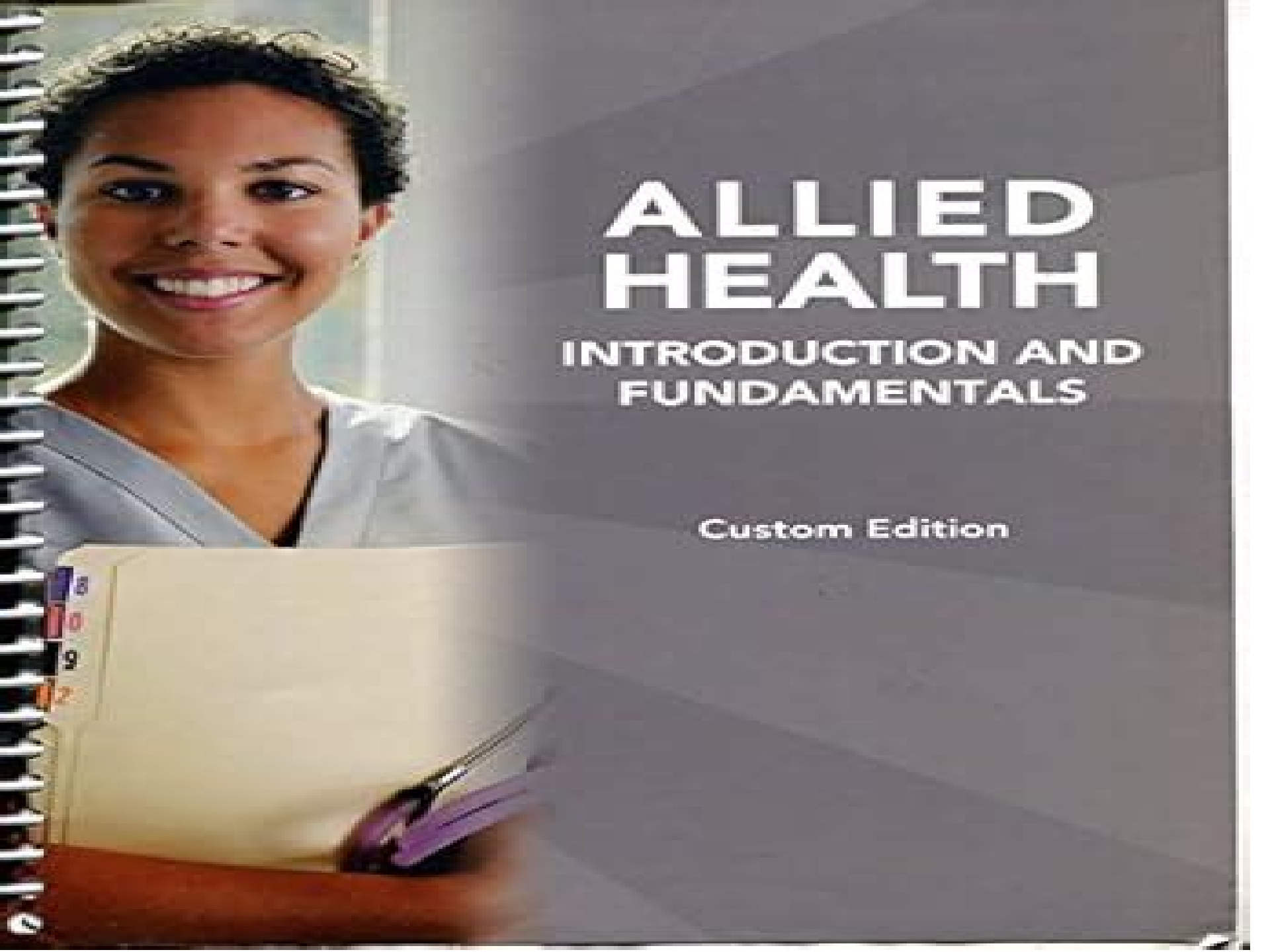


A young woman with short, curly dark hair is smiling warmly at the camera. She is wearing light blue medical scrubs. In her hands, she holds a white clipboard with a silver clip and a spiral-bound notebook with a brown cover. The notebook's pages are visible, showing a tabbed index with numbers 8, 10, 9, and 12. The background is a soft-focus indoor setting with a window. The overall tone is professional and positive.

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A Gutmann



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web step 1 make the jerk seasoning place the chiles scallions garlic ginger cilantro thyme sugar salt allspice cinnamon pepper and salt in food processor and grind to a coarse paste work in the oil rum and soy sauce to obtain a thick but spreadable paste

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