ROXANNE J. DERHODGE BSc. MSc

# THERAPIST INSIDER'S GUIDE ON RELATIONSHIPS

HEALING THE PAST

# A Therapist Insider S Guide On Relationships Healing The Past

Manuela Heider de Jahnsen, MSc

#### A Therapist Insider S Guide On Relationships Healing The Past:

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towards healing and renewal In this transformative book Manuela's compassionate approach shines a light on the horizon offering hope and guidance for those seeking a holistic understanding of trauma and a path to lasting well being

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