



12th Commerce Guide

Robert Hunt



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Pyrenees Marc Dubin, 2004 The Rough Guide to the Pyrenees is the only guidebook available to the entire region covering both the French and Spanish sides of this spectacular region from the Atlantic to the Mediterranean A full colour section introduces the author s pick of the attractions from relaxing in the picturesque spa towns to watching the Tour de France wind up the mountains There are detailed listings of the best places to eat drink and stay from boutique hotels in Biarritz to the most remote mountain refuges For the outdoor enthusiast there are exhaustive accounts of the walking and climbing routes available and information on the host of other activities available including skiing paragliding rafting cycling and horse riding There is also expansive coverage of all the cultural highlights including the prehistoric cave art at Ariege and an accessible history of the region from prehistory to the current day Researches on light in its chemical relations Robert

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