

ANATOMY MUSCLE CHARTS

COMPLETE STUDY GUIDE

Page 1

SAMPLE

HEAD & NECK

Muscles	Origin	Insertion	Action	innervation
Muscles of Posterior Triangle of Neck				
Trapezius	Superior nuchal line, external occipital protuberance, spinous C7, T1	Spinous of scapula, lateral clavicle, acromion	Extends, retracts, elevates and rotates the scapula of the upper limb	Cervical plexus (C3, C4)
Levator scapulae	Anterior tubercle of transverse process of C1, superior nuchal line of C1, spinous of C4, C5, C6	Medial border of scapula, superior angle	Elevates the scapula	Cervical plexus (C5, C6)
Rectus capitis posterior	Spinous of C2, C1	Superior nuchal line of C1	Extends the head	Cervical plexus (C2, C3)
Muscles of Anterior Triangle of Neck				
Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Depresses the hyoid bone	Vagus nerve (CN X)
Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Depresses the hyoid bone	Vagus nerve (CN X)
Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Depresses the hyoid bone	Vagus nerve (CN X)
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Other Muscles				
Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Depresses the hyoid bone	Vagus nerve (CN X)
Stylohyoid	Styloid process of hyoid bone	Hyoid bone, lesser horn	Depresses the hyoid bone	Vagus nerve (CN X)
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Muscles of Facial Expression				
Orbicularis oculi	Medial orbital rim, lateral palpebral fap, zygomatic fap	Medial orbital rim, lateral palpebral fap, zygomatic fap	Closes the eye	Trigeminal nerve (CN V)
Orbicularis oris	Medial border of mental fap, upper lip	Medial border of mental fap, upper lip	Closes the mouth	Trigeminal nerve (CN V)
Orbicularis oris	Medial border of mental fap, upper lip	Medial border of mental fap, upper lip	Closes the mouth	Trigeminal nerve (CN V)
Orbicularis oris	Medial border of mental fap, upper lip	Medial border of mental fap, upper lip	Closes the mouth	Trigeminal nerve (CN V)
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Orbicularis oris	Medial border of mental fap, upper lip	Medial border of mental fap, upper lip	Closes the mouth	Trigeminal nerve (CN V)
Muscles of Mastication				
Masseter	Superior border of zygomatic fap, inferior border of zygomatic fap	Angle of mandible, body of mandible	Raises the mandible	Trigeminal nerve (CN V)
Temporalis	Superior border of zygomatic fap, inferior border of zygomatic fap	Angle of mandible, body of mandible	Raises the mandible	Trigeminal nerve (CN V)
Temporalis	Superior border of zygomatic fap, inferior border of zygomatic fap	Angle of mandible, body of mandible	Raises the mandible	Trigeminal nerve (CN V)
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