

ACLS Study Guide 2016

Mandatory Precourse Self-Assessment at least 70% pass. Bring proof of completion to class.

The ACLS Provider exam is 50 multiple-choice questions. Passing score is 84%. Student may miss 8 questions. All AHA exams are now "open resource" so student may use books and/or handouts for the exam. For students taking ACLS for the first time or updating/ renewing students with a current card, exam remediation is permitted should student miss more than 8 questions on the exam. Viewing the ACLS Provider Manual ahead of time with the online resources is very helpful. The American Heart Association link is www.heart.org/eccstudent and has an ACLS Precourse Self-Assessment, supplementary written materials, and videos. The code for these online resources is in the ACLS Provider Manual page ii. **The code is acsls15.** Basic Dysrhythmia knowledge is required. The exam has at least 9 strips to interpret. **The course is a series of video segments then skills. The course materials will prepare you for the exam.**

BLS Overview – CAB



Push Hard and Fast - Repeat every 2 minutes
*If person unresponsive next step is to check breathing and pulse simultaneously. Pulse check no more than 5-10 seconds
Anytime there is no pulse or unsure -

COMPRESSIONS

Elements of good CPR

COMPRESSIONS

- Rate-at least 100 - 120
- Compression depth at least 2 inches, not more than 2.4 inches or 6 cm
- Switch compressors every 2 min or 5 cycles
- Minimize interruptions (less 10 secs)
- Fatal mistake to interrupt compressions – continue compress while changing

RECOIL

VENTILATION

- With perfusing rhythm squeeze the bag once every 5 to 6 seconds
- Excessive ventilation decreases cardiac output

Stroke

- Cincinnati Pre-Hospital Stroke Scale
- Facial Droop, Arm Drift, Abnormal Speech
- Non-contrast CT scan of the head
- Start fibrinolytic therapy as soon as possible
- Alerting the hospital will expedite patient's care on arrival

Acute Coronary Syndromes, STEMI

*STEMI door-to-balloon within 90 minutes

*12 Lead for CP, epigastric pain, or rhythm change
Recommended dose of aspirin is 160 – 325 mg
Right ventricular MI - caution with NTG

Cardiac Rhythm Strips to Interpret

- Ventricular Tachycardia
 - Stable
 - Unstable
 - Monomorphic
- Supraventricular tachycardia, unstable
- Heart Blocks
 - Second-degree atrioventricular Type I
 - Second-degree atrioventricular Type II
 - Third degree atrioventricular
- Ventricular Fibrillation
- PEA, Pulseless Electrical Activity

Bradycardia

Need to assess stable versus unstable

If stable . . .

- Monitor, observe, and obtain expert consultation

If unstable . . .

- Atropine 0.5mg IV. Can repeat Q 3-5 minutes to 3 mg
 - Maximum dose is 3mg (including heart blocks)
- If Atropine ineffective
 - Dopamine infusion (2-20mcg/kg/min)
 - Epinephrine infusion (2-10mcg/min)
 - Transcutaneous pacing

Tachycardia with a Pulse

•If unstable (wide or narrow)-go straight to

synchronized cardioversion (sedate first)

•If stable narrow complex

- obtain 12 lead
- vagal maneuvers
- adenosine 6mg RAPID IVP, followed by 12mg

Pulseless Rhythms - Cardiac Arrest - CPR

Oxygen, monitor, IV, Fluids, Glucose Check

Agonal gasps are a likely indicator

- 2 minute cycles of compressions, shocks (if VF/VT), and rhythm checks
- Epinephrine 1 mg first every 3-5 minutes (preferred method peripheral IV)

Aha Acls Study Guide 2015

Sebastian Brünink

A red circular graphic with a gradient, appearing as a stylized arrow or a partial circle, located to the right of the author's name.

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ACLS Study Guide - E-Book Barbara J Aehlert, 2016-10-06 Awarded second place in the 2017 AJN Book of the Year Awards in the Critical Care Emergency Nursing category Provide the best possible emergency cardiovascular care using the newest ECC guidelines ACLS Study Guide 5th Edition offers a complete full color overview of advanced cardiovascular life support An easy to read approach covers everything from airway management to cardiac arrest rhythms and their management electrical therapy acute coronary syndromes and acute stroke In addition to the latest ACLS treatment algorithms this edition includes case studies and hundreds of full color photos and illustrations Case studies present common realistic clinical situations helping you learn and apply skills in cardiac rhythm interpretation medication administration and other essential interventions ACLS Pearls boxes offer brief explanations of complex topics and useful tips for clinical practice End of chapter quizzes include answers and rationales helping you learn and remember the most important information Easy to understand approach simplifies your study of advanced cardiac life support thanks to Barbara Aehlert s unique conversational writing style NEW UPDATED content centers on evidence based practice recommendations including the 2015 American Heart Association Guidelines for Cardiopulmonary Resuscitation and Emergency Cardiovascular Care and the 2015 International Consensus on Cardiopulmonary Resuscitation and Emergency Cardiovascular Care Science With Treatment Recommendations NEW Improved format integrates all case studies into the appropriate chapters so that you can apply concepts immediately to real world situations *Lippincott Manual of Nursing Practice* Suresh K. Sharma, 2019-01-01 NA Moderate Procedural Sedation and Analgesia Michael Kost, 2019-03-09 Introducing the definitive resource designed for practitioners working in the rapidly expanding area of moderate procedural sedation and analgesia clinical practice Moderate Procedural Sedation and Analgesia A Question and Answer Approach focuses on the preprocedural procedural and postprocedural care of the moderately sedated patient in a variety of settings This comprehensive text is designed to provide all the content and tools nurses and other clinicians need to demonstrate competency in moderate sedation and analgesia Additionally this user friendly text is written by well known sedation analgesia expert Michael Kost and recommended by standards of practice from the ANA AORN and the American Academy of Pediatrics New clinically focused text ensures clinicians involved in the administration and management of patients receiving moderate sedation have access to the most up to date information Strong safety focus throughout the book explains how technology and clinician practice can improve sedation administration Chapters organized in clinical problem question plus answer format help you easily comprehend material Follows the latest TJC Sedation Anesthesia Guidelines ensuring you are ready for medication administration in clinical practice Pediatrics and Geriatrics chapters cover specific sedation practice recommendations that address the substantive clinical practice challenges associated with these patient populations Pharmacologic profiles of medications detail their use in the moderate sedation practice setting **CEN® Exam Prep Study Guide** Springer Publishing

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Patricia L. Clutter, 2019-07-29 Face the demands of the emergency nursing certification exam CEN with the self assurance that only the right kind of preparation can bring with the newly updated Lippincott Q A Certification Review 3rd Edition This ideal study guide offers 175 multiple choice questions divided evenly among body systems and written in the same style and similar content as those created by the Board of Certification for Emergency Nursing BCEN Offering end of chapter answers and rationales plus two end of book practice exams this is the optimal study guide for all RNs preparing for the CEN exam

Mosby's PDQ for LPN - E-Book Mosby, 2015-11-27 NEW Expanded coverage addresses oxygen delivery hypoglycemic drugs cardiac rhythms STEMI seizure treatment breath sounds and more NEW assessment tools are included for pain nutrition and alcohol abuse UPDATED content reflects the latest clinical developments screening guidelines and drug information **ACLS Review Made Incredibly Easy** LWW, Kate Stout, 2017-01-26 CLS Review Made Incredibly Easy gives you the confidence you need to pass the ACLS certification exam as well as the knowledge and skills needed to perform advanced cardiac life support Packed with easy to remember definitions and step by step directions on the latest treatment algorithms this enjoyable review text tackles required ACLS course and exam content It is also the perfect on the spot clinical reference for nurses students and all healthcare professionals Be expertly guided through the latest ACLS training and exam preparation with NEW and updated content in quick read bulleted format based on current American Heart Association guidelines NEW and updated cardiovascular pharmacology content NEW and updated interventions Explains ACLS course and exam components and requirements Proven study strategies end of chapter quick quizzes and an end of book practice test Explanations of complex concepts easy to retain guidance on how to recognize and treat cardiac arrhythmias including Classifications of interventions including basic life support skills adult cardiac arrest algorithm and defibrillation Step by step how tos for current treatment algorithms Managing specific rhythms hypovolemia hypoxia acidosis hypothermia cardiac tamponade tension pneumothorax pulmonary coronary thrombosis and more Dozens of colorful diagrams and illustrations outline the core concepts and skills needed for ACLS certification including CPR when and how to use it Devices and procedures skills safe ventilation techniques including endotracheal intubation and supraglottic devices as well as defibrillators pacemakers and more Early management managing the first 30 minutes of cardiac emergencies Emergency conditions which cardiac rhythms may require ACLS treatment IV and invasive techniques such as peripheral and central IV line insertion Pharmacology knowing the action indication dosages and precautions for the major drugs used during ACLS Special features that include Just the facts quick summary of each chapter's content o Nurse Joy and Nurse Jake expert

insights on interventions and problem solving Quick quiz multiple choice questions after each chapter to help you retain knowledge o Now I get it real life patient scenarios illustrating correct ACLS interventions o What to look for tips on identifying and interpreting arrhythmias About the Clinical Editor Kate Stout RN MSN is a Critical Care Charge RN at Southern Hills Hospital in Las Vegas Nevada *Sanders' Paramedic Textbook* Mick J. Sanders, Kim McKenna, American Academy of Orthopaedic Surgeons (AAOS), 2024-01-17 Based on current guidelines standards and medical research in the EMS field Sanders Paramedic Textbook Sixth Edition is both a comprehensive learning tool for paramedic students and reliable desk reference for emergency physicians This critical resource includes in depth explorations of key subjects such as pathophysiology pharmacology airway management medical disorders patient assessment and trauma **Basics of Anesthesia E-Book** Manuel Pardo, Ronald D. Miller, 2017-06-06 The undisputed leading text in its market Basics of Anesthesia 7th Edition provides comprehensive coverage of both basic science and clinical topics in anesthesiology Drs Manuel C Pardo Jr and Ronald D Miller in conjunction with many new contributors have ensured that all chapters are thoroughly up to date and reflect the latest advances in today s practice Unparalleled authorship concise text easy to read chapters and a user friendly format make this text the 1 primer on the scope and practice of anesthesiology Presents the combined expertise of two of the most prolific and renowned anesthesia experts worldwide along with more than 80 expert contributing authors Uses a concise at a glance format to cover both the basic science and essential clinical aspects of the field including pathophysiology pharmacology regional anesthesia anesthetic management and special problems and patient groups Features high quality images that offer a detailed visual understanding of regional anesthesiology and much more Includes new topics and chapters on Neurotoxicity of Anesthesia Palliative Care Sleep Medicine Perioperative Surgical Home Trauma and Natural Human Induced Disasters Expert Consult™ eBook version included with purchase This enhanced eBook experience allows you to search all of the text figures and references from the book on a variety of devices *Critical Care Medicine Review: 1000 Questions and Answers* Abraham Sonny, Edward A Bittner, Ryan J. Horvath, Sheri Berg, 2019-09-16 Covering all four critical care board exams anesthesiology surgery internal medicine and neurology Critical Care Medicine Review 1000 Questions and Answers prepares you for exam success as well as clinical practice in today s ICU This full color easy to use review tool provides challenging case studies relevant images multiple choice board style questions rationales for correct and incorrect answers and references for every question Edited by instructors of anesthesia and critical care from Harvard Medical School and Massachusetts General Hospital this comprehensive resource is an ideal study guide for critical care fellows recertifying practitioners and CCRNs *Medical Emergencies in the Dental Office E-Book* Stanley F. Malamed, 2022-01-31 Be prepared to prevent recognize and manage life threatening medical emergencies Medical Emergencies in the Dental Office 8th Edition helps you learn the skills needed to manage health issues in the dental office or clinic The text describes how to recognize and manage medical emergencies promptly and proactively and details the

resources that must be on hand to effectively deal with these situations Written by noted dentistry educator Dr Stanley Malamed this expert text includes the latest guidelines for drug related emergencies cardiac arrest and more An enhanced eBook is included with each new print purchase featuring a complete fully searchable version of the text a test bank of 300 questions and answers and much more available on a variety of devices Logical format reflects the way emergencies are encountered in a dental practice with chapters organized by commonly seen clinical signs and symptoms such as unconsciousness or altered consciousness respiratory distress seizures allergic reactions chest pain and cardiac arrest Step by step procedures include detailed sequential instructions for stabilizing and treating patients PCABD in common medical emergencies Full color illustrations demonstrate emergency techniques with realistic clarity Summary tables and boxes make it easy to find essential concepts and information Quick reference algorithms in the appendix include step by step diagrams showing the decision making process in common emergency situations A differential diagnosis chapter ends each of the book's parts on common emergencies An enhanced eBook version is included with each new print purchase featuring a fully searchable version of the text an image collection a test bank of 300 questions and answers and more UPDATED content includes the most current guidelines for drug related emergencies unconsciousness altered consciousness and cardiac arrest as well as protocols for obstructed airway management UPDATED PCABD boxes reflect the American Heart Association's algorithm for stabilizing and treating victims with an easy to remember acronym PCABD Positioning Circulation Airway Breathing and Definitive Management UPDATED Emergency drug and equipment kit instructions help you assemble emergency kits and ensure that your dental office has safe current materials on hand

Emergency and Clinical Ultrasound Board Review Alan Chiem, Vi Am Dinh, 2020 Emergency and Clinical Ultrasound Board Review is a comprehensive guide for preparing for the Advanced Emergency Medicine Ultrasonography or Critical Care Echocardiography board exams and for residents preparing for in training examinations in ultrasound The text consists of over 500 multiple choice questions organized into 18 chapters covering ultrasound topics such as physics eFAST echocardiography thoracic aorta hepatobiliary renal pregnancy soft tissue ocular procedural airway ENT DVT testicular abdominal and musculoskeletal applications Questions are written in a case based format that emulates the ABEM and NBE board exams and are supplemented by over 800 figures tables boxes and online videos

Handbook of Pediatric & Neonatal Emergencies S Sushamabai, 2019-06-30 This book provides clinicians and trainees with the latest advances and procedures in the management of paediatric and neonatal emergencies Divided into 16 sections the text begins with discussion on the concept of intensive care resuscitation and diagnosis of an acutely sick child The following chapters cover the treatment of emergency scenarios in different systems of the body respiratory cardiovascular nervous endocrine renal and gastrointestinal The book concludes with sections on infectious diseases oncology accidents and poisoning and neonatology A chapter on drug dosages is also included Topics are presented in a step by step systematic approach further

enhanced by photographs diagrams flowcharts and tables to assist learning Key points Comprehensive guide to latest advances in management of paediatric and neonatal emergencies Covers emergency scenarios in all anatomical systems Includes section on paediatric drug dosages Highly illustrated with photographs diagrams flowcharts and tables **AACN Procedure Manual for Progressive and Critical Care - E-Book** AACN,2023-07-07 American Journal of Nursing AJN Book of the Year Awards 1st Place in Critical Care Emergency Nursing 2024 Selected for Doody's Core Titles 2024 with Essential Purchase designation in Critical Care Edited by the American Association of Critical Care Nurses and written by more than 100 critical care experts under the direction of Karen L Johnson PhD RN FAAN this definitive reference represents the gold standard of care for procedures performed in progressive and critical care settings It guides you through procedures common to the adult critical care environment including those performed by advanced practice nurses in an illustrated step by step format This edition now in full color features new procedures new and updated illustrations and updated content throughout reflecting the latest evidence based guidelines and national and international protocols Quick reference tabs make it easier than ever to locate content quickly This new edition integrates key AACN initiatives such as Practice Alerts and coordinates closely with the AACN Core Curriculum for Progressive and Critical Care Nursing 8th Edition Chapter specific quick links employ QR codes for instant access to high quality online references Edited by the American Association of Critical Care Nurses written by more than 100 expert critical care clinicians under the direction of Karen L Johnson PhD RN FAAN and extensively reviewed by more than 100 additional critical care experts to ensure the accuracy and currency Comprehensive coverage includes all procedures commonly performed in progressive and critical care settings including those performed by advanced practice nurses indicated by an AP icon Straightforward step by step organization uses consistent headings to make following a procedure and finding the various supporting elements quick and easy with bulleted lists tables and detailed illustrations throughout to ensure that content is easy to reference and follow Rationales for all interventions in patient and family education assessment patient preparation procedure and monitoring help students understand the rationale for every step and a level of evidence is provided when a research base exists to substantiate an intervention giving insight into the strength of recommendations NEW Additional procedures new and updated illustrations and updated content throughout reflect the latest evidence based guidelines and national and international protocols NEW Full color design with color reference tabs enhances navigation plus full color illustrations reinforce understanding UPDATED Key AACN initiatives such as Practice Alerts are integrated throughout and content coordinates with the AACN Core Curriculum for Progressive and Critical Care Nursing 8th Edition NEW Chapter specific quick links via QR codes provide quick access to online references which have been updated and limited to the highest value sources **ACLS Review Made Incredibly Easy** Laura Willis,2023-11-09 ACLS Review Made Incredibly Easy 4th Edition is packed with easy to remember definitions and step by step directions on the latest algorithms giving you the confidence you need to pass the

ACLS certification exam as well as the knowledge and skills needed to perform advanced cardiac life support *AACN Procedure Manual for High Acuity, Progressive, and Critical Care - E-Book* AACN,2016-12-02 NEW Updated content throughout reflects the latest evidence based guidelines and national and international protocols NEW 17 new procedures reflect major additions to nursing practice in high acuity progressive and critical care settings NEW Engaging new illustrations of procedures equipment and techniques are integrated throughout **Pfenninger and Fowler's Procedures for Primary Care E-Book** Grant C. Fowler,2019-03-24 Primary care clinicians are performing more varied procedures than ever before and physicians residents and students need a comprehensive authoritative resource that provides trusted information in an easy to follow format Through three outstanding editions Pfenninger and Fowler s Procedures for Primary Care has been the go to reference for step by step strategies for nearly every medical procedure that can be performed in an office hospital or emergency care facility by primary care providers This 4th Edition continues that tradition with new section editors updated illustrations new chapters and much more No other primary care procedure book compares with Pfenninger and Fowler s breadth and depth of practical step by step content Provides comprehensive real world coverage of more than 230 procedures that arise in the primary care setting including many that were previously performed only in subspecialty settings such as joint injections and cosmetic procedures Includes new chapters Esophageal Foreign Body Removal Manual Testicular Detorsion Symphysiotomy Zipper Injury Management and Blood Products Presents the how to expertise of six new section editors for a fresh contemporary perspective throughout the book Additional focus on the evidence with plentiful citations to key references makes this the most evidence based edition yet Features numerous updated illustrations including many more in full color and incorporates updated ICD 10 CM codes throughout Provides access to online resources including patient education handouts and consent forms lists of device manufacturers and more Utilizes a concise outline format detailed text and illustrations and abundant boxes and tables for quick access to the information you need Enhanced eBook version included with purchase which allows you to access all of the text figures and references from the book on a variety of devices **ACLS Specialty Review and Study Guide** Whitten,2015-09-25 Includes Multiple choice fact scenario and case based questions Correct answers and explanations to help you quickly master specialty content All questions have keywords linked to additional online references The mission of StatPearls Publishing is to help you evaluate and improve your knowledge base We do this by providing high quality peer reviewed educationally sound questions written by leading educators StatPearls Publishing

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