

FORD ECOSPORT 1.5L 6-Speed PowerShift Basic Periodic Maintenance Schedule

Kilometer		10,000	20,000	30,000	40,000	50,000	60,000	70,000	80,000	90,000	100,000
Months		6	12	18	24	30	36	42	48	54	60
Description	Capacity	Parts to be replaced									
Engine oil (Fully Synthetic Motor Oil)	4 liters	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Oil filter	1 piece	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Pollen filter	1 piece		✓		✓		✓		✓		✓
Fuel filter	1 piece		✓		✓		✓		✓		✓
Brake Fluid 0.473 L (WSS-M2C95-A2)	1 bottle				✓				✓		
Spark plugs	4 pieces				✓				✓		
Engine air filter	1 piece				✓				✓		
Engine coolant		The Ford Ecosport uses Motorcraft Super Plus Concentrated Orange coolant is replaced every 150,000 kms*									
Automatic transmission fluid		The Ford Ecosport is filled with transmission fluid for life									
Total parts and labor price exclusive of VAT (Pkg)		1,960	5,720	3,470	11,900	3,000	6,960	3,000	11,500	3,470	6,200
Total parts and labor price inclusive of VAT (Pkg)		2,180	6,800	3,800	12,880	3,470	7,150	3,470	12,650	3,800	6,800

*with normal vehicle use

**Miscellaneous (brake cleaner, rags, gloves, etc.) are excluded from the total parts and labor. For more details on other parts, please refer to Ford Owners Manual or Ford Owner App.

***Additional parts such as tires, batteries, brake pads, wiper blades and other parts necessary may be recommended by your Service Advisor. These parts have a separate cost and labor charge. For more details on other parts, please refer to Ford Owners Manual or Ford Owner App.

***Prices as of April 2018



2008 Ford Focus Scheduled Maintenance Guide

Clare Redman



2008 Ford Focus Scheduled Maintenance Guide:

The Handbook of Career Advising Kenneth F. Hughey, Dorothy Nelson, Joanne K. Damming, Betsy McCalla-Wriggins, 2012-06-07 The Handbook of Career Advising The Handbook of Career Advising not only provides a general introduction to this important academic advising function but offers many practical applications that can help students make realistic and timely career decisions As students face an ever changing and complex workplace helping them integrate their academic and career decisions has never been more important This book is an excellent resource for advisors it helps them become more cognizant of the critical role they play and will facilitate the development of the knowledge and competencies required to perform this important advising task Virginia Gordon associate professor emeritus The Ohio State University This book provides a wealth of information for anyone whose work involves helping students discover how intentional choices in curricular and cocurricular educational experiences can prepare them for tomorrow s workplace The theoretical foundations information and resources frameworks for practice and recommendations for the future included in this book will guide academic advisors as they positively influence students lives by helping them systematically and enthusiastically approach their career development Mary Stuart Hunter assistant vice provost National Resource Center for The First Year Experience and Students in Transition University of South Carolina The Handbook of Career Advising provides excellent information resources and examples of how academic advisors can become more knowledgeable and comfortable in providing career advising Here authors address critical issues such as diversity working with specific student groups and working with undecided or exploratory students This book provides examples that illustrate how career and academic advising are significant parts of the teaching and learning process that support student success on our campuses Casey Self executive director Academic Advising University College Arizona State University and 2009 NACADA president **The Handbook of Health Behavior Change, 4th Edition** Kristin A. Riekert, PhD, Judith K. Ockene, PhD, Lori Pbert, Ph.D., 2014 Print CourseSmart *Handbook of Public Administration* W. Bartley Hildreth, Gerald Miller, Evert L Lindquist, 2021-04-26 Public administration as a field of study finds itself in the middle of a fluid environment The very reach and complexity of public administration has been easy to take for granted easy to attack and difficult to explain particularly in the soundbite and Twitter snipe media environment Not only has the context for the discipline changed but the institutions of public administration have adapted and innovated to deliver services to the public and serve those in power while becoming increasingly complex themselves Has public administration evolved And what new lines of research are critical for effective policy and delivery of programs and public services while preserving foundational principles such as the rule of law and expert institutions This Handbook of Public Administration sheds light for new researchers doctoral students scholars and practitioners interested in probing modern public administration s role in solving major challenges facing nations and the world This fourth edition recognizes that the scholarship of public administration must reflect the diverse influence of an

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Handbook of Quality of Life for Individuals with Autism Spectrum Disorder Justin B. Leaf, Joseph H. Cihon, Julia L. Ferguson, Peter F. Gerhardt, 2022-06-01 This handbook offers a comprehensive examination of wide ranging issues relevant to adults diagnosed with autism spectrum disorder Coverage includes a detailed review of such issues as psychiatric comorbidity family relationships education living in different settings e g group homes community meaningful and effective interventions functional goals e g social language vocational and adaptive behaviors and curriculum In addition the book provides unique perspectives of parents as well as individuals diagnosed with autism spectrum disorder who have reached adulthood Key areas of coverage include Transitioning adults diagnosed with autism spectrum disorder from educational settings to vocational settings Strategies that can help create independence for adults diagnosed with autism spectrum disorder Effective approaches to address issues relating to sexuality for adults diagnosed with autism spectrum disorder The effectiveness of early intensive behavioral intervention to help adults diagnosed with autism spectrum disorder Handbook of Quality of Life for Individuals with Autism Spectrum Disorder is an essential reference for researchers professors and graduate students as well as clinicians therapists and related professionals in clinical child and school psychology social work behavioral therapy and related disciplines including clinical medicine clinical nursing counseling speech and language pathology and special education

Estimating Life Expectancies of Highway Assets Paul David Thompson, Kevin Matthew Ford, 2012 Volume 1 addresses how to apply a methodology for estimating the life expectancies of major types of highway system assets The methodology is designed for use in lifecycle cost analyses that support management decision making Volume 2 describes the technical issues and data needs associated with estimating asset life expectancies and the practices used in a number of fields such as the energy and financial industries to make such estimates

Estimating Life Expectancies of Highway Assets, Volume 2: Final Report Paul David Thompson, Kevin Matthew Ford, 2012 TRB's National Cooperative Highway Research Program NCHRP Report 713 Estimating Life Expectancies of Highway Assets Volume 2 Final Report describes the technical issues and data needs associated with estimating asset life expectancies and the practices used in a number of fields such as the energy and financial industries to make such estimates

Willings Press Guide Clare Redman, 2007-12 This press guide aims to provide a comprehensive accurate and informative guide to the UK press both print and broadcast and to give details about

the leading newspapers and periodicals in the United Kingdom Handbook of Research on Teaching Drew Gitomer, Courtney Bell, 2016-05-19 The Fifth Edition of the Handbook of Research on Teaching is an essential resource for students and scholars dedicated to the study of teaching and learning This volume offers a vast array of topics ranging from the history of teaching to technological and literacy issues In each authoritative chapter the authors summarize the state of the field while providing conceptual overviews of critical topics related to research on teaching Each of the volume's 23 chapters is a canonical piece that will serve as a reference tool for the field The Handbook provides readers with an unparalleled view of the current state of research on teaching across its multiple facets and related fields *Routledge Handbook of Sports Therapy, Injury Assessment and Rehabilitation* Keith Ward, 2015-09-16 The work of a sports therapist is highly technical and requires a confident responsible and professional approach The Routledge Handbook of Sports Therapy Injury Assessment and Rehabilitation is a comprehensive and authoritative reference for those studying or working in this field and is the first book to comprehensively cover all of the following areas Sports Injury Aetiology Soft Tissue Injury Healing Clinical Assessment in Sports Therapy Clinical Interventions in Sports Therapy Spinal and Peripheral Anatomy Injury Assessment and Management Pitch side Trauma Care Professionalism and Ethics in Sports Therapy The Handbook presents principles which form the foundation of the profession and incorporates a set of spinal and peripheral regional chapters which detail functional anatomy the injuries common to those regions and evidence based assessment and management approaches Its design incorporates numerous photographs figures tables practitioner tips and detailed sample Patient Record Forms This book is comprehensively referenced and multi authored and is essential to anyone involved in sports therapy from their first year as an undergraduate to those currently in professional practice *Severe Sepsis Care in the Emergency Department, An Issue of Emergency Medicine Clinics of North America* John C. Perkins Jr, Michael E. Winters, 2016-12-02 Drs John C Perkins and Michael E Winters have assembled an expert team of authors on the topic of Sepsis in the Emergency Department Article topics include Defining and Diagnosing Sepsis Appropriate Antibiotic Therapy Severe Sepsis Resuscitation in Resource Limited Settings Source Control in Severe Sepsis Considerations in Special Populations with Severe Sepsis Pediatric Severe Sepsis Resuscitation The New Usual Care Prehospital Sepsis Care Endpoints of Sepsis Resuscitation Pitfalls in the Diagnosis Treatment and Disposition of Severe Sepsis Biomarkers in Sepsis Vasopressors and Inotropes in Sepsis and Sepsis Quality Measures and Performance Improvement MSDN Magazine, 2009 **Prevention and Management of Cardiovascular and Metabolic Disease** Peter Kokkinos, Christina N. Katsagoni, Labros S. Sidossis, 2023-04-13 Prevention and Management of Cardiovascular and Metabolic Disease Provides accurate and well documented information on the impact of diet and physical activity in the prevention and management of cardiovascular and metabolic diseases and healthy aging This authoritative textbook examines the independent and combined impact of diet and physical activity in the prevention and management of cardiovascular and metabolic diseases

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Financial Services and General Government Appropriations for 2008 United States. Congress. House. Committee on Appropriations. Subcommittee on Financial Services and General Government, 2007 *Department of Defense Authorization for Appropriations for Fiscal Year 2008* United States. Congress. Senate. Committee on Armed Services, 2008 **Lemon-Aid Used Cars and Trucks 2012-2013** Phil

Edmonston, 2012-05-19 A guide to buying a used car or minivan features information on the strengths and weaknesses of each model a safety summary recalls warranties and service tips [The Rough Guide to India](#) David Abram, Nick

Edwards, Mike Ford, Daniel Jacobs, Shafik Meghji, Devdan Sen, Gavin Thomas, 2013-10-01 More a continent than a county India is an overload for the senses From the Himalayan peaks of Sikkim to the tropical backwaters of Kerala the desert forts of Rajasthan to the mangroves of West Bengal India's breathtaking diversity of landscapes is matched only by its range of cultures cuisines religions and languages The new full colour Rough Guide to India gives you the lowdown on this beguiling country whether you want to hang out in hyper modern cities or explore thousand year old temples track tigers through the forest or take part in age old festivals get a taste of the Raj or watch a cricket match And easy to use maps reliable transport advice and expert reviews of the best hotels restaurants bars clubs and shops for all budgets ensure that you won't miss a thing Make the most of your time with The Rough Guide to India Now available in ePub format **Hematology: Basic**

Principles and Practice E-Book Leslie E. Silberstein, John Anastasi, 2017-06-14 Get the expert guidance you need to offer your patients the best possible outcomes with Hematology Basic Principles and Practice 7th Edition This thoroughly up to date text contains both unparalleled scientific content and must know clinical guidance so you can enhance your problem solving skills and make optimal use of the newest diagnostic techniques and therapeutic options in this fast changing field

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