

ANATOMY & PHYSIOLOGY

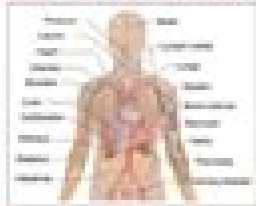
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HUMAN ANATOMY AND PHYSIOLOGY

Study of the human organism and its internal body



Anatomy

The study of the structure of the human body and its parts.

Physiology

The study of the function of the human body and its parts.

Structural levels

Studying the human body at the cellular, tissue, organ, and system levels.

- 1. **Cellular level** - study of the structure and function of cells.
- 2. **Tissue level** - study of the structure and function of tissues.
- 3. **Organ level** - study of the structure and function of organs.
- 4. **System level** - study of the structure and function of systems.
- 5. **Whole body level** - study of the structure and function of the whole body.

CELLS AND TISSUES

Cells are the basic units of structure and function of the human body.



Organization of human body

The human body is organized into a hierarchy of structural levels.

1. **Chemical level** - study of the structure and function of chemical molecules.

2. **Cellular level** - study of the structure and function of cells.

3. **Tissue level** - study of the structure and function of tissues.

4. **Organ level** - study of the structure and function of organs.

5. **System level** - study of the structure and function of systems.

6. **Whole body level** - study of the structure and function of the whole body.



The neuron is the basic unit of the nervous system.

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4. **System level** - study of the structure and function of systems.

5. **Whole body level** - study of the structure and function of the whole body.

ORGANS

Organs are structures made up of different types of tissues working together.

1. **Heart** - pumps blood throughout the body.

2. **Lungs** - exchange gases between the body and the environment.

3. **Stomach** - digests food and absorbs nutrients.

4. **Intestines** - absorb nutrients and eliminate waste.

5. **Kidneys** - filter blood and remove waste.

6. **Bladder** - stores urine.

7. **Uterus** - carries and nurtures the developing fetus.

8. **Vagina** - canal for childbirth and menstruation.

9. **Penis** - organ of male reproduction.

10. **Testes** - produce sperm and testosterone.

11. **Prostate** - gland that produces prostatic fluid.

12. **Seminal vesicle** - produces seminal fluid.

13. **Utricle** - part of the inner ear.

14. **Sacculus** - part of the inner ear.

15. **Cochlea** - part of the inner ear.

16. **Vestibule** - part of the inner ear.

17. **Canal** - part of the inner ear.

18. **Membrane** - part of the inner ear.

19. **Fluid** - part of the inner ear.

20. **Structure** - part of the inner ear.

21. **Function** - part of the inner ear.

22. **Location** - part of the inner ear.

23. **Size** - part of the inner ear.

24. **Color** - part of the inner ear.

25. **Shape** - part of the inner ear.

26. **Texture** - part of the inner ear.

27. **Weight** - part of the inner ear.

28. **Volume** - part of the inner ear.

29. **Area** - part of the inner ear.

30. **Perimeter** - part of the inner ear.

31. **Circumference** - part of the inner ear.

32. **Radius** - part of the inner ear.

33. **Diameter** - part of the inner ear.

34. **Height** - part of the inner ear.

35. **Width** - part of the inner ear.

36. **Depth** - part of the inner ear.

37. **Length** - part of the inner ear.

38. **Breadth** - part of the inner ear.

39. **Thickness** - part of the inner ear.

40. **Thinness** - part of the inner ear.

41. **Lightness** - part of the inner ear.

42. **Darkness** - part of the inner ear.

43. **Warmth** - part of the inner ear.

44. **Coldness** - part of the inner ear.

45. **Hotness** - part of the inner ear.

46. **Coolness** - part of the inner ear.

47. **Warm** - part of the inner ear.

48. **Cool** - part of the inner ear.

49. **Hot** - part of the inner ear.

50. **Cold** - part of the inner ear.

SYSTEMS

Systems are groups of organs that work together to perform a specific function.

1. **Cardiovascular system** - pumps blood throughout the body.

2. **Respiratory system** - exchanges gases between the body and the environment.

3. **Digestive system** - digests food and absorbs nutrients.

4. **Excretory system** - removes waste from the body.

5. **Reproductive system** - produces offspring.

6. **Immune system** - defends the body against disease.

7. **Nervous system** - controls the body's actions.

8. **Endocrine system** - produces hormones.

9. **Musculoskeletal system** - supports the body and enables movement.

10. **Integumentary system** - covers the body and protects it from the environment.

11. **Sensory system** - receives information from the environment.

12. **Motor system** - controls the body's movements.

13. **Regulatory system** - maintains the body's internal environment.

14. **Support system** - provides structural support for the body.

15. **Transport system** - moves substances throughout the body.

16. **Storage system** - stores substances for future use.

17. **Release system** - releases substances from storage.

18. **Conversion system** - converts substances from one form to another.

19. **Transformation system** - changes the form of substances.

20. **Modification system** - alters the properties of substances.

21. **Alteration system** - changes the form or structure of substances.

22. **Change system** - causes substances to change.

23. **Conversion** - the process of changing one form into another.

24. **Transformation** - the process of changing the form of something.

25. **Alteration** - the process of changing the properties of something.

26. **Modification** - the process of changing the form or structure of something.

27. **Change** - the process of becoming different.

28. **Conversion** - the process of changing one form into another.

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Respiratory system

The respiratory system is responsible for the exchange of gases between the body and the environment.

1. **Nose** - passage for air to enter and leave the body.

2. **Mouth** - passage for air to enter and leave the body.

3. **Trachea** - windpipe, the tube that carries air into and out of the lungs.

4. **Bronchi** - tubes that branch off from the trachea to carry air to the lungs.

5. **Lungs** - organs that exchange gases between the body and the environment.

6. **Diaphragm** - muscle that contracts and relaxes to move air in and out of the lungs.

7. **Intercostal muscles** - muscles between the ribs that help with breathing.

8. **External intercostal muscles** - muscles on the outside of the rib cage that help with breathing.

9. **Internal intercostal muscles** - muscles on the inside of the rib cage that help with breathing.

10. **Endothoracic muscles** - muscles within the chest cavity that help with breathing.

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NERVOUS SYSTEM

Neurons

Neurons are the basic units of the nervous system.

1. **Cell body** - contains the nucleus and other organelles.

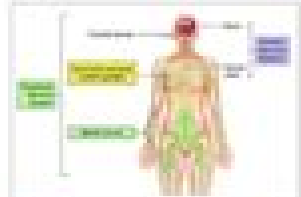
2. **Dendrites** - receive information from other neurons.

3. **Axon** - carries information away from the cell body.

4. **Myelin sheath** - covers the axon and insulates it.

5. **Synapse** - the point where two neurons meet.

6. **Terminal button** - the end of the axon where it meets another neuron.



Neurotransmitters

Neurotransmitters are chemicals that carry messages between neurons.

1. **Acetylcholine** - involved in muscle contraction.

2. **Dopamine** - involved in movement and reward.

3. **Glutamate** - the most common neurotransmitter in the brain.

4. **GABA** - inhibitory neurotransmitter.

5. **Histamine** - involved in the sleep-wake cycle.

6. **Norepinephrine** - involved in the fight-or-flight response.

7. **Serotonin** - involved in mood and appetite.

8. **Substance P** - involved in pain.

IMMUNE SYSTEM

The immune system is responsible for defending the body against disease.



Types of immunity

1. **Natural immunity** - immunity gained from birth.

2. **Artificial immunity** - immunity gained from a vaccine.

3. **Active immunity** - immunity gained from exposure to an antigen.

4. **Passive immunity** - immunity gained from receiving antibodies.

5. **Innate immunity** - immunity that is present from birth.

6. **Adaptive immunity** - immunity that is developed over time.

7. **Humoral immunity** - immunity that involves the production of antibodies.

8. **Cell-mediated immunity** - immunity that involves the action of T cells.

9. **Systemic immunity** - immunity that affects the whole body.

10. **Mucosal immunity** - immunity that is located in the mucous membranes.

11. **Local immunity** - immunity that is limited to a specific area.

12. **Transient immunity** - immunity that lasts for a short time.

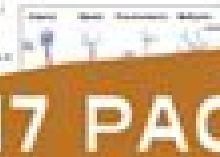
13. **Long-term immunity** - immunity that lasts for a long time.

14. **Primary immunity** - immunity that is the first response to an antigen.

15. **Secondary immunity** - immunity that is the second response to an antigen.

16. **Tertiary immunity** - immunity that is the third response to an antigen.

17. **Quaternary immunity** - immunity that is the fourth response to an antigen.



ORGAN SYSTEMS OF THE BODY

The human body is made up of many different organ systems.

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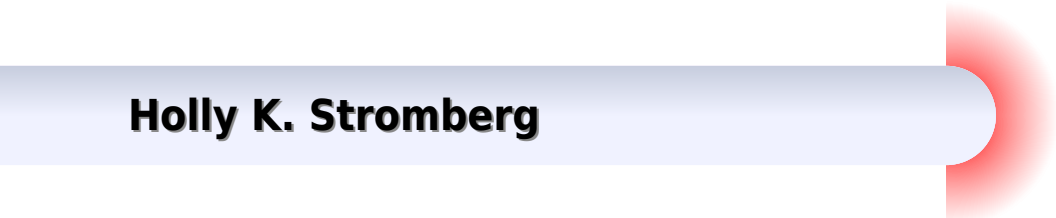
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Holly K. Stromberg



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Table of Contents Anatomy And Physiology 1 Study Guide Answers

1. Understanding the eBook Anatomy And Physiology 1 Study Guide Answers
 - The Rise of Digital Reading Anatomy And Physiology 1 Study Guide Answers
 - Advantages of eBooks Over Traditional Books
2. Identifying Anatomy And Physiology 1 Study Guide Answers
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Anatomy And Physiology 1 Study Guide Answers
 - User-Friendly Interface
4. Exploring eBook Recommendations from Anatomy And Physiology 1 Study Guide Answers
 - Personalized Recommendations
 - Anatomy And Physiology 1 Study Guide Answers User Reviews and Ratings
 - Anatomy And Physiology 1 Study Guide Answers and Bestseller Lists
5. Accessing Anatomy And Physiology 1 Study Guide Answers Free and Paid eBooks

- Anatomy And Physiology 1 Study Guide Answers Public Domain eBooks
 - Anatomy And Physiology 1 Study Guide Answers eBook Subscription Services
 - Anatomy And Physiology 1 Study Guide Answers Budget-Friendly Options
6. Navigating Anatomy And Physiology 1 Study Guide Answers eBook Formats
- ePub, PDF, MOBI, and More
 - Anatomy And Physiology 1 Study Guide Answers Compatibility with Devices
 - Anatomy And Physiology 1 Study Guide Answers Enhanced eBook Features
7. Enhancing Your Reading Experience
- Adjustable Fonts and Text Sizes of Anatomy And Physiology 1 Study Guide Answers
 - Highlighting and Note-Taking Anatomy And Physiology 1 Study Guide Answers
 - Interactive Elements Anatomy And Physiology 1 Study Guide Answers
8. Staying Engaged with Anatomy And Physiology 1 Study Guide Answers
- Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Anatomy And Physiology 1 Study Guide Answers
9. Balancing eBooks and Physical Books Anatomy And Physiology 1 Study Guide Answers
- Benefits of a Digital Library
 - Creating a Diverse Reading Collection Anatomy And Physiology 1 Study Guide Answers
10. Overcoming Reading Challenges
- Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Anatomy And Physiology 1 Study Guide Answers
- Setting Reading Goals Anatomy And Physiology 1 Study Guide Answers
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Anatomy And Physiology 1 Study Guide Answers
- Fact-Checking eBook Content of Anatomy And Physiology 1 Study Guide Answers
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
- Utilizing eBooks for Skill Development

- Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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