

Anatomy of the Muscular System Worksheet

Multiple Choice

1. An entire skeletal muscle is covered by a coarse sheath called
 - a. Endomysium
 - b. Perimysium
 - c. Epimysium
 - d. Aponeurosis
2. Muscles that are arranged like feathers in a plume are described as
 - a. Parallel
 - b. Convergent
 - c. Sphincter
 - d. Pennate
3. Aponeurosis is
 - a. Broad and flat
 - b. Tube-shaped
 - c. Featherlike
 - d. Circular
4. Antagonists are muscles that
 - a. Oppose prime movers
 - b. Facilitate prime movers
 - c. Stabilize muscles
 - d. Directly perform movements
5. A fixed point about which a rod moves is called a
 - a. lever
 - b. bone
 - c. belly
 - d. fulcrum
6. In first-class levers the
 - a. Fulcrum is between the load and the force
 - b. Load is between the fulcrum and force
 - c. Force is between the fulcrum and load
 - d. Load and force are equal
7. All of the following are rotator cuff muscles except
 - a. Deltoid
 - b. Infraspinatus
 - c. Supraspinatus
 - d. Teres minor
8. The muscle that shrugs the shoulders is the
 - a. Sternocleidomastoid
 - b. Deltoid
 - c. Trapezius
 - d. Pectoralis major
9. The posterior arm muscle that extends the forearm is the
 - a. triceps brachii
 - b. brachioradialis
 - c. brachialis
 - d. biceps brachii
10. The muscles of the quadriceps femoris include all of the following except
 - a. Vastus intermedius
 - b. Vastus medialis
 - c. Vastus lateralis
 - d. Vastus femoris
11. The anterior superior iliac spine is the site of origin for the
 - a. Sartorius
 - b. Rectus femoris
 - c. Gracilis
 - d. Iliacus
12. Plantar flexion of the foot is achieved by the
 - a. Tibialis anterior
 - b. Tibialis posterior
 - c. Peroneus brevis
 - d. Soleus
13. The muscles of the hamstring include all of the following except
 - a. Iliopsoas
 - b. Semitendinosus
 - c. Semimembranosus
 - d. Biceps femoris
14. Which of the following muscles does not move the upper arm?
 - a. Pectoralis major
 - b. Latissimus dorsi
 - c. Deltoid
 - d. Trapezius
15. The origin of a muscle is on the femur, and the insertion is on the tibia. When it contracts, it bends the knee. Which of the following is true?
 - a. The knee is acting as a fulcrum
 - b. It is an example of a first-class lever
 - c. It is an example of a second-class lever
 - d. A and C
16. The origin of a muscle is on the femur, and the insertion is on the tibia. When it contracts, it bends the knee. The fibers run parallel. What term might be a part of its name?
 - a. Rectus
 - b. Oblique
 - c. Femoris
 - d. A and C
17. Which of the following is not a function of all muscle?
 - a. Excitability
 - b. Elasticity
 - c. Relaxability
 - d. Contractility

Anatomy And Physiology Test Muscle System Test

S.A. Taylor



Anatomy And Physiology Test Muscle System Test:

Mosby's Guide to Physical Examination Henry M. Seidel, 2011-01-01 With a strong patient centered approach to care and an author team comprised of nurses and physicians Seidel's Guide to Physical Examination 8th Edition addresses teaching and learning health assessment in nursing medical and a wide variety of other health care programs at both undergraduate and graduate levels This new edition offers an increased focus on evidence based practice and improved readability along with integrated lifespan content and numerous special features such as Clinical Pearls and Physical Variations Functional Assessment and Staying Well boxes Evidence Based Practice in Physical Examination boxes supply you with current data on the most effective techniques for delivering quality patient care Clinical Pearls lend insights and clinical expertise to help you develop clinical judgment skills Functional Assessment boxes present a more holistic approach to patient care that extends beyond the physical exam to patients functional ability Staying Well boxes focus you on patient wellness and health promotion Risk Factor boxes provide opportunities for patient teaching or genetic testing for a variety of conditions Differential diagnosis content offers you an understanding of how disease presentations vary and specific information for how to make diagnoses from similar abnormal findings Abnormal Findings tables equip you with a quick illustrated reference that allows for comparisons of various abnormalities along with key symptoms and underlying pathophysiology Sample Documentation boxes clarify appropriate professional language for the process of recording patient assessment data NEW Advance Practice Skills highlighted throughout text makes identification and reference easier for students NEW Updated content throughout provides you with cutting edge research and a strong evidence based approach to care NEW Vital Signs and Pain Assessment Chapter groups important foundational tasks together for easy reference in one location NEW Improve readability ensures content remains clear straightforward and easy to understand NEW Updated illustrations and photographs enhances visual appeal and clarifies anatomic concepts and exam techniques

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Comparative Tests of Instruments for Determining Atmospheric Dusts United States. Public Health Service,1924

ATI TEAS Strategies, Practice & Review with 2 Practice Tests Kaplan Nursing,2017-01-03 Provides comprehensive exam review as well as test taking strategies and study techniques

Phlebotomy Exam Review Ruth E. McCall,2023-08-15 Phlebotomy Exam Review Eighth Edition provides a comprehensive review of current phlebotomy theory and offers an ideal way to study for phlebotomy licensing or national certification exams It also makes for an excellent study tool for students taking formal phlebotomy training programs By answering the questions in this review student can test their knowledge and application of current phlebotomy theory Theory questions address recent federal safety standards Clinical and Laboratory Standards Institute CLSI guidelines and the National Accrediting Agency for Clinical Laboratory Sciences NAACLS phlebotomist competencies when applicable Questions are standard multiple choice like those used on national exams with choices that often test your critical thinking abilities

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Review Questions for Phlebotomy S.A. Taylor,2000-08-15

This is a large format review text with approximately 400 questions and full paragraph answers for the American Society of Clinical Pathologists Phlebotomy Technician Examination The book is in nine sections covering phlebotomy techniques equipment specimen processing and handling laboratory operations and the basic anatomy and physiology required for the Phlebotomy Technician examination Each section opens with a topical review followed by the questions and answers for that section

U.S. Government Research Reports ,1964

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Moini,2011-04-04 Anatomy and Physiology for Health Professionals provides a reliable complete resource and reference on human anatomy and physiology This comprehensive and accessible text is written specifically for health professions students and covers the most important topics and concepts to adequately prepare them for their future careers Organized by review of structure and function the subjects and systems covered in the book are easy to read and provide a concentrated core of study topics that highlights key areas of human anatomy and physiology Features Over 350 Full color Photos Figures Tables and Illustrations Glossary of Key Terms Check Your Knowledge Boxes Chapter Objectives and Learning Goals Critical Thinking Questions Chapter Review Questions with Answer Key Instructor Resources Instructor s Manual PowerPoint Slides TestBank Each new copy of this text is accompanied by an access code to the Companion Website Please note Electronic eBook formats do not include access to the Companion Website

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that evaluates the whole person as a physical psychosocial and functional being whether they are young or old well or ill This market leading text presents health assessment physical examination information and skills for health professionals who undertake these types of assessments Health Assessment and Physical Examination is scaffolded from foundation to more advanced health assessment following a body systems approach and a head to toe approach It uses the ENAP Examine Normal Abnormal Pathophysiology approach as a tool for students to collect useful information An applied case study at the end of each chapter walks students through an example of an assessment This comprehensive yet student friendly text is noted for its high quality case studies pedagogical elements and excellent student resources Unique to this text are the advanced topics and Urgent findings which highlights serious or life threatening signs or critical assessment findings that need immediate attention

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Table of Contents Anatomy And Physiology Test Muscle System Test

1. Understanding the eBook Anatomy And Physiology Test Muscle System Test
 - The Rise of Digital Reading Anatomy And Physiology Test Muscle System Test
 - Advantages of eBooks Over Traditional Books
2. Identifying Anatomy And Physiology Test Muscle System Test
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Anatomy And Physiology Test Muscle System Test
 - User-Friendly Interface
4. Exploring eBook Recommendations from Anatomy And Physiology Test Muscle System Test
 - Personalized Recommendations
 - Anatomy And Physiology Test Muscle System Test User Reviews and Ratings
 - Anatomy And Physiology Test Muscle System Test and Bestseller Lists

5. Accessing Anatomy And Physiology Test Muscle System Test Free and Paid eBooks
 - Anatomy And Physiology Test Muscle System Test Public Domain eBooks
 - Anatomy And Physiology Test Muscle System Test eBook Subscription Services
 - Anatomy And Physiology Test Muscle System Test Budget-Friendly Options
6. Navigating Anatomy And Physiology Test Muscle System Test eBook Formats
 - ePub, PDF, MOBI, and More
 - Anatomy And Physiology Test Muscle System Test Compatibility with Devices
 - Anatomy And Physiology Test Muscle System Test Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Anatomy And Physiology Test Muscle System Test
 - Highlighting and Note-Taking Anatomy And Physiology Test Muscle System Test
 - Interactive Elements Anatomy And Physiology Test Muscle System Test
8. Staying Engaged with Anatomy And Physiology Test Muscle System Test
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Anatomy And Physiology Test Muscle System Test
9. Balancing eBooks and Physical Books Anatomy And Physiology Test Muscle System Test
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Anatomy And Physiology Test Muscle System Test
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Anatomy And Physiology Test Muscle System Test
 - Setting Reading Goals Anatomy And Physiology Test Muscle System Test
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Anatomy And Physiology Test Muscle System Test
 - Fact-Checking eBook Content of Anatomy And Physiology Test Muscle System Test
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning

- Utilizing eBooks for Skill Development
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