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Anatomy Trains Thomas W. Myers, 2009-01-01 An accessible comprehensive approach to the anatomy and function of the fascial system in the body combined with a holistic

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Manual and Movement Therapists This thoroughly revised edition of the authoritative reference *Fascial Release for Structural Balance* brings the book up to date with all of the most current research on the role of fascia and myofascia in the body and how treatment affects it. This edition takes advantage of more sophisticated testing to explore in greater detail the relationship between anatomical structure and function, making it an even more essential guide. Offering a detailed introduction to structural anatomy and fascial release therapy, including postural analysis, complete technique descriptions, and the art of proper assessment of a patient through bodyreading, the book features 150 color photographs that clearly demonstrate each technique. The authors, both respected bodywork professionals, give any bodywork practitioner using manual therapy, including physiotherapists, osteopaths, chiropractors, myofascial and trigger point therapists, and massage therapists, the information they need to deliver effective treatments and create long-lasting systemic change in clients' shape and structure. Fascia, the soft tissue surrounding muscles, bones, and organs, plays a crucial role in supporting the body. By learning to intelligently manipulate it, a bodyworker or therapist can help with many chronic conditions that their clients suffer from, providing immediate pain relief as well as reducing the strains that may contribute to the patient's ongoing aches and pains, leading to rapid, effective, and lasting pain relief. James Earls and Thomas Meyers argue that approaching the fascia requires a different eye, a different touch, and tissue-specific techniques.

Muscles and Meridians Phillip Beach, 2010-11-25 *Muscles and Meridians* is a unique book that breaks new conceptual ground in the realm of human movement. Exploring the connection between evolutionary biology and Chinese meridians, the volume offers a novel and effective system of diagnosis and treatment of common musculoskeletal disorders. Describes a new model of human movement, the Contractile Field model. Offers a rare and serious attempt to look at whole person movement patterns, akin to *Anatomy Trains*, but with a stronger link to vertebrate evolution and development. Suggests that much of our endemic back and leg pain is due to a loss of ease in postures that are archetypal to mankind. Offers a profound new understanding of the world's oldest medical map, the Chinese meridian map.

Pediatric Lower Limb Deformities Sanjeev Sabharwal, Christopher A. Iobst, 2024-08-23 Now in a completely revised and updated second edition, this comprehensive and generously illustrated text highlights both general principles and specific strategies for managing the spectrum of pediatric lower limb deformities. It is divided thematically into five sections, though any chapter can stand on its own to guide the clinician in specific situations. Part I covers general principles and techniques, including etiology, clinical evaluation, imaging, as well as different surgical methods. Part II, covering related concepts and management options, discusses soft tissue contractures, amputations, and working in austere and resource-challenged settings. Underlying conditions comprise Part III: specific metabolic, neuromuscular, and tumor-related conditions, along with arthrogryposis, osteogenesis imperfecta, and various skeletal dysplasias. Part IV presents congenital and developmental disorders such as congenital femoral deficiency, hemimelia, tibial pseudoarthrosis, and Blount disease, while Part V rounds out the book with chapters on sequelae related to different etiologies and their treatment. New to this edition is

the inclusion of invited commentary from additional experts adding further context and clinical pearls Additionally ten new chapters have been added including some that are completely rewritten by different authors and other chapters that cover new themes such as patient reported outcome measures setting up a limb deformity practice pin site care and management of bone defects Covering all aspects of the management of pediatric lower limb deformities in different practice settings and written by internationally renowned experts in the field this new edition of Pediatric Lower Limb Deformities continues to be an invaluable resource for orthopedic surgeons and trainees worldwide Oxford Dictionary of English Angus

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