

6 THE MUSCULAR SYSTEM

21

285/306

$$\frac{+93}{100}$$

A-



Muscles, the specialized tissues that facilitate body movement, make up about 40% of body weight. Most body muscle is the voluntary type, called **skeletal muscle** because it is attached to the bony skeleton. Skeletal muscle contributes to body contours and shape, and it composes the organ system called the **muscular system**. These muscles allow you to grin, frown, run, swim, shake hands, swing a hammer, and to otherwise manipulate your environment. The **balance** of body muscle consists of **smooth** and **cardiac muscles**, which form the bulk of the walls of hollow organs and the heart. Smooth and cardiac muscles are involved in the transport of materials within the body.

Study activities in this chapter deal with microscopic and gross structure of muscle, identification of voluntary muscles, body movements, and important understandings of muscle physiology.

OVERVIEW OF MUSCLE TISSUES

1. Nine characteristics of muscle tissue are listed below and on page 104. Identify the muscle tissue type described by choosing the correct response(s) from the key choices. Enter the appropriate term(s) or letter(s) of the key choice in the answer blank.

Key Choices

- | | | |
|------------|-----------|-------------|
| A. Cardiac | B. Smooth | C. Skeletal |
|------------|-----------|-------------|

- | | |
|----------------------------|--|
| ✓ <u>Cardiac, Smooth</u> | 1. Involuntary |
| ✓ <u>Cardiac, Skeletal</u> | 2. Banded appearance |
| ✓ <u>Smooth</u> | 3. Longitudinally and circularly arranged layers |
| ✓ <u>Skeletal</u> | 4. Dense connective tissue packaging |
| ✓ <u>Cardiac</u> | 5. Figure eight packaging of the cells |
| ✓ <u>Cardiac</u> | 6. Coordinated activity to act as a pump |

60

Anatomy Packet Answers

Janet Rae-Dupree, Pat DuFree



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Teaching Anatomy Lap Ki Chan, Wojciech Pawlina, 2015-01-29 Teaching Anatomy A Practical Guide is the first book designed to provide highly practical advice to both novice and experienced gross anatomy teachers The volume provides a theoretical foundation of adult learning and basic anatomy education and includes chapters focusing on specific issues that teachers commonly encounter in the diverse and challenging scenarios in which they teach The book is designed to allow teachers to adopt a student centered approach and to be able to give their students an effective and efficient overall learning experience Teachers of gross anatomy and other basic sciences in undergraduate healthcare programs will find in this unique volume invaluable information presented in a problem oriented succinct and user friendly format Developed by renowned expert authors the chapters are written concisely and in simple language and a wealth of text boxes are provided to bring out key points to stimulate reflection on the reader s own situation and to provide additional practical tips Educational theories are selectively included to explain the theoretical foundation underlying practical suggestions so that teachers can appropriately modify the strategies described in the book to fit their own educational environments Comprehensive and a significant contribution to the literature Teaching Anatomy A Practical Guide is an indispensable resource for all instructors in gross anatomy

Anatomy and Physiology Workbook For Dummies Janet Rae-Dupree, Pat DuPree, 2007-12-05 An excellent primer for learning the human body An anatomy and physiology course is required for medical and nursing students as well as for others pursuing careers in healthcare Anatomy Physiology Workbook For Dummies is the fun and easy way to get up to speed on anatomy and physiology facts and concepts This hands on workbook provides students with useful exercises to practice identifying specific muscle groups and their functions memory exercises as well as diagrams and actual demonstrations that readers can personally enact to illustrate the concepts

Workbook for Modern Sectional Anatomy Alexander Lane (Ph. D.), 1992

Radiographic Positioning and Related Anatomy Workbook Kenneth L. Bontrager, 1993 This third edition of the student workbook and laboratory manual is organized as a companion to the main text Each of the 25 chapters in the text has an equivalent chapter in the workbook laboratory manual to reinforce and supplement the material presented

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Registered Nursing and Practical/vocational Nursing Test Catalog , 1999 The

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