

ANATOMIA APPARATO LOCOMOTORE

LA POSIZIONE ANATOMICA



Posizione arbitraria e condivisa:

- Testa dritta, sguardo all'orizzonte
- Piedi uniti
- Palma della mano rivolta verso l'alto (primo dito laterale, quinto dito mediale)

NB se porto il dorso davanti, e il palmo all'indietro, compio un movimento di prono-supinazione)

Si utilizza come convenzione il palmo in avanti, perché in questa posizione, ulna e radio rimangono paralleli, mentre se ho il dorso della mano in avanti, ulna e radio sono incrociati.

Per le descrizioni spaziali degli organi si utilizzano 3 piani :

- **Piano sagittale**: piano mediano di simmetria sviluppato Antero-posteriormente, divide il corpo in metà simmetriche (dx e sx)

NB esistono organi pari e simmetrici(es Reni, polmoni)

NB esistono organici unici e sono impari (es Milza, vescica urinaria)

La milza ad esempio si trova da un solo lato mentre la vescica urinaria si trova sul piano mediale di simmetria ed è tagliata a metà .

Esistono piani sagittali, che non tagliano a metà il corpo e sono detti paramediali, come ad esempio la linea emiclaveare (origina dal punto medio della clavicola ed è perpendicolare a terra)

Il concetto di simmetria : non sempre utilizzabile e il piano sagittale divide il corpo in 2 metà non esattamente uguali (alcuni organi ad esempio la milza si trovano in una sola metà, mentre altri come il fegato hanno una porzione più grande che si trova in una metà, e una porzione più piccola che si trova nell'altra)

Anatomia Apparato Locomotore 1

**Stefano Bertocchi, Doriana
Rodino, Renato Sironi**



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Current Catalog National Library of Medicine (U.S.),1982 First multi year cumulation covers six years 1965 70

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Manuale di primo soccorso. Come intervenire con rapidità ed efficacia in caso di malore o incidente Enrico P. Bossi,1998 **Teoritest 2** Stefano Bertocchi,Renato Sironi,Valeria Balboni,2009 **National Union Catalog** ,1973

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Trattato di anatomia umana Georg Hermann Meyer,1867 **Science and Skiing** E. Kornexl,E. Muller,C. Raschner,H. Schwameder,2003-09-02 The first International Congress on Science and Skiing was held in Austria in January 1996 The main aim of the conference was to bring together original key research in this area and provide an essential update for those in the field The link between theory and practice was also addressed making the research more applicable for both researchers and coaches This book is divided into five parts each containing a group of papers that are related by theme or disciplinary approach They are as follows Biomechanics of Skiing Fitness testing and Training in Skiing Movement Control

and Psychology in Skiing Physiology of Skiing and Sociology of Skiing The conclusions drawn from the conference represent an invaluable practical reference for sports scientists coached skiers and all those involved in this area *Enciclopedia medica italiana. Indici della seconda edizione e dell'aggiornamento 1* ,1994 **Library of Congress Catalogs** Library of Congress,1976 **Catalogo dei libri in commercio** ,1996 **Bibliografia nazionale italiana** ,1994 Subject Catalog Library of Congress,

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web feb 15 2022 play area play is mostly be restricted to the half court the out of bounds rule is not enforced in 21

basketball but be reasonable with this point system in place it s essential to go over all areas on the court with your opponents for 21 we will be using the free throw line the three point line and the key