

Characteristics of Participants in the Nurses Health Study According to Alcohol Intake

Characteristic	Alcohol Intake		
	None (N = 6385)	1.0–14.9 g/day (N = 3447)	15.0–30.0 g/day (N = 643)
Mean age at interview (yr)	74	74	74
Master's or doctorate degree (%)	5	7	8
Heart disease (%)	6	4	5
High cholesterol (%)	66	64	60
Hypertension (%)	36	30	30
Diabetes (%)	13	5	5
Body-mass index ≥ 30 (%)	21	13	6
Current smoker (%)	6	8	9
Physical activity (mean MET-hr/week)	13	18	20
Current postmenopausal hormone use (%)	31	33	37
Current vitamin E use (%)	43	48	54
Regular aspirin or ibuprofen use (%)	39	42	46
Low energy level (SF-36 score of 0–63) (%)	17	10	10
Low mental health index (SF-36 score of 0–79) (%) $\ddagger$	3	2	1
Feeling of social isolation (%)	4	3	5
Scores for cognitive-function tests			
TICS	33.8 $\pm$ 2.7	34.0 $\pm$ 2.6	34.0 $\pm$ 2.5
East Boston Memory Test — immediate recall	9.4 $\pm$ 1.7	9.3 $\pm$ 1.7	9.3 $\pm$ 1.7
East Boston Memory Test — delayed recall	9.0 $\pm$ 2.0	9.1 $\pm$ 1.9	9.1 $\pm$ 1.9
10-Word list — immediate recall	4.6 $\pm$ 1.7	4.8 $\pm$ 1.7	4.7 $\pm$ 1.6
10-Word list — delayed recall	2.3 $\pm$ 2.0	2.3 $\pm$ 2.0	2.4 $\pm$ 1.8
Verbal fluency	17.1 $\pm$ 4.7	17.1 $\pm$ 4.6	17.2 $\pm$ 4.7
Digit span backward test	6.7 $\pm$ 2.4	6.9 $\pm$ 2.4	6.8 $\pm$ 2.4
TICS score <31 (%)	10.6	7.9	8.0
Lowest 10% for global cognitive score (%)	11.2	8.6	9.0
Lowest 10% for verbal memory score (%)	11.1	8.6	10.0

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Nursing Older People at a Glance Josephine Tetley, Nigel Cox, Kirsten Jack, Gary Witham, 2018-06-18 As the environment of care continues to evolve to promote person centredness dignity health and wellbeing for nurses working with older people this can be challenging Nursing Older People at a Glance is a timely publication which provides an overview of key concepts that nurses need to know in order to care for older people in a wide range of settings Divided into six sections it explores a range of themes such as person centred care health and wellbeing health promotion and the complexity of older people s care encompassing mental wellbeing diverse communities and learning disability With a strong focus on dignity in care throughout Nursing Older People at a Glance will readily equip undergraduate and post qualification nurses with the knowledge and skills required to care for older people in a competent and compassionate manner **Turning Point**

Nursing Competitive Exam Guide (MCQs with Rationale Including IBQs & CBQs) M. L Choudhary, 2025-01-18 Turning Point Nursing Competitive Exam Guide is a comprehensive study resource for nursing aspirants preparing for Nursing Officer Senior Nursing Officer ANS CHO and PHNO exams This trusted book covers a wide range of subject wise and topic wise 11000 MCQs with a high yield including IBQs and CBQs of previous 20 year s exams with compact and comprehensive rationale Authored by M L Choudhary Foreworded by Dr Sandhya Gupta and recommended by nursing experts Mr Nandram Chaudhary this guide is a must have for anyone seeking to excel in nursing entrance exams With its thorough coverage and insightful content it promises to be an invaluable companion on your journey to a successful nursing career **Geriatric Syndromes, An Issue of Nursing Clinics** Jennifer Kim, Sally Miller, 2017-08-17 Top experts from

Vanderbilt University School of Nursing have put together an excellent issue devoted to Geriatric Syndromes that will prepare the reader for treatment and patient care of geriatric patients Top authors have written reviews in the following areas Cognitive Issues GI Disturbances Urinary Incontinence Frailty Impaired Mobility and Functional Decline Risk for Injury Falls Nutritional Risks Pain Management Polypharmacy Management Impairments in Skin Integrity and Sleep Disorders Nurses will come away with a current view of the clinical management for these clinical issues in geriatric population

Nursing Diagnosis Manual Marilyn E Doenges, Mary Frances Moorhouse, Alice C Murr, 2016-01-14 Here s the 5th Edition of the resource you ll turn to again and again to select the appropriate diagnosis and to plan individualize and document care for more than 850 diseases and disorders A new streamlined design makes reference easier than ever Only in the Nursing Diagnosis Manual will you find for each diagnosis defining characteristics presented subjectively and objectively sample clinical applications to ensure you have selected the appropriate diagnoses prioritized action interventions with rationales a documentation section and much more **Community Nutrition** Nweze Nnakwe, 2012-02-29 Thoroughly revised and updated Community Nutrition Planning Health Promotion and Disease Prevention Second Edition uses real world examples to reinforce core nutrition concepts and explores the current and emerging nutrition issues faced by today s

diverse communities It presents the skills cultural concepts and background knowledge that are essential for promoting health and preventing disease

Obesity Treatment David B. Allison, F. Xavier Pi-Sunyer, 2012-12-06 Treatment outcome has certainly improved since Stunkard and McLaren Hume 1959 reviewed the literature and found that less than 25% of obese patients lost 20 pounds or more and less than 5% lost 40 pounds or more However one of the few points on which almost all obesity researchers agree is that to date our results are quite modest and we are generally unsuccessful in promoting effective weight maintenance among obese persons As the title of a more recent article Improving long term weight loss Pushing the limits of treatment Brownell Jeffrey 1987 emphasis added suggests many believe that we have pushed our current treatment paradigms to the limit It was with this background in mind that we organized the meeting from which these proceedings issue The purpose of the three day international meeting was to evaluate the current knowledge base and conceptual paradigms of obesity treatment and to suggest directions for future research and clinical practice Rather than simply for research reporting the meeting was primarily for research generation All speakers were established scientists in the field who were asked to summarize our state of knowledge in a given area rather than present the results of their latest research Great efforts were taken to ensure that panel discussions occupied a central portion of the conference and that the questions What else do we need to know and How do we find it out were consistently addressed

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2016 Nurse's Drug Handbook Jones & Bartlett Learning, 2015-12-02 Jones Bartlett Learning 2016 Nurse s Drug Handbook is the most up to date practical and easy to use nursing drug reference Updated annually it provides accurate and timely facts on hundreds of drugs from A Z Written in a no nonsense style that speaks your language in terms you use every day it offers concise and consistently formatted drug entries organized alphabetically Mobile apps sold separately

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