

ANATOMY MUSCLE CHARTS

COMPLETE STUDY GUIDE

Page 1

SAMPLE

HEAD & NECK

Muscles	Origin	Insertion	Action	innervation
Muscles of Posterior Triangle of Neck				
Trapezius	Superior nuchal line, external occipital protuberance, spinous C7, T1	Spinous of scapula, lateral clavicle, acromion	Extends, adducts, elevates and rotates the scapula of the upper limb	Cervical plexus (C3, C4)
Levator scapulae	Anterior tubercle of transverse process of C1, superior nuchal line of C2, spinous of C6	Medial process of scapula, superior angle	Elevates scapula, rotates inferior angle medially	Cervical plexus (C5, C6)
Rectus capitis posterior	Spinous of C2	Superior nuchal line of occipital bone	Extends head	Cervical plexus (C2, C3)
Muscles of Anterior Triangle of Neck				
Sternohyoid	Manubrium of sternum, thyroid gland	Hyoid bone	Depresses hyoid bone	Cervical plexus (C1, C2)
Sternothyroid	Manubrium of sternum, thyroid gland	Thyroid gland	Depresses thyroid gland	Cervical plexus (C1, C2)
Thyrohyoid	Thyroid gland, hyoid bone	Hyoid bone	Elevates hyoid bone	Cervical plexus (C1, C2)
Longus colli	Anterior tubercle of transverse process of C6, C7, T1	Anterior tubercle of transverse process of C2, C3, C4	Flexes neck	Cervical plexus (C6, C7, T1)
Longus capitis	Spinous of C6, C7, T1	Anterior tubercle of transverse process of C2, C3, C4	Flexes neck	Cervical plexus (C6, C7, T1)
Deep Neck Muscles				
Prevertebral muscles	Anterior tubercle of transverse process of C1-C6	Anterior tubercle of transverse process of C1-C6	Flexes neck	Cervical plexus (C1-C6)
Muscles of Facial Expression				
Orbicularis oculi	Medial orbital rim, lateral palpebral fap, zygomatic fap	Medial orbital rim, lateral palpebral fap, zygomatic fap	Closes eye	Ophthalmic branch of trigeminal nerve (V1)
Orbicularis oris	Medial labial fap, mental fap	Medial labial fap, mental fap	Closes mouth	Labial branch of trigeminal nerve (V2)
Expression muscles	Various origins in face	Various insertions in face	Various actions in face	Various nerves in face
Muscles of Mastication				
Masseter	Zygomatic fap, coronoid process of mandible	Angle of mandible	Raises mandible	Mandibular branch of trigeminal nerve (V3)
Temporalis	Superficial: lateral part of temporal fap, deep: anterior part of temporal fap	Angle of mandible	Raises mandible	Mandibular branch of trigeminal nerve (V3)
Medial pterygoid	Medial surface of lateral pterygoid fap, pyramidal process of palatine bone, maxillary tuberosity	Medial surface of angle of mandible	Raises mandible	Mandibular branch of trigeminal nerve (V3)
Lateral pterygoid	Superior: anterior surface of sphenoid bone, inferior: lateral pterygoid fap	Condylar head of mandible	Depresses mandible	Mandibular branch of trigeminal nerve (V3)

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Lauren Gardner



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Table of Contents Anatomy Muscle Study Guide Theory

1. Understanding the eBook Anatomy Muscle Study Guide Theory
 - The Rise of Digital Reading Anatomy Muscle Study Guide Theory
 - Advantages of eBooks Over Traditional Books
2. Identifying Anatomy Muscle Study Guide Theory
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Anatomy Muscle Study Guide Theory
 - User-Friendly Interface
4. Exploring eBook Recommendations from Anatomy Muscle Study Guide Theory
 - Personalized Recommendations
 - Anatomy Muscle Study Guide Theory User Reviews and Ratings
 - Anatomy Muscle Study Guide Theory and Bestseller Lists
5. Accessing Anatomy Muscle Study Guide Theory Free and Paid eBooks
 - Anatomy Muscle Study Guide Theory Public Domain eBooks
 - Anatomy Muscle Study Guide Theory eBook Subscription Services
 - Anatomy Muscle Study Guide Theory Budget-Friendly Options
6. Navigating Anatomy Muscle Study Guide Theory eBook Formats

- ePub, PDF, MOBI, and More
- Anatomy Muscle Study Guide Theory Compatibility with Devices
- Anatomy Muscle Study Guide Theory Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Anatomy Muscle Study Guide Theory
 - Highlighting and Note-Taking Anatomy Muscle Study Guide Theory
 - Interactive Elements Anatomy Muscle Study Guide Theory
- 8. Staying Engaged with Anatomy Muscle Study Guide Theory
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Anatomy Muscle Study Guide Theory
- 9. Balancing eBooks and Physical Books Anatomy Muscle Study Guide Theory
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Anatomy Muscle Study Guide Theory
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Anatomy Muscle Study Guide Theory
 - Setting Reading Goals Anatomy Muscle Study Guide Theory
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Anatomy Muscle Study Guide Theory
 - Fact-Checking eBook Content of Anatomy Muscle Study Guide Theory
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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