

ANATOMY MUSCLE CHARTS

COMPLETE STUDY GUIDE

Page 1

SAMPLE

HEAD & NECK

Muscles	Origin	Insertion	Action	innervation
Muscles of Posterior Triangle of Neck				
Trapezius	Superior nuchal line, external occipital protuberance, spinous C7, T1	Spinous of scapula, lateral clavicle, acromion	Extends, adducts, elevates and rotates the scapula of the upper limb	Cervical plexus (C3, C4)
Levator scapulae	Anterior tubercle of transverse process of C1, superior nuchal line of C2	Medial process of scapula, superior angle	Elevates scapula	Cervical plexus (C5)
Rectus capitis posterior	Spinous of C2	Superior nuchal line of occipital bone	Extends head	Cervical plexus (C2, C3)
Muscles of Anterior Triangle of Neck				
Sternohyoid	Manubrium of sternum, thyroid gland	Hyoid bone	Depresses hyoid bone	Cervical plexus (C2, C3)
Sternothyroid	Manubrium of sternum, thyroid gland	Thyroid gland	Depresses thyroid gland	Cervical plexus (C2, C3)
Thyrohyoid	Thyroid gland, hyoid bone	Hyoid bone	Elevates hyoid bone	Cervical plexus (C2, C3)
Hyoid	Hyoid bone	Hyoid bone	Stabilizes hyoid bone	Cervical plexus (C2, C3)
Thyropharyngeal	Thyroid gland, pharynx	Pharynx	Depresses pharynx	Cervical plexus (C2, C3)
Thyroid	Thyroid gland	Thyroid gland	Depresses thyroid gland	Cervical plexus (C2, C3)
Thyroid	Thyroid gland	Thyroid gland	Depresses thyroid gland	Cervical plexus (C2, C3)
Neck Muscles				
Longus colli	Anterior tubercle of transverse process of C6, C7	Spinous of C2, C3	Extends neck	Cervical plexus (C2, C3)
Longus capiti	Anterior tubercle of transverse process of C6, C7	Spinous of C2, C3	Extends head	Cervical plexus (C2, C3)
Muscles of Facial Expression				
Orbicularis oculi	Medial orbital rim, lateral palpebral fap, zygomatic fap	Medial orbital rim, lateral palpebral fap, zygomatic fap	Closes eye	Facial nerve (CN VII)
Orbicularis oris	Medial labial fap, mental fap	Medial labial fap, mental fap	Closes mouth	Facial nerve (CN VII)
Depressor labii	Chin, mental fap	Chin, mental fap	Depresses lower lip	Facial nerve (CN VII)
Depressor anguli oris	Chin, mental fap	Chin, mental fap	Depresses lower lip	Facial nerve (CN VII)
Depressor labii	Chin, mental fap	Chin, mental fap	Depresses lower lip	Facial nerve (CN VII)
Depressor anguli oris	Chin, mental fap	Chin, mental fap	Depresses lower lip	Facial nerve (CN VII)
Muscles of Mastication				
Masseter	Zygomatic fap, chin	Angle of mandible	Chews food	Trigeminal nerve (CN V)
Temporalis	Side of forehead, temple	Angle of mandible	Chews food	Trigeminal nerve (CN V)
Medial pterygoid	Medial surface of zygomatic process of maxilla, pterygoid fap of sphenoid bone, maxillary tuberosity	Angle of mandible	Chews food	Trigeminal nerve (CN V)
Lateral pterygoid	Anterior surface of zygomatic process of maxilla, pterygoid fap of sphenoid bone, maxillary tuberosity	Angle of mandible	Chews food	Trigeminal nerve (CN V)

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