

ANATOMY AND PHYSIOLOGY

23 PAGES GUIDE

Visual learner Notes

System	Structure	Function
Integumentary	Skin	Protects the body from external damage and infection.
	Hair	Helps regulate body temperature.
	Nails	Protects the tips of the fingers and toes.
	Sweat glands	Helps regulate body temperature.
Skeletal	Bones	Support the body and protect internal organs.
	Joints	Allow movement of the body.
	Ligaments	Connect bones to bones.
	Tendons	Connect muscles to bones.

System	Structure	Function
Muscular	Myofibrils	Contract to produce movement.
	Sarcomeres	Basic unit of muscle contraction.
	Actin	Thick filament protein.
	Myosin	Thin filament protein.
Cardiovascular	Heart	Pumps blood throughout the body.
	Arteries	Carry oxygenated blood away from the heart.
	Venues	Carry deoxygenated blood back to the heart.
	Capillaries	Exchange oxygen and nutrients with tissues.

System	Structure	Function
Respiratory	Lungs	Exchange oxygen and carbon dioxide.
	Trachea	Carry air into and out of the lungs.
	Diaphragm	Contracts to draw air into the lungs.
	Alveoli	Site of gas exchange.
Digestive	Mouth	Chewing and initial digestion.
	Stomach	Breaks down food into smaller pieces.
	Small intestine	Absorbs nutrients from food.
	Large intestine	Eliminates waste from the body.

System	Structure	Function
Excretory	Kidneys	Filter waste from the blood.
	Ureters	Carry urine from the kidneys to the bladder.
	Bladder	Stores urine until it is ready to be eliminated.
	Urethra	Eliminates urine from the body.
Reproductive	Ovaries	Produce and release eggs.
	Uterus	Site of fetal development.
	Vagina	Passage for childbirth.
	Penis	Delivers sperm into the female.

System	Structure	Function
Endocrine	Hypothalamus	Controls the body's internal clock.
	Pituitary gland	Controls the growth and development of the body.
	Thyroid gland	Regulates metabolism.
	Adrenal glands	Produce hormones that control the body's response to stress.

System	Structure	Function
Immune	White blood cells	Fight off infection.
	Antibodies	Attack and destroy pathogens.
	Macrophages	Engulf and destroy pathogens.
	Neutrophils	Kill bacteria and other pathogens.

System	Structure	Function
Nervous	Brain	Controls the body's actions.
	Spinal cord	Transmits signals between the brain and the rest of the body.
	Nerves	Carry signals between the brain and the rest of the body.
	Receptors	Detect changes in the environment.

System	Structure	Function
Sensory	Eyes	See the world around us.
	Ears	Hear sounds.
	Nose	Smell odors.
	Tongue	Taste food.

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Anatomy And Physiogly Study Guide

**Jacquelyn L Banasik, PhD Arnp, Lee-
Ellen C Copstead-Kirkhorn**



Anatomy And Physiogly Study Guide:

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unit and rationales to the answers are provided in the answer key Answer key is conveniently located in the back of the study guide

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Applied Anatomy & Physiology for Manual Therapists Pat Archer, Lisa A. Nelson, 2012-03-14 Provides all of the anatomy and physiology knowledge a massage therapist needs in a way they can better understand Applied Anatomy and Physiology for Manual Therapists is a clear accurate simple and comprehensive A P textbook that focuses on the needs of students in manual therapy education programs It is a focused text that deliberately emphasizes the information manual therapists need to be familiar with in order to understand the benefits effects indications and contraindications of their specific form of manual therapy The text includes detailed information not covered in standard A P texts adding an entire chapter on neuromuscular and myofascial connections Chapter 8 and separating the structure and function of the lymphatic system Chapter 11 from immunity and healing Chapter 12 This along with chapter features such as Manual Therapy Applications Pathology Alerts and What Do You Think questions help readers build bridges between the scientific facts and the application of that information to their therapeutic practice

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certification examination Critical thinking activities let you apply your knowledge to real life situations Practice for Competency sections offer extra practice on clinical skills presented in the book Evaluation of Competency checklists evaluate your performance versus stated objectives and updated CAAHEP performance standards Updated content includes exercises for topics such as electronic medical records advanced directives HIPAA emergency preparedness ICD 10 coding documentation medical office technology medical asepsis vital signs pediatrics colonoscopy IV therapy and CLIA waived tests New activities provide practice for the Today's Medical Assistant textbook's newest and most up to date content New Emergency Protective Practices for the Medical Office chapter includes procedures critical thinking questions and other activities to help you understand emergency preparedness New Wheelchair Transfer Procedure and Evaluation of Competency checklist includes a step by step guide to this important procedure New video evaluation worksheets on the Evolve companion website reinforce the procedures demonstrated on the textbook DVDs New practicum and externship activities on Evolve provide practice with real world scenarios

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the right tools dedication and preparation you can face the exam with confidence and take one step closer to your dream

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