



AHA CPR

GUIDELINES UPDATE 2015



HIGH QUALITY CPR (ADULTS) GUIDELINES FOR BLS PROVIDERS

RECOGNITION OF CARDIAC ARREST

- CHECK FOR RESPONSIVENESS
- NO BREATHING OR ONLY BREATHING
- NO DEFINITE PULSE FELT WITHIN 10 SECONDS



01

ACTIVATION OF EMERGENCY RESPONSE SYSTEM

- IF YOU ARE ALONE WITH NO MOBILE PHONE, LEAVE THE VICTIM TO ACTIVATE THE EMERGENCY RESPONSE SYSTEM AND GET THE AED BEFORE BEGINNING CPR
- OTHERWISE, SEND SOMEONE AND BEGIN CPR IMMEDIATELY; USE THE AED AS SOON AS IT IS AVAILABLE

02



COMPRESSION-VENTILATION RATIO WITHOUT ADVANCED AIRWAY

1 OR 2 RESCUERS=30:2



03

COMPRESSION-VENTILATION RATIO WITH ADVANCED AIRWAY

- CONTINUOUS COMPRESSIONS AT A RATE OF 100-120 PER MINUTE
- GIVE 1 BREATH EVERY 6 SECONDS (10 BREATHS PER MINUTE)

04



COMPRESSION RATE

100-120 COMPRESSIONS PER MINUTE



05

06



HAND PLACEMENT

2 HANDS ON THE LOWER HALF OF THE BRESTBONE (STERNUM)

COMPRESSION DEPTH

AT LEAST 2 INCHES (5 CM)



07

08



CHEST RECOIL

ALLOW FULL RECOIL OF CHEST AFTER EACH COMPRESSION

MINIMIZING INTERRUPTIONS

- LIMIT INTERRUPTIONS IN THE CHEST COMPRESSIONS TO LESS THAN 10 SECONDS



09

DO'S AND DONT'S OF HIGH QUALITY CPR (ADULTS)

RESCUERS SHOULD

- PERFORM CHEST COMPRESSIONS AT A RATE OF 100-120 COMPRESSIONS PER MINUTE
- COMPRESS TO A DEPTH OF AT LEAST 2 INCHES
- ALLOW FULL RECOIL AFTER EACH COMPRESSION
- MINIMIZE PAUSES IN COMPRESSIONS
- VENTILATE ADEQUATELY

RESCUERS SHOULD NOT

- COMPRESS AT A RATE SLOWER THAN 100 COMPRESSIONS PER MINUTE OR FASTER THAN 120 COMPRESSIONS PER MINUTE
- COMPRESS TO A DEPTH OF LESS THAN 2 INCHES OR GREATER THAN 2.4 INCHES
- LEAN ON THE CHEST BETWEEN COMPRESSIONS
- INTERRUPT COMPRESSIONS FOR GREATER THAN 10 SECONDS
- PROVIDE EXCESSIVE VENTILATION

Sources:

<http://eccguidelines.heart.org/wp-content/uploads/2015/10/2015-AHA-Guidelines-Highlights-English.pdf>

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American Heart Association Cpr Guide 2015

Uri Elkayam



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ACLS Study Guide - E-Book Barbara J Aehlert, 2016-10-06 Awarded second place in the 2017 AJN Book of the Year Awards in the Critical Care Emergency Nursing category Provide the best possible emergency cardiovascular care using the newest ECC guidelines ACLS Study Guide 5th Edition offers a complete full color overview of advanced cardiovascular life support An easy to read approach covers everything from airway management to cardiac arrest rhythms and their management electrical therapy acute coronary syndromes and acute stroke In addition to the latest ACLS treatment algorithms this edition includes case studies and hundreds of full color photos and illustrations Case studies present common realistic clinical situations helping you learn and apply skills in cardiac rhythm interpretation medication administration and other essential interventions ACLS Pearls boxes offer brief explanations of complex topics and useful tips for clinical practice End of chapter quizzes include answers and rationales helping you learn and remember the most important information Easy to understand approach simplifies your study of advanced cardiac life support thanks to Barbara Aehlert s unique conversational writing style NEW UPDATED content centers on evidence based practice recommendations including the 2015 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care and the 2015 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations NEW Improved format integrates all case studies into the appropriate chapters so that you can apply concepts immediately to real world situations **Textbook of Emergency & Trauma Care** Devendra

Richhariya, 2018-02-28 This book is a comprehensive guide to emergency and trauma care covering the complete process from pre hospital care rapid and point of care assessment and triaging to care of the patient during transfer and in hospital care Beginning with a general overview of emergency care and resuscitation the following sections discuss the treatment of emergencies and trauma in different systems of the body A complete section is dedicated to paediatric emergencies The final chapters cover trauma management toxicology disaster management and environmental emergencies such as thermal and chemical burns and snake bites The descriptive text is further enhanced by more than 700 flowcharts tables diagrams clinical photographs and short notes to assist learning Key points Comprehensive guide to emergency and trauma care Covers management of emergencies in different systems of the body Includes section on paediatric emergencies Highly illustrated with flowcharts tables diagrams photographs and short notes **Pediatric Advanced Life Support Study Guide**

Aehlert, 2017-01-16 Fully revised to meet the 2015 CPR ECC Guidelines and to prepare students and professionals for PALS certification and recertification Pediatric Advanced Life Support Study Guide Fourth Edition provides a clear and complete approach to managing pediatric emergencies Designed for use by the spectrum of healthcare professionals the Fourth Edition provides users with the critical information needed to approach real life pediatric emergencies The Fourth Edition includes End of chapter quizzes with answers and objectives as well as a comprehensive posttest to gauge material

comprehension Case studies at the end of appropriate chapters for practice with real world material application Clear procedural explanations written in descriptive yet accessible language A refined Table of Contents including standalone chapters on cardiac dysrhythmias for focused learning and study PALS Pearl boxes for text to everyday clinical application In text references for deeper research if desired

AACN Procedure Manual for Progressive and Critical Care - E-Book
AACN,2023-07-07 American Journal of Nursing AJN Book of the Year Awards 1st Place in Critical Care Emergency Nursing 2024 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Critical Care Edited by the American Association of Critical Care Nurses and written by more than 100 critical care experts under the direction of Karen L Johnson PhD RN FAAN this definitive reference represents the gold standard of care for procedures performed in progressive and critical care settings It guides you through procedures common to the adult critical care environment including those performed by advanced practice nurses in an illustrated step by step format This edition now in full color features new procedures new and updated illustrations and updated content throughout reflecting the latest evidence based guidelines and national and international protocols Quick reference tabs make it easier than ever to locate content quickly This new edition integrates key AACN initiatives such as Practice Alerts and coordinates closely with the AACN Core Curriculum for Progressive and Critical Care Nursing 8th Edition Chapter specific quick links employ QR codes for instant access to high quality online references Edited by the American Association of Critical Care Nurses written by more than 100 expert critical care clinicians under the direction of Karen L Johnson PhD RN FAAN and extensively reviewed by more than 100 additional critical care experts to ensure the accuracy and currency Comprehensive coverage includes all procedures commonly performed in progressive and critical care settings including those performed by advanced practice nurses indicated by an AP icon Straightforward step by step organization uses consistent headings to make following a procedure and finding the various supporting elements quick and easy with bulleted lists tables and detailed illustrations throughout to ensure that content is easy to reference and follow Rationales for all interventions in patient and family education assessment patient preparation procedure and monitoring help students understand the rationale for every step and a level of evidence is provided when a research base exists to substantiate an intervention giving insight into the strength of recommendations

NEW Additional procedures new and updated illustrations and updated content throughout reflect the latest evidence based guidelines and national and international protocols **NEW** Full color design with color reference tabs enhances navigation plus full color illustrations reinforce understanding **UPDATED** Key AACN initiatives such as Practice Alerts are integrated throughout and content coordinates with the AACN Core Curriculum for Progressive and Critical Care Nursing 8th Edition **NEW** Chapter specific quick links via QR codes provide quick access to online references which have been updated and limited to the highest value sources

Respiratory Care: Principles and Practice Dean R. Hess, Neil R. MacIntyre, William F. Galvin, 2020-01-15 More than an introductory text *Respiratory Care Principles and Practice* Fourth Edition by Dean Hess is a

comprehensive resource will be referenced and utilized by students throughout their educational and professional careers

□□□□□ □□□,□□□□,□□□□,□□□□ □,2023-08-01 ACLS X X APACHE Critical Care Medicine E-Book Joseph E. Parrillo,R. Phillip Dellinger,2018-11-12 Now completely revised to bring you up to date with the latest advances in the field Critical Care Medicine Principles of Diagnosis and Management in the Adult 5th Edition delivers expert practical guidance on virtually any clinical scenario you may encounter in the ICU Designed for intensivists critical care and pulmonology residents fellows practicing physicians and nurse practitioners this highly regarded text is clinically focused and easy to reference Led by Drs Joseph Parrillo and Phillip Dellinger the 5th Edition introduces numerous new authors who lend a fresh perspective and contribute their expertise to that of hundreds of top authorities in the field Includes new chapters on current applications of bedside ultrasound in the ICU both diagnostic and procedural mechanical assist devices and extra corporeal membrane oxygenation ECMO Contains new administrative chapters that provide important information on performance improvement and quality length of stay operations working with the Joint Commission and more Features new videos and images that provide visual guidance and clarify complex topics Keeps you up to date with expanded chapters on echocardiography in the ICU and valvular heart disease including TAVR Includes separate chapters on mechanical ventilation of obstructive airway disease and acute respiratory distress syndrome ARDS including the many recent changes in approach to positive end expiratory pressure setting in ARDS Covers key topics such as patient ventilator synchrony and non invasive ventilation for treating chronic obstructive pulmonary disease patients with acute respiratory failure Reflects the recent literature and guidance on amount of fluids type of fluid vasopressor selection mean arterial pressure target and decision on steroid use in septic shock Provides questions and answers in every chapter perfect for self assessment and review Enhanced eBook version included with purchase Your enhanced eBook allows you to access all of the text figures and references from the book on a variety of devices **Clinical Nursing Skills and Techniques - E-Book** Anne G. Perry,Patricia A. Potter,Wendy

R. Ostendorf,2017-01-16 NEW Clinical Debriefs are case based review questions at the end of each chapter that focus on issues such as managing conflict care prioritization patient safety and decision making NEW Streamlined theory content in each chapter features a quick easy to read bullet format to help reduce repetition and emphasize the clinical focus of the book NEW Sample documentation for every skill often includes notes by exception in the SBAR format NEW SI units and using generic drug names are used throughout the text to ensure content is appropriate for Canadian nurses as well

Challenging Concepts in Paediatric Critical Care Hari Krishnan,Miriam R. Fine-Goulden,Sainath Raman,Akash Deep,2020-10-19 This practical title presents 18 challenging cases in paediatric critical care complete with case histories and evidence based up to date learning points and clinical tips Each chapter has commentary from an expert who identifies and explains the key points and controversies of the case *Nancy Caroline's Emergency Care in the Streets* Nancy L. Caroline,American Academy of Orthopaedic Surgeons (Aaos),2017-08-15 This fully updated training system covers every

competency statement of the National EMS Education Standards for Paramedics with clarity and precision in a concise format that ensures student comprehension and encourages critical thinking **The Harriet Lane Handbook E-Book** The Johns Hopkins Hospital, Lauren Kahl, Helen K Hughes, 2017-04-02 Written by residents for residents and reviewed by expert faculty at The Johns Hopkins Hospital Lauren Kahl MD and Helen K Hughes MD MPH The Harriet Lane Handbook 21st Edition remains your 1 source of pediatric point of care clinical information Updated and expanded content as well as increased online coverage keeps you fully current with new guidelines practice parameters and more Easy to use concise and complete this is the essential manual for all health care professionals who treat children Trusted by generations of residents and practitioners offering fast accurate information on pediatric diagnosis and treatment The trusted and comprehensive Pediatric Drug Formulary updated by Carlton K K Lee PharmD MPH provides the latest in pharmacologic treatment of pediatric patients Modified outline format ensures you ll find information quickly and easily even in the most demanding circumstances Updated and expanded content includes relevant laboratory workup for genetic conditions sexually transmitted infections and pelvic inflammatory disease nail disorders and disorders of pigmentation treatment of acne and fever of unknown origin lymphadenopathy and viral infections Expanded coverage of pediatric procedures including more ultrasound and ultrasound guided procedures online Restructured Fluids and Electrolytes chapter helps you perform rapid calculations at the bedside **Emergency Care and Transportation of the Sick and Injured Advantage Package**

American Academy of Orthopaedic Surgeons (AAOS), 2021-02-12 Since 1971 Emergency Care and Transportation of the Sick and Injured has advanced how EMS education is delivered to help train exceptional EMS professionals around the globe

The Harriet Lane Handbook: First South Asia Edition-E-Book The Johns Hopkins Hospital, 2017-09-23 Written by residents for residents and reviewed by expert faculty at The Johns Hopkins Hospital Lauren Kahl MD and Helen K Hughes MD MPH The Harriet Lane Handbook First South Asia Edition remains your 1 source of pediatric point of care clinical information Updated and expanded content keeps you fully current with new guidelines practice parameters and more Easy to use concise and complete this is the essential manual for all health care professionals who treat children Trusted by generations of residents and practitioners offering fast accurate information on pediatric diagnosis and treatment The trusted and comprehensive Pediatric Drug Formulary updated by Carlton K K Lee PharmD MPH provides the latest in pharmacologic treatment of pediatric patients Modified outline format ensures you ll find information quickly and easily even in the most demanding circumstances Point-of-Care Ultrasound Techniques for the Small Animal Practitioner Gregory R.

Lisciandro, 2021-03-30 Dieses wegweisende Fachbuch wurde gr ndlich bearbeitet und aktualisiert Pr sentiert werden fokussierten Ultraschalluntersuchungen des Abdomens Thorax Bewegungssystems und des Auges in der veterin rmedizinischen Praxis Auch die 2 Auflage ist das Referenzwerk f r gezielte Ultraschalluntersuchungen in der klinischen Praxis Neue Anwendungen werden vorgestellt und weitere Tierarten ber cksichtigt Videoclips der verschiedenen Verfahren k

nnen auf der begleitenden Website abgerufen werden Gezeigt werden Ultraschallaufnahmen aus der Praxis die als Vergleich dienen können und die Fachrichtung verdeutlichen Die 2. Auflage von Point of Care Ultrasound Techniques for the Small Animal Practitioner enthält neue Kapitel zu ultraschallgestützten Nervenblockaden Ultraschalluntersuchungen des Bewegungsapparats des Gehirns sowie Anwendungsbereiche des Verfahrens bei Katzen Exoten und Meeressäugern Das Buch ist ein Muss für Veterinärmediziner die Ultraschalluntersuchungen in ihrer Praxis anbieten möchten Präsentiert einen Standardansatz für den Einsatz von Ultraschall als Erweiterung der körperlichen Untersuchung bei Traumata sonstigen Ursachen und Monitoring Anwendungen Zeigt neue Verfahren für fokussierte Ultraschalluntersuchungen u.a. der Lunge in der Anästhesie ultraschallgestützten Nervenblockaden bei transkraniellen Bildgebungsverfahren Untersuchungen des Bewegungsapparats zur Evaluation des Volumenstatus und der schnellen Diagnostik bei behandelbaren Schockzuständen Zeigt die Verfahren jetzt auch bei Katzen Exoten Wildtieren und Meeressäugetieren neben den bisherigen Leitlinien für Hunde Erläutert insbesondere die Vorteile von Ultraschall zur Optimierung der Patientenversorgung und für eine präzise Diagnostik Begleitende Website mit Videoclips zu klinisch relevanten Lernbeispielen Die 2. Auflage von Point of Care Ultrasound Techniques for the Small Animal Practitioner ist ein ausgezeichnetes Referenzwerk für Veterinärmediziner von Veterinärmedizinern für Haustiere bis hin zu Spezialisten in Tierkliniken darunter Tierärzte der Fachrichtungen Innere Medizin Onkologie Kardiologie Notfall und Intensivmedizin Anästhesie Augenheilkunde Fachtierärzte für Exoten und Zootiere sowie für Studenten der Veterinärmedizin

Sport First Aid Robb S. Rehberg, 2025-06-02 Approximately 90 percent of high school student athletes report sustaining an injury while participating in sports With only about one third of high schools in the United States having full time athletic trainers and another third lacking any athletic trainer services you the coach are often the first responder when an injury occurs This reality underscores the importance of providing you with proper training in first aid and injury prevention Such training prepares you to act quickly and appropriately when an athlete is injured or becomes ill ensuring the safety and well being of your student athletes As a current or aspiring high school or club coach you can rely on Sport First Aid Sixth Edition for the information you need to be a capable and confident first responder The sixth edition has been revised and restructured It features an unparalleled author team of experts in athletic training sports medicine exercise science and physiology strength and conditioning and sport coaching It reflects the leading health organizations latest emergency guidelines including those for CPR concussion dehydration and heat illness Tailored specifically to your needs as a coach the text covers causes symptoms and action steps for more than 100 injuries and illnesses In this sixth edition the most common injuries and illnesses are described in greater detail and prioritized so they are easier to reference Additionally flowcharts for over 40 specific injuries and illnesses offer step by step visuals to guide you through the decision making and response process Beyond specific first aid procedures the text provides guidance on understanding your legal duties as a coach assembling an athletic health care team and collaborating with other team

members minimizing the risk of injury planning for medical emergencies administering the plan during emergency situations and assessing when and how to move injured and sick athletes An athletic trainer may not always be present at every practice and game As a coach it s crucial to have a basic understanding of first aid and injury prevention Sport First Aid is the most authoritative source for this potentially life saving information It will prepare you to respond appropriately in emergency situations meet your legal obligations as a coach and foster a safe environment for your athletes

Codes of Ethics and Ethical Guidelines Kelly Laas,Michael Davis,Elisabeth Hildt,2022-01-03 This book investigates how ethics generally precedes legal regulation and looks at how changes in codes of ethics represent an unparalleled window into the research innovation and emerging technologies they seek to regulate It provides case studies from the fields of engineering science medicine and social science showing how professional codes of ethics often predate regulation and help shape the ethical use of emerging technologies and professional practice Changes in professional ethics are the crystallization of ongoing conversation in scientific and professional fields about how justice privacy safety and human rights should be realized in practice where the law is currently silent This book is a significant addition to this area of practical and professional ethics and is of particular interest to practitioners scholars and students interested in the areas of practical and applied ethics

Critical Heart Disease in Infants and Children E-Book Ross M. Ungerleider,Kristen Nelson McMillan,David S. Cooper,Jon N. Meliones,Jeffrey Jacobs,2018-09-26 Selected for Doody s Core Titles 2024 with Essential Purchase designation in Pediatric Surgery Now in brilliant full color and reflecting recent significant changes in the field Critical Heart Disease in Infants and Children 3rd Edition keeps you abreast of the skills and knowledge required to safely care for children with congenital and acquired heart disease in the ICU Pediatric intensivists cardiologists cardiac surgeons and anesthesiologists from leading centers around the world provide a well rounded perspective on basic scientific principles medical and pharmacologic treatments surgical techniques and equipment Features comprehensive updates throughout the text including indications techniques potential complications in perioperative management of patients and surgical techniques for congenital heart disease Covers recent advances in the treatment of pulmonary hypertension developments in mechanical assist devices heart and lung transplantation and interventional cardiac catheterization Features an all new full color format that speeds navigation and helps clarify complex concepts Contains 27 new chapters with an emphasis on the team approach to patient care in the ICU including creating multidisciplinary teams quality and performance improvement training and challenges and solutions to developing a cohesive team environment Includes a detailed chapter on bedside ultrasound walking you through the techniques you re most likely to encounter in the ICU Employs well documented tables text boxes and algorithms to make clinical information easy to access and more than two dozen video clips provide a more complete understanding of echocardiography imaging modalities pulmonary hypertension and more Describes the basic pharmacology and clinical applications of new pharmacologic agents Examines issues affecting adults with congenital heart

disease Enhanced eBook version included with purchase Your enhanced eBook allows you to access all of the text figures and references from the book on a variety of devices Offers four completely new chapters Cardiac Trauma Congenital Heart Disease in the Adult Congenitally Corrected Transposition of the Great Arteries and Outcome Evaluation Describes the basic pharmacology and clinical applications of all of the new pharmacologic agents Details important refinements and developments in surgical techniques including the Ross pulmonary autograft replacement of the aortic valve video assisted fluoroscopy and the extracardiac Fontan connection and discusses their indications and potential complications Explores the latest advances in the treatment of pulmonary hypertension new developments in mechanical assist devices heart and lung transplantation and interventional cardiac catheterization Examines issues affecting adults with congenital heart disease

Sanders' Paramedic Textbook Mick J. Sanders, Kim McKenna, American Academy of Orthopaedic Surgeons (AAOS), 2024-01-17 Featuring current print and digital content engaging illustrations and photos and accessible technology Sanders Paramedic Textbook Sixth Edition Premier Package with Flipped Classroom provides comprehensive resources and spurs critical thinking for paramedic students The new edition has been reviewed and endorsed by the American Academy of Orthopaedic Surgeons AAOS and the National Association of EMS Physicians NAEMSP and its content meets or exceeds the scientific recommendations by the International Liaison Committee on Resuscitation ILCOR and is consistent with the ECC Guidelines as established by the American Heart Association and other resuscitation councils around the world Sanders robust resources for educators and students deliver teaching and learning solutions to best fit educators unique classroom needs Its single volume provides portability to learners while limiting repetition of content and its inclusion of detailed anatomy and physiology negate the need for additional reference texts Even more its emergency drug index incorporates detailed drug information in an easy to find location Developed by a renowned team of authors Sanders Paramedic Textbook Sixth Edition Premier Package with Flipped Classroom provides a comprehensive training program and curriculum to prepare students for long term success in the field and focuses on inclusion and diversity to engage every student Interested to hear what paramedic instructors and program coordinators think about the Sixth Edition Check out the reviews below from three of our early textbook reviewers Bill Comella Chris McLaughlin and Michael Simon Review Bill Comella Paramedic Program Coordinator First Responder Resiliency and Support Simulations Interactive Lectures Virtual Ride Alongs Lesson Guides 2025 2200 pages

Resuscitation, An Issue of Cardiology Clinics Andrew M McCoy, 2018-07-13 This issue of Cardiology Clinics edited by Dr Andrew M McCoy will focus on Resuscitation Topics include but are not limited to Improving survival in your community Compression only CPR Dispatch CRP quality issues Drugs in OHCA Mechanical CPR DSeD Nuances of Airway Management in OHCA refractory recurrent VF future of OHCA care and more

Cardiac Problems in Pregnancy Uri Elkayam, 2019-11-25 Cardiac Problems in Pregnancy offers clinicians the most detailed and comprehensive guide to diagnosing and managing pregnancy associated cardiovascular diseases currently available Covering a wide

spectrum of congenital and acquired cardiovascular conditions its extensive contents examine diseases of the heart with an expert awareness of the implications of pregnancy and the attendant physiological changes it brings Such guidance is vitally required in an age in which congenital and acquired heart diseases are the leading causes of non obstetrical maternal morbidity and mortality Featuring 36 new or extensively revised chapters this fourth edition of the book complements coverage of the latest research and clinical advances with a complete and up to date bibliography of literature on pregnancy in women with cardiovascular conditions It also serves as a practical step by step companion for those caring for heart disease patients during pregnancy labor and the post partum period Contents include Coverage of all elements of maternal cardiology Newly written chapters featuring fresh research and data Guidance on performing risk assessments and interventions both prior to and during gestation Explanations of a range of diagnostic and therapeutic approaches to cardiovascular disease in pregnant patients Drawing on expertise from across the fields of cardiovascular medicine obstetrics anesthesiology cardiac surgery pharmacology and clinical science Cardiac Problems in Pregnancy is designed to give invaluable support to all medical professionals involved in maximizing the safety and success of cardiologically complex pregnancies

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