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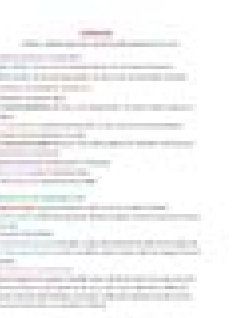
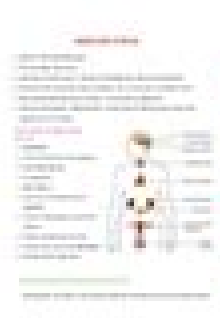
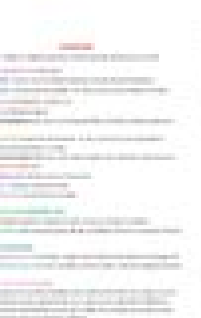
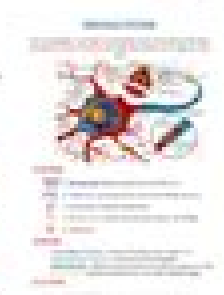
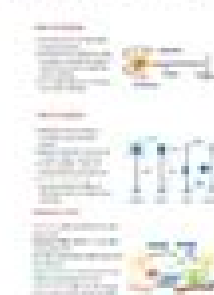
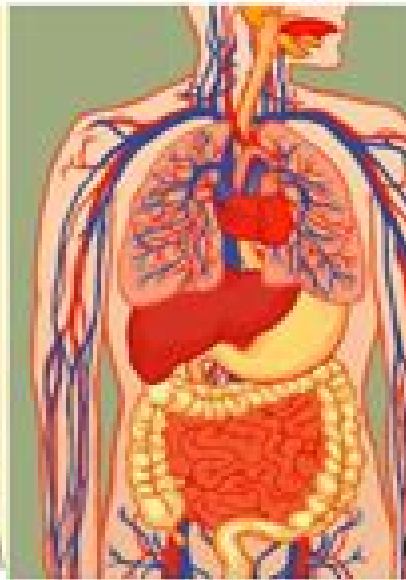
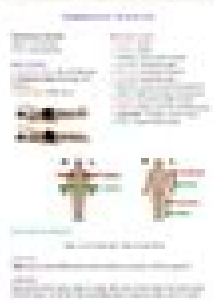
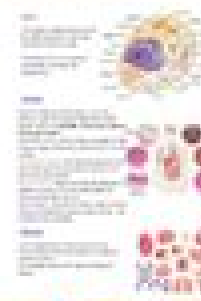
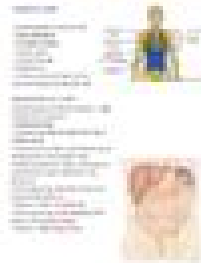
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System	Structure	Function
Integumentary	Skin	Protects the body from external damage and infection.
	Hair	Helps regulate body temperature.
	Nails	Protects the tips of fingers and toes.
	Sweat glands	Helps regulate body temperature.
Skeletal	Bones	Support the body and protect internal organs.
	Joints	Allow movement of the body.
	Muscles	Move the body.
	Ligaments	Connect bones to bones.

System	Structure	Function
Skeletal	Bones	Support the body and protect internal organs.
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Muscular	Muscles	Move the body.
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	Cartilage	Supports and cushions joints.
	Intervertebral discs	Support the spine and absorb shock.

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Jicheng Xie



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In a time characterized by interconnectedness and an insatiable thirst for knowledge, the captivating potential of verbal expression has emerged as a formidable force. Its power to evoke sentiments, stimulate introspection, and incite profound transformations is genuinely awe-inspiring. Within the pages of "**Anatomy Study Guide Personal Trainer**," a mesmerizing literary creation penned with a celebrated wordsmith, readers embark on an enlightening odyssey, unraveling the intricate significance of language and its enduring affect our lives. In this appraisal, we shall explore the book is central themes, evaluate its distinctive writing style, and gauge its pervasive influence on the hearts and minds of its readership.

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