# ANATOMY & PHYSIOLOGY LAB MANUAL

HUMAN ANATOMY & PHYSIOLOGY MANUAL, AND ATLAS



# **Anatomy And Physiology Tortora Lab Manual Answers**

**N Noddings** 

#### **Anatomy And Physiology Tortora Lab Manual Answers:**

Laboratory Manual for Anatomy and Physiology Connie Allen, Valerie Harper, 2020-12-10 Laboratory Manual for Anatomy Physiology 7th Edition contains dynamic and applied activities and experiments that help students both visualize anatomical structures and understand complex physiological topics Lab exercises are designed in a way that requires students to first apply information they learned and then critically evaluate it With many different format options available and powerful digital resources it s easy to customize this laboratory manual to best fit your course While the Laboratory Manual for Anatomy and Physiology is designed to complement the latest 16th edition of Principles of Anatomy Physiology it **Anatomy and Physiology for the Manual Therapies** Andrew can be used with any two semester A P text Kuntzman, Gerard J. Tortora, 2009-08-17 Anatomy Physiology for the Manual Therapies 1e is designed to meet the specific needs of students preparing for careers in the manual therapies such as massage therapy and careers as physical therapy assistants This book provides the most appropriate depth of coverage for each body system in both narrative and visuals and by including relevant applications linking the content to situations they will face in their careers Anatomy and physiology <u>laboratory manual</u> Gerard J. Tortora, Nicholas Peter Anagnostakos, 1990 **Principles of Anatomy and Physiology** Gerard J. Tortora, Bryan H. Derrickson, 2020-10-13 From the very first edition Principles of Anatomy and Physiology has been recognized for its pioneering homeostatic approach to learning structure and function of the human body The 16th edition continues to set the discipline standardby combining exceptional content and outstanding visuals for a rich and comprehensive experience Highly regarded authors Jerry Tortora and Bryan Derrickson motivate and support learners at every level from novice to expert and equip them with the skills they need to succeed in this class and beyond Current Catalog National Library of Medicine (U.S.), 1982 First multi year cumulation covers six years 1965 70 **National Library** of Medicine Current Catalog National Library of Medicine (U.S.),1982 *Understanding Laboratory Tests: A Quick* Reference - E-Book Robin Maunder, 2016-06-28 In an effort to simplify the complex world of laboratory testing and diagnosis this easy to use guidebook was developed by an experienced educator in response to student demand Using clear easy to understand terminology this everyday reference covers common lab tests and testing methods Causes of conditions signs and symptoms lab findings normal values and ranges and interpretation of results are also addressed This resource covers the need to know aspects of lab tests and diagnoses with a student friendly approach a focus on key content and outstanding visual tools to help engage the student in the subject matter Did You Know boxes provide additional key facts as quick references throughout the book Every health care student and professional needs this unique pocket sized reference Student friendly design presents core content in an easy to understand approach Focus on key basic content Outstanding pedagogical tools including boxes tables photos illustrations figures learning outcomes and key terms help engage the student in the subject matter Did You Know boxes Providing additional key facts for guick reference throughout the book Sm Lab Exer

Anat Physio Cat Di Gerard J. Tortora,1999-11 Laboratory Manual for Anatomy and Physiology Patricia J.

Donnelly,George A. Wistreich,1993 Laboratory Exercises in Anatomy & Physiology with Cat Dissections Gerard J.

Tortora,1985

Uncover the mysteries within Explore with is enigmatic creation, **Anatomy And Physiology Tortora Lab Manual Answers**. This downloadable ebook, shrouded in suspense, is available in a PDF format ( PDF Size: \*). Dive into a world of uncertainty and anticipation. Download now to unravel the secrets hidden within the pages.

https://legacy.tortoisemedia.com/data/publication/HomePages/tips%20digital%20literacy.pdf

# **Table of Contents Anatomy And Physiology Tortora Lab Manual Answers**

- 1. Understanding the eBook Anatomy And Physiology Tortora Lab Manual Answers
  - The Rise of Digital Reading Anatomy And Physiology Tortora Lab Manual Answers
  - Advantages of eBooks Over Traditional Books
- 2. Identifying Anatomy And Physiology Tortora Lab Manual Answers
  - Exploring Different Genres
  - Considering Fiction vs. Non-Fiction
  - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
  - Popular eBook Platforms
  - Features to Look for in an Anatomy And Physiology Tortora Lab Manual Answers
  - User-Friendly Interface
- 4. Exploring eBook Recommendations from Anatomy And Physiology Tortora Lab Manual Answers
  - Personalized Recommendations
  - Anatomy And Physiology Tortora Lab Manual Answers User Reviews and Ratings
  - Anatomy And Physiology Tortora Lab Manual Answers and Bestseller Lists
- 5. Accessing Anatomy And Physiology Tortora Lab Manual Answers Free and Paid eBooks
  - Anatomy And Physiology Tortora Lab Manual Answers Public Domain eBooks
  - Anatomy And Physiology Tortora Lab Manual Answers eBook Subscription Services
  - Anatomy And Physiology Tortora Lab Manual Answers Budget-Friendly Options
- 6. Navigating Anatomy And Physiology Tortora Lab Manual Answers eBook Formats

- o ePub, PDF, MOBI, and More
- Anatomy And Physiology Tortora Lab Manual Answers Compatibility with Devices
- Anatomy And Physiology Tortora Lab Manual Answers Enhanced eBook Features
- 7. Enhancing Your Reading Experience
  - Adjustable Fonts and Text Sizes of Anatomy And Physiology Tortora Lab Manual Answers
  - Highlighting and Note-Taking Anatomy And Physiology Tortora Lab Manual Answers
  - Interactive Elements Anatomy And Physiology Tortora Lab Manual Answers
- 8. Staying Engaged with Anatomy And Physiology Tortora Lab Manual Answers
  - Joining Online Reading Communities
  - Participating in Virtual Book Clubs
  - o Following Authors and Publishers Anatomy And Physiology Tortora Lab Manual Answers
- 9. Balancing eBooks and Physical Books Anatomy And Physiology Tortora Lab Manual Answers
  - Benefits of a Digital Library
  - Creating a Diverse Reading Collection Anatomy And Physiology Tortora Lab Manual Answers
- 10. Overcoming Reading Challenges
  - Dealing with Digital Eye Strain
  - Minimizing Distractions
  - Managing Screen Time
- 11. Cultivating a Reading Routine Anatomy And Physiology Tortora Lab Manual Answers
  - Setting Reading Goals Anatomy And Physiology Tortora Lab Manual Answers
  - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Anatomy And Physiology Tortora Lab Manual Answers
  - Fact-Checking eBook Content of Anatomy And Physiology Tortora Lab Manual Answers
  - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
  - Utilizing eBooks for Skill Development
  - Exploring Educational eBooks
- 14. Embracing eBook Trends
  - Integration of Multimedia Elements
  - Interactive and Gamified eBooks

#### **Anatomy And Physiology Tortora Lab Manual Answers Introduction**

In the digital age, access to information has become easier than ever before. The ability to download Anatomy And Physiology Tortora Lab Manual Answers has revolutionized the way we consume written content. Whether you are a student looking for course material, an avid reader searching for your next favorite book, or a professional seeking research papers, the option to download Anatomy And Physiology Tortora Lab Manual Answers has opened up a world of possibilities. Downloading Anatomy And Physiology Tortora Lab Manual Answers provides numerous advantages over physical copies of books and documents. Firstly, it is incredibly convenient. Gone are the days of carrying around heavy textbooks or bulky folders filled with papers. With the click of a button, you can gain immediate access to valuable resources on any device. This convenience allows for efficient studying, researching, and reading on the go. Moreover, the cost-effective nature of downloading Anatomy And Physiology Tortora Lab Manual Answers has democratized knowledge. Traditional books and academic journals can be expensive, making it difficult for individuals with limited financial resources to access information. By offering free PDF downloads, publishers and authors are enabling a wider audience to benefit from their work. This inclusivity promotes equal opportunities for learning and personal growth. There are numerous websites and platforms where individuals can download Anatomy And Physiology Tortora Lab Manual Answers. These websites range from academic databases offering research papers and journals to online libraries with an expansive collection of books from various genres. Many authors and publishers also upload their work to specific websites, granting readers access to their content without any charge. These platforms not only provide access to existing literature but also serve as an excellent platform for undiscovered authors to share their work with the world. However, it is essential to be cautious while downloading Anatomy And Physiology Tortora Lab Manual Answers. Some websites may offer pirated or illegally obtained copies of copyrighted material. Engaging in such activities not only violates copyright laws but also undermines the efforts of authors, publishers, and researchers. To ensure ethical downloading, it is advisable to utilize reputable websites that prioritize the legal distribution of content. When downloading Anatomy And Physiology Tortora Lab Manual Answers, users should also consider the potential security risks associated with online platforms. Malicious actors may exploit vulnerabilities in unprotected websites to distribute malware or steal personal information. To protect themselves, individuals should ensure their devices have reliable antivirus software installed and validate the legitimacy of the websites they are downloading from. In conclusion, the ability to download Anatomy And Physiology Tortora Lab Manual Answers has transformed the way we access information. With the convenience, cost-effectiveness, and accessibility it offers, free PDF downloads have become a popular choice for students, researchers, and book lovers worldwide. However, it is crucial to engage in ethical downloading practices and prioritize personal security when utilizing online platforms. By doing so, individuals can make the most of the vast array of free PDF resources available and embark on a journey of continuous learning and intellectual growth.

#### FAQs About Anatomy And Physiology Tortora Lab Manual Answers Books

What is a Anatomy And Physiology Tortora Lab Manual Answers PDF? A PDF (Portable Document Format) is a file format developed by Adobe that preserves the layout and formatting of a document, regardless of the software, hardware, or operating system used to view or print it. How do I create a Anatomy And Physiology Tortora Lab Manual Answers **PDF?** There are several ways to create a PDF: Use software like Adobe Acrobat, Microsoft Word, or Google Docs, which often have built-in PDF creation tools. Print to PDF: Many applications and operating systems have a "Print to PDF" option that allows you to save a document as a PDF file instead of printing it on paper. Online converters: There are various online tools that can convert different file types to PDF. How do I edit a Anatomy And Physiology Tortora Lab Manual Answers **PDF?** Editing a PDF can be done with software like Adobe Acrobat, which allows direct editing of text, images, and other elements within the PDF. Some free tools, like PDFescape or Smallpdf, also offer basic editing capabilities. How do I convert a Anatomy And Physiology Tortora Lab Manual Answers PDF to another file format? There are multiple ways to convert a PDF to another format: Use online converters like Smallpdf, Zamzar, or Adobe Acrobats export feature to convert PDFs to formats like Word, Excel, JPEG, etc. Software like Adobe Acrobat, Microsoft Word, or other PDF editors may have options to export or save PDFs in different formats. How do I password-protect a Anatomy And Physiology Tortora **Lab Manual Answers PDF?** Most PDF editing software allows you to add password protection. In Adobe Acrobat, for instance, you can go to "File" -> "Properties" -> "Security" to set a password to restrict access or editing capabilities. Are there any free alternatives to Adobe Acrobat for working with PDFs? Yes, there are many free alternatives for working with PDFs, such as: LibreOffice: Offers PDF editing features. PDFsam: Allows splitting, merging, and editing PDFs. Foxit Reader: Provides basic PDF viewing and editing capabilities. How do I compress a PDF file? You can use online tools like Smallpdf, ILovePDF, or desktop software like Adobe Acrobat to compress PDF files without significant quality loss. Compression reduces the file size, making it easier to share and download. Can I fill out forms in a PDF file? Yes, most PDF viewers/editors like Adobe Acrobat, Preview (on Mac), or various online tools allow you to fill out forms in PDF files by selecting text fields and entering information. Are there any restrictions when working with PDFs? Some PDFs might have restrictions set by their creator, such as password protection, editing restrictions, or print restrictions. Breaking these restrictions might require specific software or tools, which may or may not be legal depending on the circumstances and local laws.

Find Anatomy And Physiology Tortora Lab Manual Answers:

tips digital literacy

quick start cybersecurity

fan favorite emotional intelligence

international bestseller self help

advanced leadership skills

social media literacy ultimate guide

habit building tricks

ideas self help

fan favorite habit building

2025 edition investing

emotional intelligence global trend

tips habit building

complete workbook habit building

review social media literacy

ultimate guide trauma healing

#### **Anatomy And Physiology Tortora Lab Manual Answers:**

secret sun winter love art track youtube - Sep 16 2023

web oct 30 2020 winter love album available on all platforms smarturl it secretsun

winter love album by secret sun spotify - Jan 08 2023

web secret sun winter love are we going out tonight or should we stay in say i m just fine with eating this food again i don t know why

#### winter love story tv movie 2019 imdb - Apr 30 2022

web jan 1 1970 kindle 2 99 read with our free app audiobook 5 95 5 95 with discounted audible membership emily i tried to say no i did more than try i flat out turned him

#### winter love secret sun last fm - Dec 07 2022

web secret winter love 5 5 harlequin medical life and love in the world of modern medicine royal christmas at seattle general book 1 falling for the secret prince by alison

winter love secret cities thomas lyden youtube - Nov 06 2022

web instagram

secret sun winter love art track youtube - Jun 13 2023

web mar 10 2020 winter love by secret sun released 10 march 2020 are we going out tonight or should we stay in

secret winter love controlplane themintgaming com - Aug 03 2022

web apr 17 2023 secret winter is a beautiful calligraphy font perfect for crafting branding invitation stationery wedding designs social media posts advertisements we love

# secret sun winter love lyrics genius lyrics - Aug 15 2023

web oct 30 2020 winter love by secret sun released 30 october 2020 1 winter love 2 first thing in the morning 3 little pieces 4 birthday letter 5 incandescence 6 oiseau

secret sun winter love lyrics and tracklist genius - May 12 2023

web stream winter love by secret sun on desktop and mobile play over 320 million tracks for free on soundcloud winter love explicit by secret sun on amazon music - Feb  $09\ 2023$ 

web mar 15 2021 listen free to secret sun winter love winter love first thing in the morning and more 10 tracks 40 11 discover more music concerts videos and

couple shares their secret to 70 years of marriage alaska s - Jan 28 2022

#### winter love secret sun - Jul 14 2023

web oct 30 2020 secret sun released october 30 2020 winter love tracklist 1 winter love lyrics 2 first thing in the morning lyrics 3 little pieces lyrics 4 birthday letter

secret love tv series 2013 imdb - Sep 04 2022

web secret winter custom preview size secret winter à by sronstudio in script calligraphy 327 345 downloads 3 yesterday free for personal use download secret

summer secret winter love chapter 1 a sailor moon fanfic - Jun 01 2022

web provided to youtube by translation enterprises d b a united masterssecret love icey wintersecret love icey winterreleased on 2021 03 08music publisher

#### stream winter love by secret sun soundcloud - Mar 10 2023

web listen to winter love on spotify secret sun album 2020 10 songs  $secret\ love\ youtube$  - Dec 27 2021

#### winter love secret sun - Apr 11 2023

web check out winter love explicit by secret sun on amazon music stream ad free or purchase cd s and mp3s now on amazon com

secret winter font dafont com - Mar 30 2022

web 18 cad or more send as gift lyrics are we going out tonight or should we stay in say i m just fine with eating this food again i don t know why i chase the clouds like i really

secret winter free font - Feb 26 2022

web secret sun song 2020

winter love song and lyrics by secret sun spotify - Sep 23 2021

winter love secret sun - Oct 25 2021

instagram - Jul 02 2022

web oct 12 2023 a georgia couple celebrating 70 years of marriage shared their secret to long lasting love source wgxa macon ga wgxa the goal of every

the billionaire's secret love the winters saga book 2 - Nov 25 2021

secret sun winter love lyrics lhit - Oct 05 2022

web summer secret winter love summary one summer to satisfy his sexual needs mamoru uses his next door neighbor the girl child to his parent s best friend usagi

omr sheet 200 questions x4e6x1oypgn3 documents and e - Jun 29 2022

web mar 1 2017 need an omr sheet for 120 questions just a simple download and you can have as many printouts as you want omr home comes with verificare omr software

# 200 questions omr sheet pdf optical character recognition - Apr 08 2023

# amazon in omr sheet for 200 questions - Sep 01 2022

web pw neet omr sheets for practice and time management 100 omr sheets to attempt question upto 200 mcq s based on neet latest pattern 2023 by pw 5 paperback

#### omr test answer sheet checker omr test sheet form reader - Jul 31 2022

web may 3 2018 200 question omr sheet sample may 3 2018 tej 200 question omr sheet sample 200 question omr sheet sample download for free

100 question omr sheet sample omr test sheet - Feb 23 2022

web questions this book is a perfect revision text comprises structured questions based on pattern and scheme adopted in

examinations the comprehensive guide for pmp

free download omr sheet 200 questions pdf scribd - Jul 11 2023

web 200 questions omr sheet free download as pdf file pdf text file txt or read online for free

200 question omr sheet sample download for free - Oct 14 2023

web title 200 questions author dell created date 3 28 2022 8 12 29 am

sample omr sheet of 60 questions free download omr - Oct 02 2022

web omr sheet 200 questions uploaded by tech 4 evaluation october 2019 pdf bookmark download this document was uploaded by user and they confirmed that

how to fill in the omr answer sheet national testing agency - Nov 03 2022

web omr test sheet omr test sheets are commonly used for examinations or tests that have multiple choice or objective type questions instead of writing the answers in details

200 question omr sheet sample omr home blog - Apr 27 2022

web omr answer sheet 200 questions original indicating the details pertaining to you nid 2017 bhanwar rathore design studio may 2nd 2018 1 nid admission important date

200 questions omr sheet 1 pdf writing implements - Dec 04 2022

web amazon web services scalable cloud dpreview movies tv celebrities shopbop fashion brands amazon business 2 hour deliveryon everyday items

free pdf download omr answer sheet 200 questions original - Nov 22 2021

omr sheet for 100 questions sample omr sheet 2020 omr - Dec 24 2021

amazon in omr sheet 200 questions - May 29 2022

web here we have provided a 100 question omr sheet sample the questions are divided into five rows with 20 questions each every row has five sets and every question has

#### 200 questions omr sheet - Aug 12 2023

web 200 questions omr sheet free download as pdf file pdf text file txt or read online for free omrrr sheet

200 questions omr sheet pdf optical character recognition - Mar 07 2023

web 200 questions omr sheet 1 read online for free mdcat 2022 omr bubble sheet for practice

200 questions omr sheet pdf writing implements writing - May 09 2023

web feb 17 2020 omr sheets are a type of answer sheet used to key in answers prominently for multiple choice questions it

is the preferred method of making

#### omr sheet omr sheet pdf omr answer sheet - Jun 10 2023

web 200 questions omr sheet free download as excel spreadsheet xls xlsx pdf file pdf text file txt or read online for free omr sheet pdf download samples complete list admitkard - Feb 06 2023

web the test is of 3 hours duration and the test booklet contains 200 multiple choice questions four options with a single correct answer from physics chemistry and biology botany

# 200 question omr sheet sample download for - Sep 13 2023

web omr sheet 200 question mostly used in engineering exams or in civil service exams question may have 4 or 5 options free download this sample sheet and practice

omr answer sheet 200 questions original - Jan 25 2022

#### 120 questions sample omr sheet omr home blog - Mar 27 2022

web nov 20 2017 so here for your convenience some of the most commonly asked questions are mentioned to which you can find the answers what is the advantage of

# omr sheet omr home - Jan 05 2023

web jan 3 2017 omr home is presenting easy to download 60 questions omr sheet just one click and you can have this fully designed omr sheet for free with verificare omr

results for extending patterns worksheets tpt - Oct 09 2022

web pair with the math center task cards for a print and prep patterning unit includes ab extend pattern with 2 unknown  $x^2$  abc extend pattern with 3 unknown  $x^2$  abb extend pattern with 3 unknowns  $x^2$  extending patterns mixed  $x^2$  ab translate abc translateaa

#### identifying extending different types of patterns study com - Aug 07 2022

web this process of continuing the identified pattern is called extending the pattern in general extending a pattern involves first identifying the pattern and then continuing the pattern to unlock

#### extending tables patterns and rules teaching resources tpt - Jul 18 2023

web adventures in middle years this is an interactive powerpoint which allows students to practice and demonstrate an understanding of pattern rules extending patterns completing tables of values and creating their own patterns an example slide is

#### extending patterns function table printable worksheet with - May 16 2023

web apr 6 2011 extending patterns function table this flipchart contains function tables and patterns students must fill in

missing spaces in the tables and find the rule for each function table students must also fill in missing numbers in a sequence students get to create their own function tables and pattern sequences

# patterning with tables worksheets k12 workbook - Mar 02 2022

web patterning with tables displaying all worksheets related to patterning with tables worksheets are patterns and algebra grade 6 numerical patterns work 4 numeric and geometric patterns grade 8 extending tables patterns math grade 7 numerical patterns extending tables patterns math input output charts work extend number

# patterns and tables teaching resources teachers pay teachers - $Jul\ 06\ 2022$

web includes cover page 2 pages of center cards to find the rule and predict what numbers come in the future of the table 11 input output cards matching number table activity extending pattern activity where student must explain how they found the pattern encourages higher order thinking word problems involving money and extending

# mathrecreation extended multiplication tables - Sep 08 2022

web sep 16 2008 a surprisingly interesting structure is the extended multiplication table shown above for the numbers seven to ten the algorithm for drawing these is straight forward for an n extended table start out as if you were writing a regular multiplication table but extend each row so that it gets as close to without exceeding n another way

#### extending counting patterns worksheets for grade 1 k5 learning - May 04 2022

web extending counting patterns worksheets students extend ascending or descending counting patterns counts of 1 5 or 10 all numbers are less than 100 the last two worksheets have 2 rules e g add 2 then subtract 1 free math worksheets from k5 learning no login required

# lesson 3 extending tables generating and analyzing patterns in - Sep 20 2023

web when there is a consistent relationship that links the numbers in each row of a table it is possible to write a rule for the table this lesson introduces the idea of using a rule as a means

#### wcln showing and extending patterns using tables voutube - Aug 19 2023

web may 13 2020 use t tables to show and extend patterns this video was built as part of the learning resources provided by the western canadian learning network a non pro

extending patterns with exponents - Apr 15 2023

web extending patterns with exponents mathematics task suggested use this mathematics task is intended to encourage the use of mathematical practices keep track of ideas strategies and questions that you pursue as you work on the task also reflect on the mathematical practices you used when working on this task

results for extending patterns math tpt - Apr 03 2022

web this smart notebook lesson contains over 60 pages of identifying patterns such as what comes next in a series of

numbers and extending or growing patterns also included are practice pages about functions and predicting the input output of a function

extend patterns practice number patterns khan academy - Feb 13 2023

web the table uses the following two patterns pattern x starting number 15 rule add 10 pattern y starting number 12 rule add 3

extending tables worksheets teaching resources tpt - Mar 14 2023

web patterns in tables this resource is designed for third graders who need additional practice with number pairs in tables tek 3 5e involving multiplication and division the math intervention series was created based on a need for quick easy prep activities that could be used with students who ne

extend the pattern education development center - Jun 05 2022

web as children extend the pattern watch to see if they re able to recognize the pattern s repeating unit what is a repeating unit patterns repeat in predictable ways and a repeating unit is the part of the pattern that repeats over and over one example is the red white pattern of stripes on the united states flag red white red

#### math patterns table video math patterns khan academy - Oct 21 2023

web and then on this table which is identical you could fit six seven eight nine and then you could put one person at the end right over here so when you have two tables end to end you can fit a total of 10 people let's keep going and see if we can think of a pattern here

results for extending patterns tpt - Jan 12 2023

web patterns extend the number patterns tables included worksheets tests target group 1 grades 4 and 5 product description this product is great for teachers that are looking for a patterns activity that can be used as a pre test test or worksheet patterns math is fun - Dec 11 2022

web math explained in easy language plus puzzles games quizzes worksheets and a forum for k 12 kids finding and understanding patterns gives us great power with patterns we can learn to predict the future discover new things and better understand the world around us and playing with patterns is fun simple patterns see how good you

#### 4 15 extending patterns pdf teaching mathematics scribd - Nov 10 2022

web extending patterns sol 4 15 the student will recognize create and extend numerical and geometric patterns 1 suggested practice for sol 4 15 students need additional practice extending geometric patterns the first four figures are the core of this pattern the 18th figure in this pattern will be a

#### extending tables patterns math orientation sutd edu sg - Jun 17 2023

web extending tables patterns math extending patterns function table printable worksheet june 19th 2018 this flipchart

# **Anatomy And Physiology Tortora Lab Manual Answers**

contains function tables and patterns students must fill in missing spaces in the tables and find the rule for each function table students must also fill in missing numbers in a sequence