

Anatomy of the Muscular System Worksheet

Multiple Choice

1. An entire skeletal muscle is covered by a coarse sheath called
 - a. Endomysium
 - b. Perimysium
 - c. Epimysium
 - d. Aponeurosis
2. Muscles that are arranged like feathers in a plume are described as
 - a. Parallel
 - b. Convergent
 - c. Sphincter
 - d. Pennate
3. Aponeurosis is
 - a. Broad and flat
 - b. Tube-shaped
 - c. Featherlike
 - d. Circular
4. Antagonists are muscles that
 - a. Oppose prime movers
 - b. Facilitate prime movers
 - c. Stabilize muscles
 - d. Directly perform movements
5. A fixed point about which a rod moves is called a
 - a. lever
 - b. bone
 - c. belly
 - d. fulcrum
6. In first-class levers the
 - a. Fulcrum is between the load and the force
 - b. Load is between the fulcrum and force
 - c. Force is between the fulcrum and load
 - d. Load and force are equal
7. All of the following are rotator cuff muscles except
 - a. Deltoid
 - b. Infraspinatus
 - c. Supraspinatus
 - d. Teres minor
8. The muscle that shrugs the shoulders is the
 - a. Sternocleidomastoid
 - b. Deltoid
 - c. Trapezius
 - d. Pectoralis major
9. The posterior arm muscle that extends the forearm is the
 - a. triceps brachii
 - b. brachioradialis
 - c. brachialis
 - d. biceps brachii
10. The muscles of the quadriceps femoris include all of the following except
 - a. Vastus intermedius
 - b. Vastus medialis
 - c. Vastus lateralis
 - d. Vastus femoris
11. The anterior superior iliac spine is the site of origin for the
 - a. Sartorius
 - b. Rectus femoris
 - c. Gracilis
 - d. Iliacus
12. Plantar flexion of the foot is achieved by the
 - a. Tibialis anterior
 - b. Tibialis posterior
 - c. Peroneus brevis
 - d. Soleus
13. The muscles of the hamstring include all of the following except
 - a. Iliopsoas
 - b. Semitendinosus
 - c. Semimembranosus
 - d. Biceps femoris
14. Which of the following muscles does not move the upper arm?
 - a. Pectoralis major
 - b. Latissimus dorsi
 - c. Deltoid
 - d. Trapezius
15. The origin of a muscle is on the femur, and the insertion is on the tibia. When it contracts, it bends the knee. Which of the following is true?
 - a. The knee is acting as a fulcrum
 - b. It is an example of a first-class lever
 - c. It is an example of a second-class lever
 - d. A and C
16. The origin of a muscle is on the femur, and the insertion is on the tibia. When it contracts, it bends the knee. The fibers run parallel. What term might be a part of its name?
 - a. Rectus
 - b. Oblique
 - c. Femoris
 - d. A and C
17. Which of the following is not a function of all muscle?
 - a. Excitability
 - b. Elasticity
 - c. Relaxability
 - d. Contractility

Anatomy And Physiology Test Muscle System Test

RD Boyd



Anatomy And Physiology Test Muscle System Test:

Mosby's Guide to Physical Examination Henry M. Seidel, 2011-01-01 With a strong patient centered approach to care and an author team comprised of nurses and physicians Seidel's Guide to Physical Examination 8th Edition addresses teaching and learning health assessment in nursing medical and a wide variety of other health care programs at both undergraduate and graduate levels This new edition offers an increased focus on evidence based practice and improved readability along with integrated lifespan content and numerous special features such as Clinical Pearls and Physical Variations Functional Assessment and Staying Well boxes Evidence Based Practice in Physical Examination boxes supply you with current data on the most effective techniques for delivering quality patient care Clinical Pearls lend insights and clinical expertise to help you develop clinical judgment skills Functional Assessment boxes present a more holistic approach to patient care that extends beyond the physical exam to patients functional ability Staying Well boxes focus you on patient wellness and health promotion Risk Factor boxes provide opportunities for patient teaching or genetic testing for a variety of conditions Differential diagnosis content offers you an understanding of how disease presentations vary and specific information for how to make diagnoses from similar abnormal findings Abnormal Findings tables equip you with a quick illustrated reference that allows for comparisons of various abnormalities along with key symptoms and underlying pathophysiology Sample Documentation boxes clarify appropriate professional language for the process of recording patient assessment data NEW Advance Practice Skills highlighted throughout text makes identification and reference easier for students NEW Updated content throughout provides you with cutting edge research and a strong evidence based approach to care NEW Vital Signs and Pain Assessment Chapter groups important foundational tasks together for easy reference in one location NEW Improve readability ensures content remains clear straightforward and easy to understand NEW Updated illustrations and photographs enhances visual appeal and clarifies anatomic concepts and exam techniques

Mosby's Guide to Physical Examination - E-Book Henry M. Seidel, Rosalyn W. Stewart, Jane W. Ball, Joyce E. Dains, John A. Flynn, Barry S. Solomon, 2010-03-04 Mosby's Guide to Physical Examination is a comprehensive textbook of physical examination history taking and health assessment with a unique emphasis on differential diagnosis and variations across the lifespan The book conveys a uniquely compassionate patient centered approach to physical examination with a strong evidence based foundation Clinical Pearls boxes give brief clinical insights with expert tips on techniques findings and patient teaching Mnemonic boxes deliver engaging auditory visual and other memory cues to help you remember series of assessment or exam steps Physical Variations boxes detail multicultural considerations for assessing patients from diverse ethnic and cultural groups Staying Well boxes describe holistic approaches to health promotion and patient teaching Risk Factors boxes highlight modifiable and nonmodifiable risk factors for a variety of conditions Differential Diagnosis boxes give comparisons of expected findings for similar conditions and explain how disease presentations vary Physical Examination boxes provide

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ATI TEAS Strategies, Practice & Review with 2 Practice Tests Kaplan Nursing,2017-01-03 Provides comprehensive exam review as well as test taking strategies and study techniques

Phlebotomy Exam Review Ruth E. McCall,2023-08-15 Phlebotomy Exam Review Eighth Edition provides a comprehensive review of current phlebotomy theory and offers an ideal way to study for phlebotomy licensing or national certification exams It also makes for an excellent study tool for students taking formal phlebotomy training programs By answering the questions in this review student can test their knowledge and application of current phlebotomy theory Theory questions address recent federal safety standards Clinical and Laboratory Standards Institute CLSI guidelines and the National Accrediting Agency for Clinical Laboratory Sciences NAACLS phlebotomist competencies when applicable Questions are standard multiple choice like those used on national exams with choices that often test your critical thinking abilities

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Review Questions for Phlebotomy S.A. Taylor,2000-08-15

This is a large format review text with approximately 400 questions and full paragraph answers for the American Society of Clinical Pathologists Phlebotomy Technician Examination The book is in nine sections covering phlebotomy techniques equipment specimen processing and handling laboratory operations and the basic anatomy and physiology required for the Phlebotomy Technician examination Each section opens with a topical review followed by the questions and answers for that section

U.S. Government Research Reports ,1964

Anatomy and Physiology for Health Professionals Jahangir

Moini,2011-04-04 Anatomy and Physiology for Health Professionals provides a reliable complete resource and reference on human anatomy and physiology This comprehensive and accessible text is written specifically for health professions students and covers the most important topics and concepts to adequately prepare them for their future careers Organized by review of structure and function the subjects and systems covered in the book are easy to read and provide a concentrated core of study topics that highlights key areas of human anatomy and physiology Features Over 350 Full color Photos Figures Tables and Illustrations Glossary of Key Terms Check Your Knowledge Boxes Chapter Objectives and Learning Goals Critical Thinking Questions Chapter Review Questions with Answer Key Instructor Resources Instructor s Manual PowerPoint Slides TestBank Each new copy of this text is accompanied by an access code to the Companion Website Please note Electronic eBook formats do not include access to the Companion Website

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that evaluates the whole person as a physical psychosocial and functional being whether they are young or old well or ill This market leading text presents health assessment physical examination information and skills for health professionals who undertake these types of assessments Health Assessment and Physical Examination is scaffolded from foundation to more advanced health assessment following a body systems approach and a head to toe approach It uses the ENAP Examine Normal Abnormal Pathophysiology approach as a tool for students to collect useful information An applied case study at the end of each chapter walks students through an example of an assessment This comprehensive yet student friendly text is noted for its high quality case studies pedagogical elements and excellent student resources Unique to this text are the advanced topics and Urgent findings which highlights serious or life threatening signs or critical assessment findings that need immediate attention

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