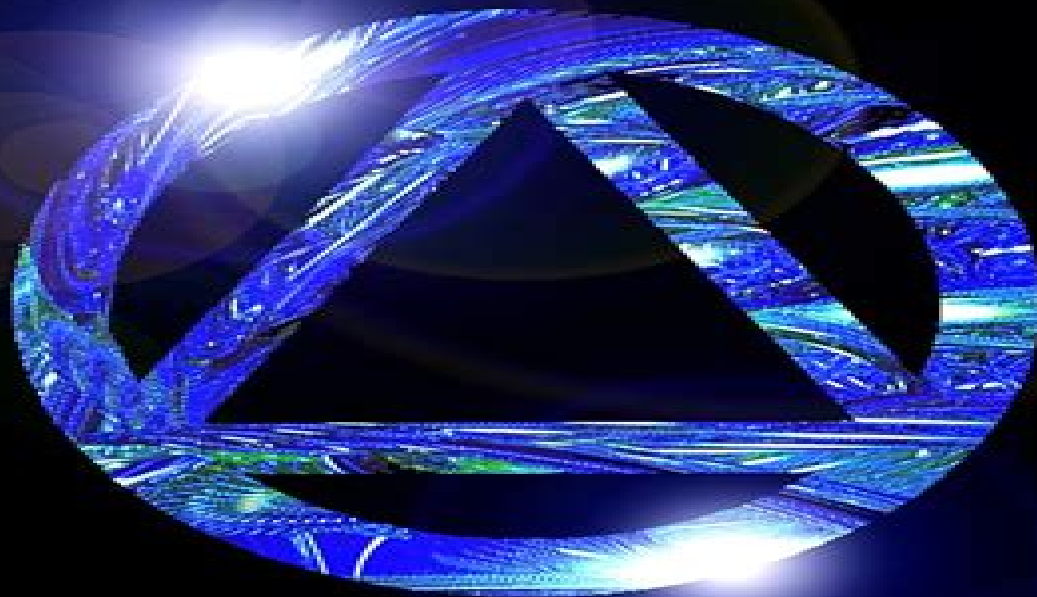


101 Additional Clichés of Alcoholics Anonymous

By Bob Tolin



More Sayings the Newcomers Hate
and the Oldtimers Love

101 Additional Cliches Of Alcoholics Anonymous

Bob Tolin



101 Additional Cliches Of Alcoholics Anonymous:

101 Additional Cliches of Alcoholics Anonymous Bob Tolin, 2014-10-27 This book digs deeper as it continues the work of the first book a journey into sobriety I have had many ask me to write about more cliches so I have This book is more profound I could not help but write it with a different voice The first book was written when I had 2 3 years sober Now I am approaching 14 years sober so I am older I have been sober longer and my sobriety has matured I still believe like the first book the spiritual wisdom of the old timers is something all can enjoy and learn from not just alcoholics but any who are on a spiritual journey The Big Book states that Henry Ford once made a wise remark to the effect that experience is the thing of supreme value in life We grow by our willingness to face and rectify errors and convert them into assets The alcoholic s past thus becomes his greatest asset The first book was written with the hope to spread laughter and hope to the newcomer that believes all is lost The second book speaks more to those with a little sobriety not someone with the shakes It is more in depth and thought provoking for those with clearer heads There are certain epiphanies that come with long term sobriety In this book each clich is a parable an allegorical truth that is explained using information from the Big Book and the realizations from someone who has recovered from alcoholism and has nearly 14 years sober This book is not fluff nor is it for the faint hearted The world of alcohol and drug abuse is not pretty nor one easily explained or understood This book is soul searching and at the same time inspirational I have tried to get a little deeper with this one a little more personal and more spiritual I hope you gain as much in reading it as I did writing it Sincerely Bob T

101 Common Cliches of Alcoholics Anonymous Bob Tolin, 2014-03-14 It is hard to find Alcoholic Anonymous literature that has the same flavor as your favorite meeting until now This book was written in the same spirit that claims We are not a glum lot This book has been received with such favor that I have now written a second book to add to it another 101 cliches so people now have more cliches and commentary to ponder and enjoy In the Big Book an alcoholic states the most compelling part of A A the part that made me want to try this sober thing was the laughter the pure joy of the laughter that I heard only from sober alcoholics This book was written first with the hope to spread this laughter to the newcomer that has lost all hope Secondly it serves to enlighten and dispel rumors about AA to inform people who are simply curious about the teachings of A A It tells what it is really like from someone who has taken the journey and recovered It is filled with witty heartfelt clich s that are so true so sharp they make the old timers smile and the newcomers cringe The clich s are used to teach newcomers the greater truths about the cure for alcoholism Each clich is a parable an allegorical truth that is then explained using plainly stated information from knowledgeable sponsors and the Big Book with humorous commentary from a recovered alcoholic This book is not fluff nor is it for the faint hearted The world of alcohol and drug abuse is not pretty nor one easily explained or understood This book is gritty informative and at the same time inspirational and full of joy and hope but most of all it was written with the newcomer in mind so it does a balancing act just for them It is meant to be simple when I was first getting sober I had the attention

span of a gnat It is honest and funny and gives a glimpse of just how ugly addiction gets and how attractive real recovery can be After reading about us our cliches and our solution to a condition described as cunning baffling and powerful it is my hope at least some will say Yes I am one of them too I too must have this thing NOTE the font size in this book is very close to LARGE PRINT

Home-made Kids Peter Gilchrist (C. Psychol.),2003 Each stage in a child s development has its own ups and downs and its focus We often wonder whether our children will ever pass the terrible tens or the monosyllabic fourteens Our role is to bring them to maturity and some degree of independence by their eighteenth birthday There are many subtly different shades of management that apply to each stage during this eighteen year journey It is one of the greatest tasks with which the human being is confronted It is genuinely life altering We are all products of our parents yet few if any of us have any training in parenting Former Daily Mail columnist Peter Gilchrist takes us through the trials and tribulations that can occur when our children are growing up and offers invaluable advice on how to deal with the trickiest of situations All in My Head Paula Kamen,2009-04-24 At the age of twenty four Paula Kamen s life changed in an instant While she was putting in her contacts the left lens disturbed a constellation of nerves behind her eye The pain was more piercing than that of any other headache she had ever experienced More than a decade later she still has a headache the exact same headache From surgery to a battery of Botox injections to a dousing of Lithuanian holy water from a mountain of pharmaceutical products to aromatherapy and even a vibrating hat All in My Head chronicles the sometimes frightening usually absurd and always ineffective remedies Kamen like so many others tried in order to relieve the pain Beleaguered and frustrated by doctors who frustrated themselves periodically declared her pain psychosomatic she came to understand the plight of the millions who suffer chronic pain in its many forms Full of self deprecating humor and razorsharp reporting All in My Head is the remarkable story of patience acceptance and perseverance in the face of terrifying pain

Cumulated Index Medicus ,1972 **Australian National Bibliography** ,1988 *Alcoholics Anonymous* Audrey Constant,1986-01 Alcoholics Anonymous, Fourth Edition Alcoholics Anonymous World Services, Inc.,2013-12-04 Known as the Big Book the basic text of Alcoholics Anonymous has helped millions of people worldwide get and stay sober since the first edition appeared in 1939 Opening chapters articulate A A s program of recovery from alcoholism the original Twelve Steps and recount the personal histories of A A s co founders Bill W and Dr Bob In the pages that follow more than 40 A A members share how they stopped drinking and found a new healthier and more serene way of life through the Fellowship of Alcoholics Anonymous Whether reading passages at meetings reading privately for personal reflection or working with a sponsor the Big Book can be a source of inspiration guidance and comfort on the journey to recovery This Fourth Edition of Alcoholics Anonymous has been approved by the General Service Conference

101 AA Sayings & Quotes ,2002 Alcoholics Anonymous Alcoholics Anonymous,2001

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101 Additional Cliches Of Alcoholics Anonymous Introduction

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