

Case Study 2: An Epidemic of Thyrotoxicosis

Adapted from CDC, Epidemiology Program Office, Case Studies in Applied Epidemiology

Part 1

On the afternoon of June 16, 1985, an endocrinologist at the University of South Dakota, Sioux Falls, was examining a patient with recent-onset thyrotoxicosis (manifestations of excess thyroid hormone) when the patient mentioned that there were four other people in his small town with the same problem. The patient was the postmaster of Valley Springs, South Dakota (population 801). Just a few days earlier, the endocrinologist had read an abstract of a CDC investigation describing an epidemic of painless thyroiditis in York County, Nebraska, in early 1984. Although the cause was never determined, the most likely etiology was believed to be viral infection. By speaking with other local physicians, the endocrinologist identified seven other patients with possible thyrotoxicosis. Six of the patients lived in Valley Springs, and two lived in southwest Minnesota. All exhibited classic symptoms of thyrotoxicosis (anxiety, shortness of breath, palpitations, rapid heartbeat, weight loss), and all had markedly elevated thyroxine (T₄) levels. All but one had abnormally low radiiodine thyroid uptakes. The endocrinologist called CDC and provided the EIS Officer with the information summarized in the line listing below.

Table 1. Line listing of patients with clinical thyrotoxicosis reported to CDC on initial telephone call, June 18, 1985

<u>Patient</u>	<u>Age</u>	<u>Sex</u>	<u>Residence</u>	<u>Onset date</u>	<u>Max. T₄*</u>	<u>24-hr. RAIU (%)†</u>
1	53	M	Valley Springs, S.D.	3-84	>20	0.6
2	34	F	Valley Springs, S.D.	5-85	18	17.0
3	57	M	Beaver Creek, S.D.	5-85	22	1.0
4	41	F	Valley Springs, S.D.	5-85	18	2.6
5	76	F	Valley Springs, S.D.	6-85	14	7.8
6	?	M	Luverne, Minn.	6-85	"high"	1.0
7	29	M	Valley Springs, S.D.	?	27	2.2
8	?	M	Luverne, Minn.	?	"high"	"low"

* Normal range = 5-12.

† RAIU - radioactive iodine uptake; normal range = 10%-35%.

Questions

1. If you were the EIS Officer receiving the call, would you be able to say that an epidemic exists?
2. What other kind of information would you want to know?
3. What would you do next?

Answers For An Epidemic Of Thyrotoxicosis

Michal Rosen-Zvi



Answers For An Epidemic Of Thyrotoxicosis:

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digestive problems thyroid dysfunction cognitive decline reproductive disorders even heart disease and cancer *Medical Medium Thyroid Healing* Anthony William, 2017-11-07 Experience the epic truth about your thyroid from the 1 New York Times best selling author of the Medical Medium series Everyone wants to know how to free themselves from the thyroid trap As the thyroid has gotten more and more attention though these symptoms haven't gone away people aren't healing Labeling someone with Hashimoto's hypothyroidism or the like doesn't explain the myriad health issues that person may experience That's because there's a pivotal truth that goes by unnoticed A thyroid problem is not the ultimate reason for a person's illness A problematic thyroid is yet one more symptom of something much larger than this one small gland in the neck It's something much more pervasive in the body something invasive that's responsible for the laundry list of symptoms and conditions attributed to thyroid disease Discover the real reasons and the healing path for dozens of symptoms and conditions including ACHES AND PAINS ANXIETY AND DEPRESSION AUTOIMMUNE DISEASE BRAIN FOG AND FOCUS CANCER EPSTEIN BARR VIRUS PREGNANCY COMPLICATIONS FATIGUE MONONUCLEOSIS FIBROMYALGIA AND CFS HAIR THINNING AND LOSS HASHIMOTO'S THYROIDITIS HEADACHES AND MIGRAINES HEART PALPITATIONS VERTIGO HYPERTHYROIDISM HYPOTHYROIDISM MENOPAUSAL SYMPTOMS MYSTERY WEIGHT GAIN SLEEP DISORDERS TINGLES AND NUMBNESS The National Cancer Program United States. Congress. House. Committee on Government Operations. Intergovernmental Relations and Human Resources Subcommittee, 1977 The Ultimate Thyroid Book Dr. Beverly Goode-Kanawati, 2022-07-27 Estimates suggest that close to 20 percent of the population in the United States suffers from some sort of thyroid imbalance that's close to sixty million people Thyroid issues often go undetected as people get treated for seemingly separate health issues that actually stem from the thyroid In *The Ultimate Thyroid Book* Dr Beverly Goode Kanawati integrates scientific studies with her personal experiences as an integrative functional medicine practitioner to describe what she calls a thyroid epidemic Are you a health care professional hoping to learn more about thyroid disorders so that you can better treat your patients Or do you wonder if your thyroid may be the root cause of some of your health concerns and want to know what questions to ask to get proper testing and effective treatment Then *The Ultimate Thyroid Book* is for you Learn more about Hypothyroidism hyperthyroidism and Hashimoto's thyroiditis causes differences diagnosis and treatment Different thyroid medications and why it matters How Hashimoto's and Graves disease affect the body How hypothyroidism can affect children fertility and pregnancy The National Cancer Program: Overview of program administration United States. Congress. House. Committee on Government Operations. Intergovernmental Relations and Human Resources Subcommittee, 1977 National Conference on Radiation Control, 1976 Williams Textbook of Endocrinology E-Book Shlomo Melmed, Kenneth S. Polonsky, P. Reed Larsen, Henry M. Kronenberg, 2015-11-11 For more than 65 years Williams Textbook of Endocrinology has been the gold standard in the field delivering authoritative guidance on every aspect of adult and pediatric endocrine system disorders The 13th Edition has been thoroughly updated by Drs Shlomo

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The Lancet, 1944 MCQs in Preventive and Social Medicine Singh, 2008 The purpose of this book is to guide students in answering MCQs which are a part of examination in various universities postgraduate entrance test and other competitive examinations About the Author GPI Singh Professor and Head Department of Community Medicine Dayanand Medical College and Hospital Ludhiana Punjab India Sarit Sharma is Assistant Professor Department of Community Medicine Dayanand Medical College and Hospital Ludhiana Punjab India

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In some sort of defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is truly awe-inspiring. Enter the realm of "**Answers For An Epidemic Of Thyrotoxicosis**," a mesmerizing literary masterpiece penned by a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve into the book's central themes, examine its distinctive writing style, and assess its profound effect on the souls of its readers.

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