harmful downloads. Rather than reading a good book with a cup of coffee in the afternoon, instead they juggled with some harmful bugs inside their laptop. All Star Baeball Tryout Forms is available in our book collection an online access to it is set as public so you can download it instantly. Our digital library spans in multiple locations, allowing you to get the most less latency time to download any of our books like this one. Merely said, All Star Baeball Tryout Forms is universally compatible with any devices to read.

Find All Star Baeball Tryout Forms :

fan favorite emotional intelligence

advanced habit building

social media literacy 2026 guide

habit building 2026 guide

ideas digital literacy

for beginners self help

step by step investing

~~tips mindfulness meditation~~

cybersecurity for beginners

~~award winning cybersecurity~~

trauma healing ebook

pro self help

investing ultimate guide

~~digital literacy complete workbook~~

advanced psychology of success

All Star Baeball Tryout Forms :

Voodoo Hoodoo Spellbook: Alvarado, Denise, Snake, Doktor "Voodoo Hoodoo" is the unique variety of Creole Voodoo found in New Orleans. The Voodoo Hoodoo Spellbook is a rich compendium of more than 300 authentic ... Voodoo Hoodoo Spellbook (Paperback) Nov 1, 2011 — The Voodoo Hoodoo Spellbook is the culmination of the author's decades of practical experience in authentic Voodoo rituals. Wonderfully readable ... The Voodoo Hoodoo Spellbook by Alvarado, Denise This is a fantastic book! I really enjoyed reading this book. It is full of helpful and useful information on Voodoo and how you can apply it to your own life. The Voodoo Hoodoo Spellbook (Compact Disc) Jul 6, 2021 — Voodoo Hoodoo is the unique variety of Creole Voodoo found in New Orleans. This rich compendium includes more than 300 authentic Voodoo and ... The Voodoo Hoodoo Spellbook by Denise Alvarado In this book, you will find a plethora of authentic Voodoo and hoodoo rituals for love, justice, gambling luck, luck in court, prosperity, health, crossing, ... THE VOODOO HOODOO SPELLBOOK Like the streets of New Orleans, this volume will enchant you with its abundance of magical incantations, spells, and remedies. Voodoo Hoodoo Spellbook - Denise Alvarado Voodoo Hoodoo" is the unique variety of Creole Voodoo found in New Orleans. The Voodoo Hoodoo Spellbook is a rich compendium of more than 300 authentic ... The Voodoo Hoodoo Spellbook by Denise Alvarado The Voodoo Hoodoo Spellbook includes more than 100 spells for banishing, binding, fertility, luck, protection, money, and more. Alvarado introduces listeners to ... The Voodoo Hoodoo Spellbook (MP3 CD) Jul 6, 2021 — Voodoo Hoodoo is the unique variety of Creole Voodoo found in New Orleans. This rich compendium includes more than 300 authentic Voodoo and ... The Voodoo Hoodoo Spellbook - Livebrary.com "Voodoo Hoodoo" is the unique variety of Creole Voodoo found in New Orleans. The Voodoo Hoodoo Spellbook is a rich compendium of more than 300 authentic ... AGS World History Workbook Answer Key - Softcover AGS World History Workbook Answer Key by AGS - ISBN 10: 078542217X - ISBN 13: 9780785422174 - AGS - 2001 - Softcover. AGS World History Grades 5-8 Teacher Edition An introduction to the concept is included along with questions to ask (and their answers). Activities, lessons with scripted question, ELL/ESL strategies, ... AGS World History Workbook Answer Key (P) AGS World History Workbook Answer Key (P) · ISBN# 078542217X · Shipping Weight: 0.7 lbs · 0 Units in Stock · Published by: American Guidance Service. Ags World History Workbook Answer Key - US Legal Forms Complete Ags World History Workbook Answer Key online with US Legal Forms. Easily fill out PDF blank, edit, and sign them. Save or instantly send your ready ... world history student workbook - Amazon.com World History covers 8,000 years— from the beginning of human society to contemporary times. With an easy-to-follow format, this text encourages students ... AGS World History Workbook | PDF | Ancient Greece Name Date Period Chapter 1. Workbook. Do You Remember? 1. Directions: Write the answers to these questions using complete. sentences. AGS World History - 1st Edition - Solutions and Answers Find step-by-step solutions and answers to AGS World History - 9780785422129, as well as thousands of textbooks so you can move forward with confidence. Ags World History Answer Key Enter the realm of "Ags

World History Answer Key," a mesmerizing literary ... Ags Globe World History Student Workbook. 2007-08 A comprehensive, standards ... WORLD HISTORY This community stretches back through time to the beginning of 10. 2. World History. Page 14. Name. Date. Period. Workbook Activity. 3. Chapter 1, Lesson 3. Audi Online Owner's Manual Audi Online Owner's Manual. The Audi Online Owner's Manual features Owner's, Radio and Navigation ... Audi allroad quattro Quick reference guide Apr 12, 2017 — The aim of this quick reference guide is to introduce you to the main features and controls of your vehicle. This quick reference guide cannot replace the ... 03 2003 Audi Allroad Quattro owners manual 03 2003 Audi Allroad Quattro owners manual ; Item Number. 373972378996 ; Modified Item. No ; Year of Publication. 2003 ; Accurate description. 5.0 ; Reasonable ... 2003 Audi Allroad Quattro Owner's Manual 2003 Audi Allroad Quattro Owner's Manual. \$188.69. Original factory manual used as a guide to operate your vehicle. ... Please call us toll free 866-586-0949 to ... 2003 Audi Allroad Quattro Owners Manual Find many great new & used options and get the best deals for 2003 Audi Allroad Quattro Owners Manual at the best online prices at eBay! Audi Allroad 2.7T C5 2000 - 2004 Owner's Manual Download and view your free PDF file of the Audi Allroad 2.7T C5 2000 - 2004 owner manual on our comprehensive online database of automotive owners manuals. Audi Allroad Quattro Quick Reference Manual View and Download Audi Allroad Quattro quick reference manual online. Allroad Quattro automobile pdf manual download. Audi A6 Owner's Manual: 2003 Bentley Publishers offers original factory produced Owner's Manuals for Audi. These are the factory glovebox manuals containing everything from technical ... 2003 AUDI ALLROAD QUATTRO OWNERS MANUAL ... Type: Allroad Quattro (C5); Printnumber: 241.561.4BH.32; Pages: 372; Measures: DIN A5; Country: Germany; Language: Dutch; Year: 05.2003; Comments: 2.7 | 4.1 ... 2003 Audi Allroad Quattro Owner's Manual Set Original factory manual set used as a guide to operate your vehicle. Complete set includes owner's manual, supplements and case. Condition: Used