

ANATOMY MUSCLE CHARTS

COMPLETE STUDY GUIDE

Page 1

SAMPLE

HEAD & NECK

Muscles	Origin	Insertion	Action	innervation
Muscles of Posterior Triangle of Neck				
Trapezius	Superior nuchal line, external occipital protuberance, spinous C7, T1	Spinous of scapula, lateral clavicle, acromion	Extends, adducts, elevates and rotates the scapula of the humerus	Cervical plexus (C3-C8)
Levator scapulae	Anterior tubercle of transverse process of C1-C5	Medial border of scapula, superior angle	Elevates scapula	Cervical plexus (C3-C5)
Rectus capitis posterior	Anterior tubercle of transverse process of C1	Superior nuchal line	Extends the head	Cervical plexus (C1-C2)
Muscles of Anterior Triangle of Neck				
Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Elevates hyoid bone	Vagus nerve (CN X)
Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Elevates hyoid bone	Vagus nerve (CN X)
Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Elevates hyoid bone	Vagus nerve (CN X)
Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Elevates hyoid bone	Vagus nerve (CN X)
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Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Elevates hyoid bone	Vagus nerve (CN X)
Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Elevates hyoid bone	Vagus nerve (CN X)
Other Muscles				
Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Elevates hyoid bone	Vagus nerve (CN X)
Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Elevates hyoid bone	Vagus nerve (CN X)
Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Elevates hyoid bone	Vagus nerve (CN X)
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Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Elevates hyoid bone	Vagus nerve (CN X)
Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Elevates hyoid bone	Vagus nerve (CN X)
Muscles of Facial Expression				
Orbicularis oculi	Medial orbital rim, lateral palpebral fap, zygomatic fap	Medial orbital rim, lateral palpebral fap, zygomatic fap	Closes the eye	Facial nerve (CN VII)
Orbicularis oris	Medial border of upper lip, mental fap	Medial border of lower lip, mental fap	Closes the mouth	Facial nerve (CN VII)
Orbicularis oris	Medial border of upper lip, mental fap	Medial border of lower lip, mental fap	Closes the mouth	Facial nerve (CN VII)
Orbicularis oris	Medial border of upper lip, mental fap	Medial border of lower lip, mental fap	Closes the mouth	Facial nerve (CN VII)
Orbicularis oris	Medial border of upper lip, mental fap	Medial border of lower lip, mental fap	Closes the mouth	Facial nerve (CN VII)
Orbicularis oris	Medial border of upper lip, mental fap	Medial border of lower lip, mental fap	Closes the mouth	Facial nerve (CN VII)
Orbicularis oris	Medial border of upper lip, mental fap	Medial border of lower lip, mental fap	Closes the mouth	Facial nerve (CN VII)
Orbicularis oris	Medial border of upper lip, mental fap	Medial border of lower lip, mental fap	Closes the mouth	Facial nerve (CN VII)
Orbicularis oris	Medial border of upper lip, mental fap	Medial border of lower lip, mental fap	Closes the mouth	Facial nerve (CN VII)
Orbicularis oris	Medial border of upper lip, mental fap	Medial border of lower lip, mental fap	Closes the mouth	Facial nerve (CN VII)
Muscles of Mastication				
Masseter	Zygomatic fap, coronoid process of mandible	Angle of mandible	Raises the mandible	Trigeminal nerve (CN V)
Temporalis	Superior temporal fap, coronoid process of mandible	Angle of mandible	Raises the mandible	Trigeminal nerve (CN V)
Medial pterygoid	Medial surface of lateral pterygoid fap, pyramidal process of palatine bone, maxillary tuberosity	Medial surface of angle of mandible	Raises the mandible	Trigeminal nerve (CN V)
Lateral pterygoid	Anterior surface of lateral pterygoid fap, articular process of maxilla, articular process of mandible	Articular process of mandible	Raises the mandible	Trigeminal nerve (CN V)

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