

HESI RN Case Studies with Practice Test - Next Generation Version, 1st Edition

A client who is 5 foot 5 inches tall and weighs 200 pounds is scheduled for surgery the next day. Which question is **most** important for the nurse to include during the preoperative assessment?

What vitamin and mineral supplements do you take?

The nurse is examining a male client who reports itching on his right arm. The nurse observes a rash made up of multiple flat areas of redness ranging from pinpoint to 0.5 cm in diameter. How should the nurse record this finding?

Localized red rash comprised of flat areas, pinpoint to 0.5 cm in diameter.



The nurse witnesses the signature of a client who has signed an informed consent. Which statement **best** explains this nursing responsibility?

The client voluntarily signed the form.

During the initial morning assessment, a male client denies dysuria but reports that his urine appears dark amber. Which intervention should the nurse implement?

Encourage additional oral intake of juices and water

The nurse plans to obtain health assessment information from a primary source. Which option is a primary source for the completion of the health assessment?

The client

In developing a plan of care for a client with dementia, the nurse should remember that confusion in the elderly?

Often follows relocation to new surroundings.

A male client with obesity discusses with the nurse his plans to begin a long-term weight loss regimen. In addition to dietary changes, he plans to begin an intensive aerobic exercise program 3 to 4 times a week and to take stress management classes. After praising the client for his decision, which instruction is **most** important for the nurse to provide?

Answers For Hesi Case Studies For Pain

Danielle Ofri, MD



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