CHAPTER 6 - SKELETAL SYSTEM

COMPONENTS:

- Bones
- Joints & Associated Cartilages

SKELETAL.

- Derived from Greek word meaning "dried"
- Consist of dynamic, living tissues that are able to grow, detect pain stimuli, adapt to stress & undergo repair after injury.
- <u>FRAMEWORK</u> to support the soft tissues of the body.

MAJOR FUNCTIONS:

- 1.) SUPPORT
 - Major supporting tissues of the body
 - Cartilages provides <u>firm yet flexible</u> <u>support</u> (ex. Nose, external ear, thoracic cage & trachea)
 - Ligaments strong bands of fibrous connective tissue that attach to bones & hold them together.
- 2.) PROTECTION
 - Protects the organ it surrounds

(Ex. Skull encloses and protects the brain)

3.) MOVEMENT

- Tendons skeletal muscles attach to bones
- Smooth Cartiloges covers the ends of bones within some joints; allowing the bones to move freely
- Ligaments <u>allow some movements</u> between bones but prevent excessive movements
- 4.) STORAGE
 - Calcium & Phosphorus taken into bones and stored
 - * Adipose tissue-stored w/in bone cavities (fats)
 - Lipids Released into the blood and used by other tissues as a source of energy
- 5.) BLOOD CELL PRODUCTION
 - Cavities filled with <u>red bone morrow</u>
 - produces blood cells
 platelets

EXTRACELLULAR MATRIX

- Collagen (Tough rope-like proteins)
- Proteoglycans (Polysaccharides)
- Tendons (Collagen Fibers)
- Ligaments (Collagen Fibers)
- Cartilage (Collagen & Proteoglycans)
- Hydroxyapatite (Calcium Phosphate Crystals)

GENERAL FEATURES OF BONE

- 1. LONG BONES
 - Longer than they are wide
- 2. SHORT BONES
 - Broad as they are long
- 3. FLAT BONES
 - Relatively thin, flattened shape
- 4. IRREGULAR BONES
 - Vertebrae & Facial Bones

STRUCTURE OF A LONG BONE



- DIAPHYSIS
 - Central Shaft
- EPIPHYSIS
 - Two ends.
- ARTICULAR CARTILAGE
 - covers the ends of the epiphyses where the bone articulates with other bones.
- EPIHYSEAL PLATE
 - Growth plate, where the bone grows in length
 - Composed of cartilage, between each epiphysis and the diaphysis
- EPIPHYSEAL LINE
 - When the bone growth stops, this replaces the epiphyseal plate.
- MEDULLARY CAVITY
 - Large cavity in the diaphysis
- MARROW
 - A soft tissue that fills the spaces
 - Yellow Marrow consist of mostly adipose tissues; Red Marrow – consist of blood-forming cell and is the only site of blood formation in adults.
- PERIOSTEUM
 - Covers most of the outer surface of the bones
 - Encloses the diaphysis
 - Contains blood vessels and nerves
- ENDOSTEUM
 - Thinner connective tissue membrane that lines the surface of the medullary cavity

Anatomy And Physiology Skeletal System Answers

Mr. Rohit Manglik

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Examination Questions and Answers in Basic Anatomy and Physiology Martin Caon, 2020-08-03 This third edition provides 2900 multiple choice questions on human anatomy and physiology and some biophysical science separated into 20 chapters and 68 categories In addition there are 64 essay topics. The answer to each question is accompanied by an explanation Each chapter has an introduction to set the scene for the questions to come However not all possible information is provided within these Introductions so an Anatomy and Physiology textbook is an indispensable aid to understanding the answers The textbook offers a more holistic approach to the subjects of anatomy and physiology by also including biomechanics biophysics and biochemistry The questions have been used in end of semester examinations for undergraduate anatomy and physiology courses and as such reflect the focus of these particular courses and are pitched at this level to challenge students that are beginning their training in anatomy and physiology The question and answer combinations are intended for use by teachers to select questions for their next examinations and by students when studying for an upcoming test Students enrolled in the courses for which these questions were written include nursing midwifery paramedic physiotherapy occupational therapy nutrition and dietetics health sciences exercise science and students taking an anatomy and physiology course as an elective A Programmed Approach to Anatomy and Physiology: The skeletal system .1972 CliffsStudySolver: Anatomy and Physiology Steven Bassett, 2007-05-03 The CliffsStudySolver workbooks combine 20 percent review material with 80 percent practice problems and the answers to help make your lessons stick CliffsStudySolver Anatomy Physiology is for students who want to reinforce their knowledge with a learn by doing approach Inside you ll get the practice you need to bone up on body systems and more with problem solving tools such as Straightforward concise reviews of every topic Terms and principles for each subject Helpful charts and illustrations Practice problems in every chapter with explanations and solutions A diagnostic pretest to assess your current skills A full length exam that adapts to your skill level Starting off with an introduction to anatomical terms and physiological concepts this workbook ventures into cellular structure cell reproduction and chemistry both organic and inorganic You ll explore the muscular central nervous lymphatic and endocrine systems plus details about Skin hair nails and glands Bones of the cranium sternum and vertebral column The five senses Blood composition and types Metabolism of fat protein and carbohydrates The male and female reproductive systems Practice makes perfect and whether you re taking lessons or teaching yourself CliffsStudySolver guides can help you make the grade Author Steven Bassett started teaching anatomy and physiology at the high school level in 1978 He has been the lead instructor for anatomy and physiology at Southeast Community College in Lincoln Nebraska since 1990 He is adjunct professor in the Physician's Assistance Program at Union College in Lincoln A Reading Guide for the Ship's Medicine Chest and First Aid at Sea United States Maritime Service, Sebastian Frank Casalaina, Carl Michel, 1941 **Principles of Anatomy and Physiology** Gerard J. Tortora, Bryan

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