



APPLIED  
CHANNEL  
THEORY IN  
CHINESE  
MEDICINE



Wang Ju-Yi's  
Lectures on  
Channel  
Therapeutics

WANG JU-YI

JASON D.  
ROBERTSON

# Applied Channel Theory In Chinese Medicine

**Kim Taylor**



## **Applied Channel Theory In Chinese Medicine:**

**Applied Channel Theory in Chinese Medicine** Ju-Yi Wang, Jason D. Robertson, 2008 Applied Channel Theory in Chinese Medicine demonstrates how a deeper understanding of the interrelationship between organ and channel theory can lead to more precise diagnoses and better clinical results This book is a collaboration between Wang Ju Yi one of modern China's most respected scholars teachers and practitioners of traditional Chinese medicine and his American apprentice and practitioner Jason Robertson While most textbooks focus either on the functions of the organs in basic physiology or on the uses of the channels in treatment this book shows the essential relationships between the two Theory and practice are connected through a detailed discussion of a channel palpation methodology developed by Dr Wang which leads to more precise and effective point selection location and technique Applied Channel Theory in Chinese Medicine was developed during Mr Robertson's apprenticeship with Dr Wang in Beijing and is presented in a unique and highly readable format that preserves the intimacy of dialogue between apprentice and teacher with questions and answers narratives and case studies

Chinese Medicine and the Management of Hypermobility Ehlers-Danlos Syndrome Paula Bruno, 2023-09-21 Hypermobility syndromes are more common complex and varied than most practitioners realise Every hypermobile patient is unique and therefore challenging to treat using a pre set paradigm or protocol The hEDS population can be underserved by Western medicine and there is much that Chinese medicine can do for this community This book is one of the first of its kind a Chinese Medicine text focusing specifically on hypermobile Ehlers Danlos Syndrome Presenting existing bio medical narratives before providing an in depth exploration of the Chinese Medicine paradigms this guide gives an overview of comprehensive treatment scenarios and addresses issues faced by EDS patients including pain management psycho emotional challenges disruption of gut health and chronic inflammation including post Lyme syndrome *Fundamentals of Chinese Medicine* Guangren Sun, Douglas Darwin Eisenstark, Qingrong Zhang, 2014-07-01 The Fundamentals of Chinese Medicine is an international collaboration of Chinese medicine experts from both China and the west and co written by an experienced practitioner who has been teaching the subject in western schools This book covers the theory of traditional Chinese medicine and discusses the topic in greater depth than any English language textbook available today An abundance of classical references are also included here The material in this text comprises course material for a professional course of training in TCM which is also the basic material for studying and comprehension of other more advanced courses in TCM The main contents include the physiological basis of essence qi yin yang and the five phases followed by the theories of essence qi and blood fluids and spirit Organ manifestation channel and collateral theory constitutional theory etiology and patho mechanism and also principles of prevention and treatment are expounded upon The knowledge in this textbook is approximately equal to that for students of TCM colleges in China and coincides with the requirements in the Examination Syllabus for TCM Professional Practitioners Worldwide *Clinical Point Selection in Classical and Traditional Acupuncture*

David Twicken,2025-08-21 Rooted in the Classical acupuncture texts this pioneering text provides clear guidance on how to put an effective acupuncture treatment together David Twicken presents key clinical skills including how to combine channels and points distal and local treatments and how to use destination points to increase the success of the treatment Clinical Point Selection in Classical and Traditional Acupuncture offers an accessible and detailed framework for integrating theory into practice in a step by step format These frameworks include treatments for muscular skeletal pain conditions organ conditions and comprehensive strategies for treating emotions

**Moxa in Motion with the Ontake Method** Oran Kivity,2020-01-15 Is moxibustion too difficult to apply too risky or too smoky Discover the effective new moxa method from Japan that gets rapid results safely Moxibustion is ancient Even more ancient than needling In modern acupuncture however it is often considered too time consuming or difficult to master And yet the classics say for chronic conditions moxa has no equal Coming to the rescue of time poor present day acupuncturists is the Ontake Method from Japan This innovative technique uses a piece of bamboo filled with burning moxa wool to roll tap and press on the acupuncture meridians using a metronome programmed to each meridian s frequency The rhythmic application of heat frequency and pressure triggers rapid shifts in your patients body condition and mood but this method generates only a little smoke In this book you will learn Dr Manaka s meridian frequencies and how to apply them Branch treatments for symptom relief Root treatments for whole body regulation The integration of Dr Tan s holographic models with Ontake for the rapid relief of pain in the neck back and joints Moxa in Motion presents a step by step guide to clinical practice utilising the Ontake Method Easily integrated into any style of acupuncture Shiatsu or Tuina the Ontake Method will boost your results and build your practice Oran Kivity is a veteran acupuncturist from the UK living in Asia He has dedicated countless hours of clinical observation and study to integrate the knowledge of contemporary Japanese masters Through writing and teaching he has ignited interest in Ontake a remarkable new moxa tool from Japan developing these dynamic new techniques further and compiling them into this practical handbook of moxibustion

**The Spark in the Machine** Daniel Keown,2014-03-20 Challenging those who believe acupuncture to bear no relation to Western medicine this witty accessible and highly original book shows how Chinese medicine can explain mysteries of the body and how an integration of Chinese and Western medicine can lead to a fuller understanding of how our bodies function

**Ascent of Acupuncture** Changzhen Gong,Wei Liu,2024-07-03 This book explores acupuncture s remarkable evolution in the United States over the last fifty years as it transitioned from an obscure practice to a pivotal modality in complementary medicine These pages chronicle acupuncture s transformative journey within the dominant culture of Western scientific medicine highlighting key milestones from the use of acupuncture in pain management to the NIH sponsored open access digital compendium of acupuncture points and related information Through narratives detailing educational advancements legislative battles practical applications and scientific research the reader gains a comprehensive view of how acupuncture has navigated controversies and debates to secure its place in modern

healthcare This book traces acupuncture's expanding role in the healthcare system, reflects on its historical significance and considers its future in global health. Insightful commentary provides acupuncture practitioners, skeptics, and aficionados with a useful overview of acupuncture's past, its current achievements, and its promise for the future. *Chinese Medicine in Early Communist China, 1945-1963* Kim Taylor, 2004-08-02 Using original sources, this significant text looks at the transformation of Chinese medicine from a marginal side-lined medical practice of the early twentieth century to an essential and high profile part of the national health care system under the Chinese Communist Party. The political, economic, and social motives which drove this promotion are analyzed, and the extraordinary role that Chinese medicine was meant to play in Mao Zedong's revolution is fully explored for the first time, making a major contribution to the history of Chinese medicine.

*Chinese Medicine in Early Communist China, 1945-63* Kim Taylor, 2005 Using original sources, this significant text looks at the transformation of Chinese medicine from a marginal side-lined medical practice of the early twentieth century to an essential and high profile part of the national health care system under the Chinese Communist Party. The political, economic, and social motives which drove this promotion are analyzed, and the extraordinary role that Chinese medicine was meant to play in Mao Zedong's revolution is fully explored for the first time, making a major contribution to the history of Chinese medicine.

**Handbook of Chinese Medicine and Ayurveda** Bridgette Shea, 2018-07-17 A comprehensive reference tool for maximizing healing of the mind, body, and spirit through a holistic synergy of Chinese medicine and Ayurveda. Details the foundational principles of each tradition and the many concepts they share, such as qi and prana, meridians and nadis, and energy centers and chakras. Provides tools for self-assessment, including a primer on tongue diagnosis and a mental, emotional, and physical constitutional questionnaire. Offers breathing exercises, dietary regimens, herbal recommendations, and guides for detoxification, including safe and gentle at-home cleansing. Chinese medicine and Ayurveda are two of the oldest healing systems in use today. Each is a complete art in and of itself and has profoundly contributed to the health and well-being of millions of people around the world. Drawing on their shared roots and spiritual principles, Bridgette Shea, L.Ac., M.A.C.O.M., shows how these two practices integrate seamlessly with the two traditions' individual strengths, harmonizing to form a practical basis for prevention, wellness, detoxification, and treatment. The author explains the foundational principles of both Chinese medicine and Ayurveda in detail, providing the reader with a working understanding of both disciplines. She examines shared concepts, such as qi and prana, meridians and nadis, and energy centers and chakras. She explores the strengths of each practice, such as the clinical efficiency of diagnosis and the use of acupuncture for pain relief, improving fertility, and stress reduction in Chinese medicine, and the dietary detoxification and spiritual guidance of Ayurveda, including the detox branch of Ayurveda known as Panchakarma. Moving beyond theory into practical application, she explores the Elements known as the Five Phases and the Panchamahabhutas and how they affect our well-being. She provides tools for self-assessment, including a primer on tongue diagnosis and a mental, emotional, and physical constitutional questionnaire.

Offering treatment and prevention strategies that draw from both disciplines she encourages the reader to implement an integrated practice of these two systems in daily life or clinical practice She details breathing exercises dietary regimens herbal recommendations and guides for detoxification including safe and gentle home cleanses all rooted in the holistic synergy between Ayurveda and Chinese medicine Sharing case studies that highlight the interconnectedness of these approaches Shea provides a comprehensive guide for self healing of body mind and spirit and a practitioner s resource to cross reference complex questions with respect to both healing traditions

The Art and Practice of Diagnosis in Chinese Medicine Nigel Ching, 2017-05-18 This textbook is a complete diagnostic manual for students of Chinese medicine It covers how to collect and collate the relevant information needed to make a diagnosis and clearly describes the various diagnostic models in Chinese medicine

*Essential Pulse Diagnosis in Chinese Medicine* Jamie Hamilton, 2022-04-21 Pulse diagnosis is a notoriously complicated area in Chinese medicine with very few practical or accessible resources available to practitioners to improve their skillset This clear didactic manual provides detailed yet user friendly instructions for a pulse diagnosis method the author has developed called Mai Jing A B C allowing for clinical competency and confidence in pulse diagnosis Jamie Hamilton draws on pulse methods and techniques found primarily in the 3rd century classic of Chinese medicine Mai Jing that have often been overlooked in later centuries He uses his teaching background to reassess these methods and breaks down incredibly complex concepts into simpler forms to enable learning and immediate application into practice The method has been honed into six simple steps each accompanied by detailed case studies to further aid clarity

**Shamanism in Chinese Medicine** CT Holman, 2020-07-21 This engaging highly anticipated book compellingly describes healing techniques of Chinese shamanism while respecting the tradition CT Holman a medically trained and licensed clinician of over 20 years clearly explains how Chinese shamanism can be seamlessly woven into modern lifestyle and contemporary medical practices He explores effective methods to address physical pathologies and emotional imbalances by applying shamanic influenced techniques including visualizations verbal healing and shamanic drumming among others for self care and medical treatment The primary resource for the material presented originates from the author s intensive decade long study under shamanic teacher Master Zhongxian Wu Several color illustrations and before and after patient photos are included that beautifully depict the spirit based diagnostics and treatments Incorporating numerous clinical examples and thoroughly researched procedures this book teaches practitioners how to combine treatments concentrating on the spirit and soul with modern medicine to treat the whole person and enrich their practice This enlightening book is a must read for Chinese medicine practitioners other medical professionals and non professionals interested in the subject

Treating Emotional Trauma with Chinese Medicine CT Holman, 2017-11-21 Emotional trauma can upset the harmony of the body and reduce the body s ability to heal and regulate itself Once the traumas are identified and treated the body will function at an optimum level and will respond to treatments for other conditions present This book integrates the multi

diagnostic and treatment methods existing in Chinese medicine and contains diagnostics such as facial pulse tongue and channel palpation diagnosis Treatments include acupuncture Chinese herbal formulas qigong shamanic drumming and lifestyle and nutritional recommendations Many types of emotional traumas and their manifestations are presented including fear anxiety panic attacks PTSD depression mood swings insomnia and sensory organ impairment How to prevent future emotional trauma will be discussed and case studies are included to show the application of theory in practice *Atlas d'acupuncture* Claudia Focks,Ulrich März,Ingolf Hosbach,2024-05-28 Claudia FocksAvec la collaboration de Ulrich März et Ingolf Hosbach Ouvrage de référence l'Atlas d'acupuncture présente de façon exhaustive les douze méridiens principaux les points des huit merveilles vaisseaux tout comme de nombreux points hors méridiens Chaque point est présenté selon le même modèle permettant de saisir d'un seul regard sur une même page les informations cliniques les plus importantes L'objectif est ainsi d'aider le praticien dans sa recherche de la localisation correcte du point de l'angle d'insertion de l'aiguille ainsi que des principales actions et indications Les caractéristiques particulières de chaque point sont aussi systématiquement présentées Le contenu de cette nouvelle édition a entièrement été actualisé en vue d'améliorer son caractère didactique et d'apporter plus de sécurité pour le traitement Les très nombreuses illustrations sont composées de photographies cliniques de schémas ainsi que de pictogrammes mettant en évidence l'angle et la profondeur d'insertion de l'aiguille tout comme des alertes qu'il s'agisse d'éviter des organes ou une ponction douloureuse L'état de la recherche scientifique a également été mis jour tenant compte des dernières données sur l'acupuncture et son efficacité L'Atlas d'acupuncture en dressant un panorama complet de cette pratique constitue un ouvrage incontournable pour les acupuncteurs qu'ils soient confirmés ou en formation

**Navigating the Channels of Traditional Chinese Medicine** Yitian Ni,2002-08 A favorite for first year acupuncture and TCM students because it covers the essential knowledge of the channels and collaterals and the characteristics of the channel system providing descriptives that include the key points pathway associated organs and points physiology pathology clinical applications and divergent teninomuscular and collateral channels *Cultivating Your Microbiome* Bridgette Shea,2020-09-01 A holistic guide to improving your gut flora for better physical and emotional health Explores the influence of the gut microbiome and the mesentery on all other bodily systems especially the brain and immune system Explains the central role of the digestive system in Ayurveda and traditional Chinese medicine and how these systems treat the microbiome Presents herbal remedies acupuncture and acupressure techniques and dietary methods to restore balance to your gut flora including a microbiome reset In traditional medicine such as Indian Ayurveda and Chinese medicine the digestive system and microbiome are recognized as the foundation for good health Our internal flora influences our immune system brain function hormonal balance cravings sleep mood inflammatory response digestion nutrient assimilation and elimination In this holistic guide to cultivating a healthy microbiome and managing gut health naturally Bridgette Shea explores digestive functioning from the perspectives of both Western science and traditional medicine She examines

Ayurvedic and Chinese medicine principles on digestion and constitution types She reveals how in addition to describing what we now call the microbiome traditional Chinese medicine also has long recognized the importance of an abdominal organ that modern science has only recently acknowledged the mesentery the tissues that connect and support the internal organs Going beyond probiotics and prebiotics the author presents practices from Ayurveda and Chinese medicine to reestablish balance in your internal microbiome support the mesentery improve digestion and elimination and restore a clear mind and strong immune system She explains how to read your symptoms from brain fog and fatigue to congestion and stool quality and offers herbal remedies acupuncture and acupressure techniques and dietary methods to improve your internal health including a microbiome dietary reset Revealing the diverse role that our inner microbial colonies play in keeping us happy and healthy this book shows that by changing your microbiome you can greatly improve your physical emotional and mental health

**Health Cultivation in Chinese Medicine** Zhanwen Liu, Mark L. Mondot, Xin Niu, 2012-03-01 Practices for maintaining optimum health and prolonging life or yang sheng have been a part of Chinese culture for thousands of years and health cultivation is an important component of Chinese Medicine Health cultivation is related to methods of disease prevention involving exercises and practices that aim to improve the individual constitution while maintaining harmony within the body A broad range of practices involving both body and mind have been collected here This book contains twenty chapters beginning with an introduction to the historical development and basic concepts of yang sheng Health cultivation methods provided in this book include dietary methods sexual practices spirit cultivation exercises medicinal herbs geomancy feng shui tui na massage qi gong exercise and many other specific practices for promoting health in all stages of life

*Leitfaden Akupunktur* Claudia Focks, Ulrich März, 2021-01-21 In Wort und Bild erhalten Sie alle wichtigen klinisch relevanten Informationen zu Punktsuche und anwendung Schritt f r Schritt werden Sie ber die Oberfl chenanatomie zur korrekten Punktlokalisation geleitet 361 Leitbahnpunkte und 67 Extrapunkte Alle Punkte didaktisch bersichtlich auf einer Seite dargestellt Anatomische bersichtsabbildungen aller wichtigen Punkte Leitbahnpunkte in Relation zueinander durch Hervorhebung regionaler Aspekte Darstellung von Stimulationstechniken zur vertiefenden Behandlung Die neue 3 Auflage wurde komplett bearbeitet

**FEUER, DAS DIE ERDE NICHT NÄHRT** Karl-Konstantin Arnold, 2015-01-11 Seit Beginn der Ausbildung zum Akupunkteur besch ftigte mich eine Beobachtung Menschen die diese sehr yangige F higkeit besitzen schnell und viele soziale Kontakte zu kn pfen in Gruppen die Funktion von sozialem Bindemittel bernehmen und Netzwerke aufbauen im Leben jedoch unstet und fl chtig wirken Projekte nicht in die Reife f hren und genauso schnell wieder verschwinden wie sie gekommen sind Feuer das die Erde nicht n hrt l sst sich dieses Ph nomen in der TCM Theorie verorten oder sogar im Pulsbild ertasten Ist dies eine Pathologie des Feuerelements Wenn dem so ist wodurch wird sie bedingt und welche Strategien lie en sich therapeutisch in Erw gung ziehen Was sind die psycho emotionalen Aspekte dieses Themas Was sind die psychosomatischen Implikationen einer schwachen Mitte im Hinblick auf das Feuerelement In einer konzeptionellen

Materialsammlung sollen diese Fragestellungen in Perspektive auf Suchtverhalten untersucht werden Diese Arbeit entstand 2013 im Rahmen des Diploms f r Akupunktur TCM an der SHOU ZHONG Berlin Ausbildungszentrum Ost Kooperationsschule der AGTCM Arbeitsgemeinschaft f r Klassische Akupunktur und Traditionelle Chinesische Medizin e V

The book delves into Applied Channel Theory In Chinese Medicine. Applied Channel Theory In Chinese Medicine is an essential topic that needs to be grasped by everyone, ranging from students and scholars to the general public. The book will furnish comprehensive and in-depth insights into Applied Channel Theory In Chinese Medicine, encompassing both the fundamentals and more intricate discussions.

1. The book is structured into several chapters, namely:
    - Chapter 1: Introduction to Applied Channel Theory In Chinese Medicine
    - Chapter 2: Essential Elements of Applied Channel Theory In Chinese Medicine
    - Chapter 3: Applied Channel Theory In Chinese Medicine in Everyday Life
    - Chapter 4: Applied Channel Theory In Chinese Medicine in Specific Contexts
    - Chapter 5: Conclusion
  2. In chapter 1, the author will provide an overview of Applied Channel Theory In Chinese Medicine. The first chapter will explore what Applied Channel Theory In Chinese Medicine is, why Applied Channel Theory In Chinese Medicine is vital, and how to effectively learn about Applied Channel Theory In Chinese Medicine.
  3. In chapter 2, this book will delve into the foundational concepts of Applied Channel Theory In Chinese Medicine. This chapter will elucidate the essential principles that must be understood to grasp Applied Channel Theory In Chinese Medicine in its entirety.
  4. In chapter 3, the author will examine the practical applications of Applied Channel Theory In Chinese Medicine in daily life. The third chapter will showcase real-world examples of how Applied Channel Theory In Chinese Medicine can be effectively utilized in everyday scenarios.
  5. In chapter 4, the author will scrutinize the relevance of Applied Channel Theory In Chinese Medicine in specific contexts. This chapter will explore how Applied Channel Theory In Chinese Medicine is applied in specialized fields, such as education, business, and technology.
  6. In chapter 5, this book will draw a conclusion about Applied Channel Theory In Chinese Medicine. This chapter will summarize the key points that have been discussed throughout the book.
- The book is crafted in an easy-to-understand language and is complemented by engaging illustrations. It is highly recommended for anyone seeking to gain a comprehensive understanding of Applied Channel Theory In Chinese Medicine.

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