Human Physiology and Anatomy

LABORATORY MANUAL

Fourth Edition

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during childbirth guided by experienced elders or traditional birth attendants dais who possessed knowledge passed down through generations These daises played a crucial role in providing emotional support and practical assistance to expectant mothers utilizing herbal remedies massages and rituals to aid in labor and postpartum recovery The Ayurvedic system of medicine also contributed to childbirth practices emphasizing holistic approaches to maternal and infant health

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