

In case of post-stroke spasticity, there is the most frequent pattern in the upper limb:



- ① Internal rotation and adduction of the shoulder
- ② Flexion at the elbow
- ③ Forearm pronation
- ④ Flexed wrist



- ⑤ Tight fist



- ⑥ Clenched thumb

Anatomyzone Upper Limb Spasticity

JG Myers



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