

Adolescent Psychotherapy

HOMework PLANNER

This timesaving resource features:

- Contains 163 ready-to-copy homework assignments that can be used to facilitate therapy with adolescents and their families.
- Homework assignments and exercises are keyed to the 41 behaviorally based Presenting Problems from *The Adolescent Psychotherapy Treatment Planner, Sixth Edition*.
- Each Presenting Problem is linked to an average of 3 or more homework assignments that are created expressly for the problem being addressed.
- Homework extends the treatment beyond the therapy session and facilitates client and family involvement in the change process.

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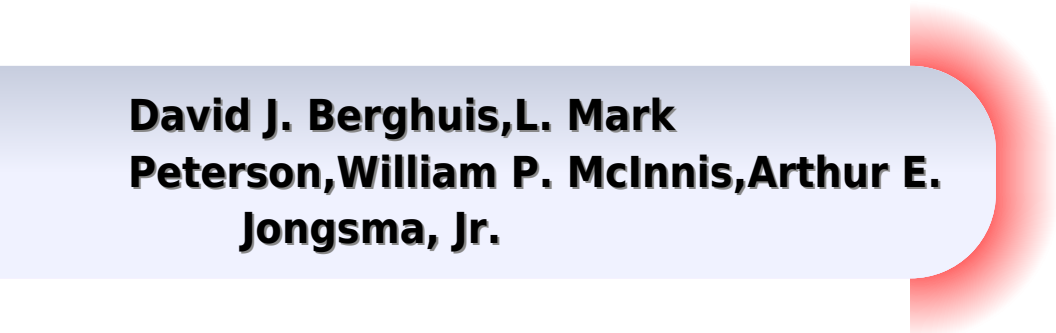


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**David J. Berghuis, L. Mark
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 - Chapter 5: Conclusion
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