

Menu

Starter

Vegetable & Barley Broth

Spelt Flour bread

Main

Lamb in a Date Sauce

Carrots & Parsnips in a honey glaze

Spring Greens with Cumino

Vegetarian Option—Mushroom Petina

Dessert

Honey cake

Melon in a mint dressing

Fruit and Nut platters

Delian Sweets



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Ancient Roman Menu Template

Heide Hageböling



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