

Respiratory System Lab Activities

Lab 1: Build-A-Lung

Your lungs are so important, but they are often given more credit than they deserve. Your lungs are responsible for the exchange of gas between the atmosphere and the blood, or **external respiration**. Your lungs are NOT responsible for inflating and deflating themselves, though! Beneath your lungs sits a sheet of muscle known as the diaphragm. Like all muscles, this skeletal muscle sheet contracts and relaxes. When the diaphragm contracts, it pulls down towards the abdominal cavity, making the thoracic cavity larger. A larger space means less pressure and more room for your lungs! This decrease in pressure causes your lungs to inhale. When the diaphragm relaxes, it pushes up into the thoracic cavity, making it smaller. This increase in pressure on your lungs forces them to exhale.

Using the reading above, fill out the following chart on the action of the diaphragm.

Diaphragm Action	Contract	Relax
Does the diaphragm move up or down?	down	up
Does this make the thoracic cavity larger or smaller?	larger	smaller
Does this increase or decrease pressure on the lungs?	decrease	increase
Does it cause the lungs to inhale or exhale?	inhale	exhale

In this portion of the lab, you are going to build a model of the diaphragm and lungs. Your teacher should have provided you with the following resources:

- Plastic 16 oz bottle with no lid and the bottom cut off
- Two balloons

How to build a lung:

Step 1: Take one of the balloons and cut the neck off right as it starts to widen into the main part of the balloon.



Answer Key To Respiratory Interactive Physiology

**Feng Kong, Aaron Shain Heller, Carien
M. van Reekum, Wataru Sato**

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Lewis's Adult Health Nursing I and II: Assessment and Management of Clinical Problems_5SAE 2V - E-Book

Chintamani, Dr. L. Gopichandran, Mrinalini Mani, 2024-05-20 The 12th edition of Lewis's Medical Surgical Nursing served as the model for Lewis's Adult Health Nursing I II Fifth South Asia Edition which offers a thorough authentic approach to medical surgical nursing or adult health nursing in a clear approachable manner for students This fifth South Asia edition has been thoroughly revised to incorporate the most current information in a format that is easy to learn and practice Not just a textbook this edition is a reference for essential information needed by the students for preparing for all international nursing examinations Additionally it can serve as a vital companion in clinics operating rooms and emergency settings to standardize patient care in all settings

Laboratory Manual for Anatomy and Physiology Connie Allen, Valerie Harper, 2020-12-10 Laboratory Manual for Anatomy Physiology 7th Edition contains dynamic and applied activities and experiments that help students both visualize anatomical structures and understand complex physiological topics Lab exercises are designed in a way that requires students to first apply information they learned and then critically evaluate it With many different format options available and powerful digital resources it's easy to customize this laboratory manual to best fit your course While the Laboratory Manual for Anatomy and Physiology is designed to complement the latest 16th edition of Principles of Anatomy Physiology it can be used with any two semester A P text

Exercise Physiology Nick Draper, Helen Marshall, 2014-12-05 Exercise Physiology for Health and Sports Performance brings together all the essential human anatomy and applied physiology that students of exercise science physical education and sports coaching need to know Written in a friendly accessible style and containing a wide range of features to help develop understanding this book provides a complete one stop shop for exercise physiology The book is split into two key parts Part One introduces the fundamental principles of nutrition biochemistry cell biology and the energy systems Part Two builds on this foundation by applying the theory to exercise and sports performance in practice With this innovative approach the text enables you to become confident in your knowledge and understanding of energy generation and training principles for all sports Including coverage of exercise in extreme environments and applications of physical activity for health this will be the only exercise physiology textbook you will need

Anatomy & Physiology with Brief Atlas of the Human Body and Quick Guide to the Language of Science and Medicine - E-Book Kevin T. Patton, Frank B. Bell, Terry Thompson, Peggie L.

Williamson, 2022-03-21 A P may be complicated but learning it doesn't have to be Anatomy Physiology 11th Edition uses a clear easy to read approach to tell the story of the human body's structure and function Color coded illustrations case studies and Clear View of the Human Body transparencies help you see the Big Picture of A P To jump start learning each unit begins by reviewing what you have already learned and previewing what you are about to learn Short chapters simplify concepts with bite size chunks of information Conversational storytelling writing style breaks down information into brief chapters and

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care plans incorporated within the textbook focusing on nursing assessment diagnoses intervention and outcome applying them to nursing practice Several new pathophysiology maps added to the chapters National programs added National Blindness Control Program National Deafness Control Program Indian Transplantation programs Other topics incorporated in the text Eye banking Post heart transplant follow up management with checklist Nursing management of patients in emergency and disaster situations Highlights of newly introduced courses e g Nurse Practitioner Midwifery Hospice care in India National Pressure Ulcer Advisory Panel NPUAP guidelines for assessment of pressure ulcers Screening for breast cancer and cervical cancer Content on occupational and industrial disorders added Ancillary Content on MedEnact Website Educator Resources TEACH for Nurses lesson plans PowerPoint presentations Image Collection Nursing Care Plans Student Resources Key Points Review Questions Case Studies Answer Keys for Case Studies and Rationales for Bridge to NCLEX Examination questions Nursing Care Plans

Digital Interaction and Machine Intelligence Cezary Biele, Janusz Kacprzyk, Wiesław Kopeć, Jakub Możaryn, Jan W. Owsinski, Andrzej Romanowski, Marcin Sikorski, 2025-10-03 This book presents the Proceedings of the 12th Machine Intelligence and Digital Interaction Conference and it combines two disciplines of research The rapid progress in artificial intelligence research and the widespread use of interactive technologies are fundamentally changing our daily lives This has given rise to new social dynamics compelling nations around the world to develop new insights and strategies Addressing these changes effectively demands a multidisciplinary strategy uniting experts from AI and human computer interaction with both academic researchers and industry practitioners The proceedings from the 2024 MIDI conference offer the latest research on the convergence of these two formerly separate fields

The Tribute of Physiology for the Understanding of COVID-19 Disease Georges Leftheriotis, Denis Noble, Susan Wray, Emmanuelle Vidal-Petiot, Adriana Castello Costa Girardi, Matthew A. Bailey, Deborah Schechtman, Ravi Nistala, 2021-11-23

The New Frontier of Network Physiology: From Temporal Dynamics to the Synchronization and Principles of Integration in Networks of Physiological Systems Plamen Ch. Ivanov, Andras Eke, Olga Sosnovtseva, 2022-02-17

MCQs for NEET-PG Physiology Dr. Priyanka Gupta Manglik, 2024-08-10 Designed to enhance understanding of human physiology this MCQ collection covers all major systems helping students prepare for postgraduate entrance exams effectively

Aquatic Animal Respiration and Cough Response Applied to Innovative Environmental Biomonitoring Richard W. Carlson, 2000

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Insights in integrative physiology: 2021 James Todd Pearson, Jacqueline Kathleen Phillips, Geoffrey A. Head, 2023-04-24

Exercise Prescription - The Physiological Foundations Kate Woolf-May, 2007-09-08 Using research based evidence this text provides current rationale for the types intensity and duration of physical activity that may be prescribed to populations with commonly occurring chronic ailments The relationship between the etiology of these conditions and the physiological effects of physical exercise for these groups of patients is explained This text is ideal for

students on courses encompassing health related exercise and exercise prescription such as sports science physical therapy and occupational therapy as well as exercise professionals who may deal with rehabilitation of special populations The book is also an ideal reference for fitness instructors sports trainers and medical professionals In depth investigation into the growing areas of exercise prescription in relation to commonly encountered medical conditions The book follows a consistent structure throughout aiding the reader s comprehension and allowing ease of reference Contraindications are provided as well as guidelines for effective physical activity prescriptions The author avoids giving specific prescriptions allowing the professional to judge from the evidence at hand what is best for each individual patient Encourages real world application of ideas presented A detailed glossary defines and explains terminology vital and unique to this field of study *Resources in Education* ,1983

Human Physiology Gillian Pocock,Christopher D. Richards,David A. Richards,2018 The new edition has been significantly revised to include an expanded problem section at the end of each chapter with more quantitative examples and some clinical problems where appropriate The clinical physiology chapter is now broken into several short chapters *From childbearing to childrearing: Parental mental health and infant development* Sandra Nakić Radoš,Susan Ayers,Antje Horsch,2023-02-06

[Encyclopedia of Sleep](#) ,2013-01-17 In a world of 24 hour media saturation sleep has become an increasingly fraught enterprise The award winning four volume Encyclopedia of Sleep Four Volume Set is the largest reference either online or in print on the subject of sleep Written to be useful for the novice and the established researcher and clinician Topic areas will include sleep across the life cycle and in other species sleep and women sleep and the elderly pediatric sleep sleep deprivation and loss sleep mechanisms sleep physiology and pathophysiology sleep disorders neurobiology chronobiology pharmacology and impact of other disorders on sleep Recognizing the many fields that are connected to sleep science the editorial team has been carefully chosen to do justice to this highly interdisciplinary field of study The steady growth of researchers and clinicians in the sleep field attests to the continued interest in the scientific study of sleep and the management of patients with sleep disorders and anyone involved in this exciting field should find this work to be an invaluable reference 2013 PROSE Award winner for Multivolume Reference in Science from the Association of American Publishers Thoroughly interdisciplinary looks at sleep throughout the life cycle with exceptional coverage of basic sleep concepts the physiology of sleep as well as sleep disorders of all descriptions Excellent coverage of sleep and special populations covering the lifespan as well as gender and ethnic differences among others Chapters focusing on sleep disorders are grouped under the broad categories classified in the ICD-10 for clear organization so that the reader can effectively access the steps involved in diagnosing and treating these disorders Online version is linked both within the encyclopedia to related content and to external sources such as primary journal content so that users have easy access to more detailed information if needed [Benumof and Hagberg's Airway Management](#) Jonathan Benumof,2012-09-24 Enhance your airway management skills and overcome clinical challenges with Benumof and Hagberg s This one of a kind

resource offers expert full color guidance on preintubation and postintubation techniques and protocols from equipment selection through management of complications Back cover *Interaction between traditional chinese medicine and gut microbiota* Xiaolin Tong,Linhua Zhao,Rudolf Bauer,Jun Wang,2023-10-03

Answer Key To Respiratory Interactive Physiology: Bestsellers in 2023 The year 2023 has witnessed a remarkable surge in literary brilliance, with numerous engrossing novels enthralling the hearts of readers worldwide. Lets delve into the realm of popular books, exploring the captivating narratives that have enthralled audiences this year. The Must-Read : Colleen Hoover's "It Ends with Us" This touching tale of love, loss, and resilience has captivated readers with its raw and emotional exploration of domestic abuse. Hoover masterfully weaves a story of hope and healing, reminding us that even in the darkest of times, the human spirit can succeed. Uncover the Best : Taylor Jenkins Reids "The Seven Husbands of Evelyn Hugo" This captivating historical fiction novel unravels the life of Evelyn Hugo, a Hollywood icon who defies expectations and societal norms to pursue her dreams. Reids absorbing storytelling and compelling characters transport readers to a bygone era, immersing them in a world of glamour, ambition, and self-discovery. Answer Key To Respiratory Interactive Physiology : Delia Owens "Where the Crawdads Sing" This mesmerizing coming-of-age story follows Kya Clark, a young woman who grows up alone in the marshes of North Carolina. Owens spins a tale of resilience, survival, and the transformative power of nature, captivating readers with its evocative prose and mesmerizing setting. These popular novels represent just a fraction of the literary treasures that have emerged in 2023. Whether you seek tales of romance, adventure, or personal growth, the world of literature offers an abundance of compelling stories waiting to be discovered. The novel begins with Richard Pape, a bright but troubled young man, arriving at Hampden College. Richard is immediately drawn to the group of students who call themselves the Classics Club. The club is led by Henry Winter, a brilliant and charismatic young man. Henry is obsessed with Greek mythology and philosophy, and he quickly draws Richard into his world. The other members of the Classics Club are equally as fascinating. Bunny Corcoran is a wealthy and spoiled young man who is always looking for a good time. Charles Tavis is a quiet and reserved young man who is deeply in love with Henry. Camilla Macaulay is a beautiful and intelligent young woman who is drawn to the power and danger of the Classics Club. The students are all deeply in love with Morrow, and they are willing to do anything to please him. Morrow is a complex and mysterious figure, and he seems to be manipulating the students for his own purposes. As the students become more involved with Morrow, they begin to commit increasingly dangerous acts. The Secret History is a brilliant and gripping novel that will keep you speculating until the very end. The novel is a cautionary tale about the dangers of obsession and the power of evil.

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