#### CHAPTER 6 - SKELETAL SYSTEM

#### COMPONENTS:

- Bones
- Joints & Associated Cartilages

#### SKELETAL.

- Derived from Greek word meaning "dried"
- Consist of dynamic, living tissues that are able to grow, detect pain stimuli, adapt to stress & undergo repair after injury.
- <u>FRAMEWORK</u> to support the soft tissues of the body.

#### MAJOR FUNCTIONS:

- 1.) SUPPORT
  - Major supporting tissues of the body
  - Cartilages provides <u>firm yet flexible</u> <u>support</u> (ex. Nose, external ear, thoracic cage & trachea)
  - Ligaments strong bands of fibrous connective tissue that attach to bones & hold them together.
- 2.) PROTECTION
  - Protects the organ it surrounds

(Ex. Skull encloses and protects the brain)

#### 3.) MOVEMENT

- Tendons skeletal muscles attach to bones
- Smooth Cartiloges covers the ends of bones within some joints; allowing the bones to move freely
- Ligaments <u>allow some movements</u> between bones but prevent excessive movements
- 4.) STORAGE
  - Calcium & Phosphorus taken into bones and stored
  - \* Adipose tissue-stored w/in bone cavities (fats)
  - Lipids Released into the blood and used by other tissues as a source of energy
- 5.) BLOOD CELL PRODUCTION
  - Cavities filled with <u>red bone morrow</u>
    - produces blood cells
       platelets

#### EXTRACELLULAR MATRIX

- Collagen (Tough rope-like proteins)
- Proteoglycans (Polysaccharides)
- Tendons (Collagen Fibers)
- Ligaments (Collagen Fibers)
- Cartilage (Collagen & Proteoglycans)
- Hydroxyapatite (Calcium Phosphate Crystals)

#### **GENERAL FEATURES OF BONE**

- 1. LONG BONES
  - Longer than they are wide
- 2. SHORT BONES
  - Broad as they are long
- 3. FLAT BONES
  - Relatively thin, flattened shape
- 4. IRREGULAR BONES
  - Vertebrae & Facial Bones

#### STRUCTURE OF A LONG BONE



- DIAPHYSIS
  - Central Shaft
- EPIPHYSIS
  - Two ends.
- ARTICULAR CARTILAGE
  - covers the ends of the epiphyses where the bone articulates with other bones.
- EPIHYSEAL PLATE
  - Growth plate, where the bone grows in length
  - Composed of cartilage, between each epiphysis and the diaphysis
- EPIPHYSEAL LINE
  - When the bone growth stops, this replaces the epiphyseal plate.
- MEDULLARY CAVITY
  - Large cavity in the diaphysis
- MARROW
  - A soft tissue that fills the spaces
  - Yellow Marrow consist of mostly adipose tissues; Red Marrow – consist of blood-forming cell and is the only site of blood formation in adults.
- PERIOSTEUM
  - Covers most of the outer surface of the bones
  - Encloses the diaphysis
  - Contains blood vessels and nerves
- ENDOSTEUM
  - Thinner connective tissue membrane that lines the surface of the medullary cavity

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**Bates' Guide to Physical Examination and History Taking** Lynn S. Bickley, Peter G. Szilagyi, Barbara Bates, 2009 Presents step by step instructions for physical examination techniques along with information on taking the patient history **Respiratory Care Anatomy and Physiology** Will Beachey, PhD, RRT, FAARC, 2012-10-22 Perfect for both practicing

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historical origins and ideological valence of the conceptualisation of thought and mind as functions of the brain in early nineteenth century Britain Taking as its starting point the controversy provoked by Lawrence's Lectures on Physiology Zoology and the Natural History of Man the book draws on archival and published texts as well as images to reveal overlooked parallels and connections with the concurrent rise of phrenology and the longstanding Christian mortalist tradition It shows how the sentient brain served as a radical icon marking a break with ancient Galenic medical models and Athanasian religious dogma and charts how in part through Lawrence s contributions it was united with a biological vision that identified human exceptionality more directly with the structure and function of our brains Elfed Huw Price's work indicates that although Lawrence was silenced his Lectures lived on a contributor to the rising tide of Victorian naturalism and part of a wider transformation of beliefs and values that swept aside the ancient politico religious structures of the Confessional State leaving the cerebral organ standing alongside the soul as the source of human reason and a distinguishing feature of humanity The Netter Collection of Medical Illustrations: Nervous System, Volume 7, Part II - Spinal Cord and Peripheral Motor and Sensory Systems - E-Book Michael J. Aminoff, Scott Pomeroy, Kerry H. Levin, 2023-12-08 Offering a concise highly visual approach to the basic science and clinical pathology of the nervous system this updated volume in The Netter Collection of Medical Illustrations the CIBA Green Books contains unparalleled didactic illustrations reflecting the latest medical knowledge Revised by Drs Michael J Aminoff Scott L Pomeroy and Kerry H Levin Spinal Cord and Peripheral Motor and Sensory Systems Part 2 of the Nervous System Volume 7 integrates core concepts of anatomy physiology and other basic sciences with common clinical correlates across health medical and surgical disciplines Classic Netter art updated and new illustrations and modern imaging continue to bring medical concepts to life and make this timeless work an essential resource for students clinicians and educators Provides a highly visual overview of the anatomy pathology and major clinical syndromes of the nervous system from cranial nerves and neuro ophthalmology to spinal cord neuropathies autonomic nervous system pain physiology and neuromuscular disorders Provides a concise overview of complex information by integrating anatomical and physiological concepts with clinical scenarios Shares the experience and knowledge of Drs Michael J Aminoff Scott L Pomeroy and Kerry H Levin and other experts at leading neurology centers Compiles Dr Frank H Netter's master medical artistry an aesthetic tribute and source of inspiration for medical professionals for over half a century along with new art in the Netter tradition for each of the major body systems making this volume a powerful and memorable tool for building foundational knowledge and educating patients or staff NEW An eBook version is included with purchase The eBook allows you to access all of the text figures and references with the ability to search make notes and highlights and have content read aloud

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