

Case Study

Chapter 30 Hematologic Problems

Anemia

approx 30 min

Patient Profile

D.G., a 72-year-old man whose wife died 6 months ago, is brought to the health care provider by his daughter because he is not eating much and has been lethargic and sleeping a lot. He has a history of hyperlipidemia for which he takes niacin–lovastatin 500/20 mg PO daily at bedtime.

Subjective Data

- Has been unusually tired for the past couple of months
- Is frequently short of breath and sometimes feels like his “heart is pounding”
- Has lost weight because his wife always used to cook for him, and he doesn’t cook for himself
- Describes a typical daily meal as coffee and a donut for breakfast, a hot dog and lemonade for lunch, and a jelly sandwich on white bread and coffee for supper

Objective Data

Physical Examination

- Blood pressure 118/72, pulse 98, temperature 98.2°F, respirations 16
- Oxygen saturation 92% on room air
- Height 5’6”, weight 135 lb, BMI 21.7 kg/m²
- S1 and S2 auscultated and regular
- Bilateral radial pulses +3 and regular
- Lungs clear bilaterally

Anemia Case Study Answers

Kaveri Roy

A red circular graphic with a gradient, appearing as a semi-circle or a partial circle, located to the right of the author's name.

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