# American Heart Association BLS (Basic Life Support) Questions and Answers Rated A

When you first see a potential victim. ✓ ✓ When do you ensure a scene is safe?

A victim who is unresponsive, not breathing and has no pulse. 

Which victim requires CPR?

Head tilt-chin lift ✓ ✓ This is the best method to open an airway of an unresponsive victim with no suspected neck injury.

10 seconds √√The maximum time you check for a pulse.

Bag-mask device ✓ ✓ A device used for a 2-person rescue to provide breaths during CPR.

2 inches (5cm) √√ The recommended depth of chest compressions for an adult victim.

Give breaths without chest compressions,  $\checkmark\checkmark$  When a child has a pulse of more than 60/min but is not breathing, what should you do?

30:2 √√ The compression-ventilation ratio for 1-rescuer adult CPR.

Creates blood flow 

Why is important to compress to the appropriate depth during CPR?

Creates blood flow

100 compressions per minute ✓√ The rate for performing chest compressions for ALL victims.

Minimizes air from entering the victim's stomach (gastric inflation) ✓ ✓ Why do you give a breath just until you see the chest rise?

# **Answer Questions About Life**

**John Swinton** 

## **Answer Questions About Life:**

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