

Muscular System

- The flesh or “Meat” (SARCO / MYO)
- The “ Engines of the body”
- About 40-50% of the body weight
- Bundle of fibers having properties of contraction and relaxation in which motion is produced.

Did you know that?

There are as many as **850** muscles in the human body.

There are about **620** are voluntary muscles.

Muscles

- Are composed of cells specialized for
 - Contractility
 - Extensibility
 - Elasticity
- Together with skeletal system produce movement.

Chemical Composition

Muscles contain about:

- 75% water
- 20% protein
- 5% carbohydrates, lipid, inorganic salts, ATP and phosphocreatine

GLYCOGEN - is the main CHO in the muscle derived from glucose (about 0.5-1.0% of the muscle)

Purposes of muscle function

1. Contraction for locomotion and skeletal movement
2. contraction for propulsion
3. contraction for pressure regulation

General Function

A. Locomotion

- Skeletal muscles produce movement of the body or its part through contraction and relaxation.
- Muscles move the bones around the joints.

B. Maintenance of Posture

- The continued partial contraction of skeletal muscles make possible standing, sitting and other maintained position.

C. Heat production

- Muscle cells produce heat by catabolism.
- Skeletal muscles are the heating plant of the body.
- 25% efficient in converting chemical energy into work.
 - *Shivering indicates the need to generate heat through muscle contraction*

D. Heart Contraction

- Pumping motion of the heart propels blood through the body.

E. Respiration

- Respiratory muscles like the diaphragm and intercostal muscles continue to function as long as we live.

F. Peristalsis

- Movement of nutrient materials along GIT

G. Urine transport from the kidney To the bladder

H. Bladder emptying

I. Defecation

- Bowel elimination

J. Helps In labor and delivery

- Uterine contraction until the birth of the baby.

Answer Key Anatomy Ch 7 Muscular System

Bruce Wingerd, Patty Bostwick Taylor



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Reviewing **Answer Key Anatomy Ch 7 Muscular System**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is really astonishing. Within the pages of "**Answer Key Anatomy Ch 7 Muscular System**," an enthralling opus penned by a highly acclaimed wordsmith, readers set about an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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