

FJ Cruiser Maintenance Checklist

By FJX2000

Every 5,000 Miles

	Clean cabin air filter
	Replace engine oil/oil filter (5W-30 for 07-09 FJs)
	Rotate tires
	Visually inspect brake pads/discs/drums/linings
	Inspect and adjust all fluid levels
	Inspect wiper blades
	Check installation of driver's floor mat

Every 10,000 Miles

	Replace engine oil/oil filter (0W-20 for 2010+ FJs)
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Every 15,000 Miles

	Lubricate propeller shaft
	Re-torque propeller shaft bolts
	Replace cabin air filter (07-09 FJs)
	Replace front/rear differential oil (if towing)

Every 30,000 Miles

	Replace engine air filter
	Replace spark plugs (07-09 FJs)
	Replace transfer case oil (if towing or frequent 4WD)
	Replace manual transmission oil (if towing)
	Replace cabin air filter (2010+ FJs)
	Replace clutch fluid

Every 60,000 Miles

	Replace automatic transmission fluid (if towing)
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Every 120,000 Miles

	Replace spark plugs (2010+ FJs)
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Note: Some items may only apply to 4WD models, to FJs used for off-roading, or FJs used for towing. Do suggested service at your discretion based on use.

Off-road Checklist (Every 5,000 Miles or Before/After Off-roading)

	Check ball joints and dust covers
	Check brake lines and hoses
	Check brake pads/discs
	Check front/rear differential oil
	Check CV axle boots
	Check/clean engine air filter
	Check/tighten nuts/bolts on chassis (including skid plates)
	Check steering linkage and boots
	Check transfer case oil
	Check transmission fluid
	Lubricate propeller shafts
	Check front upper/lower control bolts/nuts
	Check rear links and panhard bar bolts/nuts
	Check sway bar link bolts/nuts
	Check front/rear shock mounts

Other Items to Inspect/Change Periodically

	Automatic trans fluid (Change every 60,000 - 100,000 miles)
	Manual transmission fluid (Change every 30,000 - 60,000 miles)
	Engine coolant (Change every 30,000 miles or 2 years)
	Exhaust pipes and mountings
	Fuel lines, connections, fuel tank band, and fuel vapor vent system hoses
	Fuel tank cap gasket
	Radiator and condenser
	Steering gear box
	Drive belts
	Engine valve clearance (07-09 FJs)
	Brake fluid (Change every 2-5 years)
	Power steering fluid (Change every 75,000 -100,000 miles)
	Headlight/turn signal/reverse/mirror bulbs

5000 mile interval oil/oil filter changes are suggested for 2010+ FJs if driving repeated trips less than 5 miles in temperatures below 32°F/ 0°C or if extensive idling and/or low speed driving for long distances.

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J Rink



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The Car Book 2008 Jack Gillis, Amy Curran, David Iberkleid, Julia Redmon, 2008 **The Car Book 2007** Jack Gillis, Amy Curran, David Iberkleid, 2007 *Navy Comptroller Manual* United States. Navy Department. Office of the Comptroller, 1990
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