

ANATOMY & PHYSIOLOGY

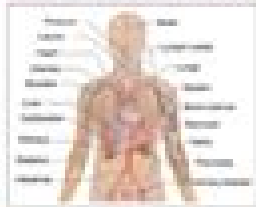
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HUMAN ANATOMY AND PHYSIOLOGY

Study of the human organism and its internal body



Anatomy

The study of the structure of the human body and its internal organs.

Physiology

The study of the function of the human body and its internal organs.

Structural levels

Studying the human body at the structural level involves the following:

- 1. **Chemical level** - study of the chemical composition of the body.
- 2. **Cellular level** - study of the structure and function of cells.
- 3. **Tissue level** - study of the structure and function of tissues.
- 4. **Organ level** - study of the structure and function of organs.
- 5. **System level** - study of the structure and function of systems.
- 6. **Whole body level** - study of the structure and function of the whole body.

CELLS AND TISSUES

Cells are the basic units of structure and function of the human body.



Composition of cellular fluids

Cells are composed of various fluids.

1. **Intracellular fluid** - fluid inside the cell.

2. **Extracellular fluid** - fluid outside the cell.

3. **Interstitial fluid** - fluid between cells.

4. **Transcellular fluid** - fluid in body cavities.

5. **Plasma** - fluid in blood vessels.

6. **Lymph** - fluid in lymphatic vessels.

7. **Saliva** - fluid in the mouth.

8. **Tears** - fluid in the eyes.

9. **Sweat** - fluid on the skin.

10. **Urine** - fluid in the bladder.

11. **Feces** - solid waste in the large intestine.

12. **Other fluids** - various fluids in the body.

13. **Amniotic fluid** - fluid in the amniotic sac.

14. **Pericardial fluid** - fluid around the heart.

15. **Pleural fluid** - fluid around the lungs.

16. **Joint fluid** - fluid in joints.

17. **Other fluids** - various fluids in the body.

18. **Other fluids** - various fluids in the body.

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ORGANS

Organs are structures made up of different tissues that perform a specific function.

1. **Heart** - pumps blood throughout the body.

2. **Lungs** - exchange gases between the body and the environment.

3. **Stomach** - digests food and absorbs nutrients.

4. **Intestines** - absorb nutrients and eliminate waste.

5. **Kidneys** - filter blood and remove waste.

6. **Bladder** - stores urine.

7. **Uterus** - carries and nurtures the developing fetus.

8. **Vagina** - canal for childbirth.

9. **Penis** - organ of male reproduction.

10. **Testes** - produce sperm.

11. **Prostate** - gland that produces fluid for sperm.

12. **Spleen** - filters blood and removes old red blood cells.

13. **Liver** - produces bile and detoxifies drugs.

14. **Gallbladder** - stores bile.

15. **Pancreas** - produces insulin and digestive enzymes.

16. **Adrenal glands** - produce hormones.

17. **Thyroid gland** - produces thyroid hormone.

18. **Parathyroid glands** - produce parathyroid hormone.

19. **Pituitary gland** - produces growth hormone.

20. **Hypothalamus** - controls body temperature.

21. **Brain** - controls all body functions.

22. **Spinal cord** - transmits signals between the brain and the rest of the body.

23. **Nerves** - carry signals between the brain and the rest of the body.

24. **Muscles** - contract to move the body.

25. **Bones** - support the body and protect internal organs.

26. **Joints** - connect bones and allow movement.

27. **Cartilage** - cushions joints.

28. **Ligaments** - connect bones to bones.

29. **Tendons** - connect muscles to bones.

30. **Other organs** - various organs in the body.

31. **Other organs** - various organs in the body.

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SYSTEMS

Systems are groups of organs that work together to perform a specific function.

1. **Cardiovascular system** - pumps blood throughout the body.

2. **Respiratory system** - exchanges gases between the body and the environment.

3. **Digestive system** - digests food and absorbs nutrients.

4. **Excretory system** - eliminates waste from the body.

5. **Reproductive system** - produces offspring.

6. **Immune system** - defends the body against disease.

7. **Endocrine system** - produces hormones.

8. **Nervous system** - controls all body functions.

9. **Musculoskeletal system** - moves the body.

10. **Integumentary system** - covers the body.

11. **Other systems** - various systems in the body.

12. **Other systems** - various systems in the body.

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Jin-Ying Zhang



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