DIGESTIVE SYSTEM

MONOMERS:

Fats = Fatty acids and monoglycerides

Proteins = amino acids

Carbohydrates, starches = monosaccharides

DIGESTION

- Breakdown of food into smaller pieces.
- Allows absorption to occur.
- There are two types: Mechanical digestion (stomach) and Chemical digestion (intestine).

DIGESTIVE SYSTEM FUNCTIONS

- Motility: movement of food by peristalsis. Sphincters need to relax.
- > Ingestion by mastication or deglutition.
- Secretion of exocrine [water, HCl, bicarb, digestive enzymes] and endocrines enzymes [hormones that aid in regulation].

LAYERS OF THE GITRACT

- 1. MUCOSA
- Absorption and secretion.
- Lines lumen.
- Composed of simple columnar epithelium, lamina propia, muscularis mucosa.
- > It is what gets in contact with the food you're eating.
- 2. SUBMUCOSA
- > It is a vascular connective tissue layer.
- Contains glands and nerve plexuses.
- The guts have their own neuron system called Enteric Nervous System, that contains the submucosa plexus and the myenteric plexus.
- Submucosa plexus is the submucosa that regulates primarily secretion of hormones, enzymes, etcetera.
- 3. MUSCULARIS EXTERNA
- It where segmentation and peristalsis occur to forward movement.
- Contains the Myenteric plexus is found between the muscle layers, and regulates motility.
- Myenteric plexus is the major nerve supply to GI tract, SNS inhibits the myenteric plexus, slows it down; while the PNS stimulates it, speeds it up.
- 4. SEROSA

Which of the following is true regarding the myenteric plexus?

- 1. It is found in the submucosa
- 2. It helps regulate motility
- 3. It is innervated by alpha motor neurons
- 4. None of the above



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