

# ANATOMY MUSCLE CHARTS

## COMPLETE STUDY GUIDE

Page 1

\*SAMPLE\*

### HEAD & NECK

| Muscles                                      | Origin                                                                        | Insertion                                        | Action                                                            | innervation                                  |
|----------------------------------------------|-------------------------------------------------------------------------------|--------------------------------------------------|-------------------------------------------------------------------|----------------------------------------------|
| <b>Muscles of Posterior Triangle of Neck</b> |                                                                               |                                                  |                                                                   |                                              |
| Trapezius                                    | Superior nuchal line, external occipital protuberance, spinous C7, T1         | Spinous of scapula, lateral clavicle, acromion   | Extends, adducts, elevates and rotates the scapula of the humerus | Cervical plexus (C3-C8)                      |
| Levator scapulae                             | Anterior tubercle of transverse process of C1-C5                              | Medial border of scapula, superior angle         | Elevates and adducts the scapula                                  | Cervical plexus (C3-C5)                      |
| Rectus capitis posterior                     | Anterior tubercle of transverse process of C1                                 | Superior nuchal line                             | Extends the head                                                  | Cervical plexus (C1-C2)                      |
| <b>Muscles of Anterior Triangle of Neck</b>  |                                                                               |                                                  |                                                                   |                                              |
| Sternohyoid                                  | Manubrium of sternum                                                          | Hyoid bone, lesser horn                          | Depresses the hyoid bone                                          | Cervical plexus (C1-C2)                      |
| Sternothyroid                                | Manubrium of sternum                                                          | Thyroid cartilage, inferior horn                 | Depresses the hyoid bone                                          | Cervical plexus (C1-C2)                      |
| Thyrohyoid                                   | Hyoid bone, greater horn                                                      | Thyroid cartilage, superior horn                 | Elevates the larynx                                               | Cervical plexus (C1-C2)                      |
| Longus colli                                 | Anterior tubercle of transverse process of C6-C7, T1-T2                       | Anterior tubercle of transverse process of C2-C5 | Flexes the neck                                                   | Cervical plexus (C1-C2)                      |
| Longus capitis                               | Anterior tubercle of transverse process of C1-C3                              | Superior nuchal line                             | Extends the head                                                  | Cervical plexus (C1-C2)                      |
| <b>Other Muscles</b>                         |                                                                               |                                                  |                                                                   |                                              |
| Mylohyoid                                    | Condylar head of mandible                                                     | Mylohyoid line of mandible                       | Elevates the hyoid bone                                           | Mandibular division of trigeminal nerve (V3) |
| Geniohyoid                                   | Genial tubercle of mandible                                                   | Hyoid bone, lesser horn                          | Elevates the hyoid bone                                           | Mandibular division of trigeminal nerve (V3) |
| <b>Muscles of Facial Expression</b>          |                                                                               |                                                  |                                                                   |                                              |
| Orbicularis oculi                            | Medial orbital rim, lateral palpebral ligament                                | Medial orbital rim                               | Closes the eye                                                    | Facial nerve (V)                             |
| Corrugator supercilii                        | Medial supra-orbital foramen                                                  | Medial supra-orbital foramen                     | Wrinkles the forehead                                             | Facial nerve (V)                             |
| Procerus                                     | Glabella                                                                      | Glabella                                         | Wrinkles the forehead                                             | Facial nerve (V)                             |
| Orbicularis oris                             | Medial commissure of lips                                                     | Medial commissure of lips                        | Closes the mouth                                                  | Facial nerve (V)                             |
| Buccinator                                   | Alveolar process of maxilla, alveolar process of mandible, buccinator foramen | Angle of mouth                                   | Compresses the cheek                                              | Facial nerve (V)                             |
| Depressor anguli oris                        | Alveolar process of maxilla, alveolar process of mandible, buccinator foramen | Angle of mouth                                   | Depresses the mouth                                               | Facial nerve (V)                             |
| Depressor labii inferioris                   | Alveolar process of mandible, buccinator foramen                              | Angle of mouth                                   | Depresses the lower lip                                           | Facial nerve (V)                             |
| <b>Muscles of Mastication</b>                |                                                                               |                                                  |                                                                   |                                              |
| Masseter                                     | Alveolar process of maxilla, alveolar process of mandible, buccinator foramen | Angle of mouth                                   | Compresses the cheek                                              | Trigeminal nerve (V)                         |
| Temporalis                                   | Superior temporal line, coronoid process of mandible                          | Coronoid process of mandible                     | Compresses the cheek                                              | Trigeminal nerve (V)                         |
| Medial pterygoid                             | Alveolar process of maxilla, alveolar process of mandible, buccinator foramen | Angle of mouth                                   | Compresses the cheek                                              | Trigeminal nerve (V)                         |
| Lateral pterygoid                            | Alveolar process of maxilla, alveolar process of mandible, buccinator foramen | Angle of mouth                                   | Compresses the cheek                                              | Trigeminal nerve (V)                         |

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