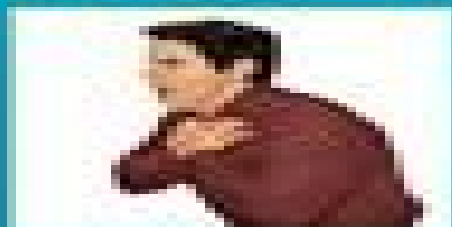


Adult Choking



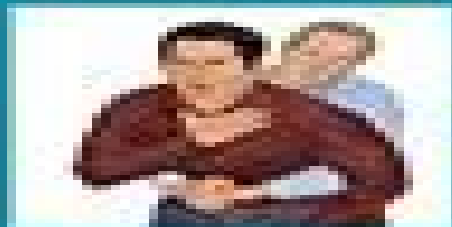
Training
Module
Resuscitation
First Aid



Recognise choking

- Recognise the choking signs
- Can't breathe enough, sounds, or make sounds

Ask: "Are you choking?" If the person yes, tell them you are going to help



Give 5 quick, sharp blows to the back, between the shoulder blades

- Check if forced out
- Person can breathe and make sounds
- Person stops responding



If the person stops responding

- Ask for help
- Check breathing
- Give sets of 30 compressions and 2 breaths, checking the mouth for objects after each set of compressions (remove object if seen)
- After 5 sets, phone 999 and get an A&E
- Then continue CPR until the person starts to respond or 999 takes over



Aha Choking Guidelines 2013

**Maxine Papadakis, Stephen J.
McPhee, Michael W. Rabow**



Aha Choking Guidelines 2013:

The Essential Pocket Guide for Clinical Nutrition Resized, Fourth Edition Mary Width, Tonia Reinhard, 2025-04-23

In today's fast-paced healthcare world it's crucial to have the information you need when you need it. The Essential Pocket Guide for Clinical Nutrition Resized Fourth Edition is a quick reference guide for dietitians, students, interns, and other health professionals actively engaged in clinical nutrition. The easily readable format incorporates tables and boxes for immediate access to evidence-based information on nutritional assessment, nutrition support, life stage nutrition, and nutrition considerations for specific diseases such as diabetes, cardiovascular disease, cancer, and gastrointestinal diseases. All-inclusive resources and relevant appendices such as laboratory assessment and food-drug interactions save the clinician from carrying around separate resources. There is no comparable pocket guide on the market that includes this comprehensive coverage of clinical nutrition. ADIME at a Glance boxes include sample ADIME notes and PES statements. Quick Reference tables and boxes in each chapter make essential information easy to locate. Convenient spiral-bound format allows for hands-free use since it lays flat while using. Concise coverage of major practice areas gives you the resources to confidently cover new cases or a colleague's patients. Each chapter's consistent format includes sections on disease process, treatment, and nutritional intervention, and patient education. Inclusion of official guidelines from nationally recognized associations such as the American Heart Association, American Diabetes Association, National Kidney Foundation, and others. All-inclusive resources and relevant appendices such as lab assessment, food-drug interactions, and dietary supplement facts save the clinician from carrying around separate resources. Upper-level undergraduate and graduate courses, Medical Nutrition Therapy, Nutrition Care Process, Nutrition and Disease, and any Clinical Nutrition or experiential-based course. Indispensable resource and pocket guide for dietitians. 2025, 575 pages. [Clinical Pocket Guide to Advanced Practice Palliative Nursing](#) Constance Dahlin, Patrick Coyne, Betty Ferrell, 2017. Each chapter in this work presents point-of-care guidance on palliative care issues for quick reference in daily practice.

IAP Textbook of Pediatric & Neonatal Emergencies Santosh T Soans FIAP, Nitin Chawla MBBS DNB FACEE PGCPHM, 2019-08-31

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 aspiration 12 6Heimlich Manoeuvre 12 7Cervical spine stabilization Appendix 1 13Approaches Algorithm Appendix 2
 14Drugs **Pierson and Fairchild's Principles & Techniques of Patient Care - E-Book** Sheryl L. Fairchild,Roberta
 O'Shea,Robin Washington,2017-03-24 Master the basics of rehab patient care with Pierson and Fairchild s Principles
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Goldman-Cecil Medicine E-Book Lee Goldman,Kathleen A. Cooney,2023-07-15 For more than 95 years Goldman Cecil Medicine has been the authoritative source for internal medicine and the care of adult patients Every chapter is written by acclaimed experts who with the oversight of our editors provide definitive unbiased advice on the diagnosis and treatment of thousands of common and uncommon conditions always guided by an understanding of the epidemiology and pathobiology as well as the latest medical literature But Goldman Cecil Medicine is not just a textbook It is designed to optimize electronic searches that will rapidly take you to exactly the information you are seeking Throughout the lifetime of each edition periodic updates continually include the newest information from a wide range of journals Furthermore Goldman Cecil Medicine is available for all users of ClinicalKey Elsevier s full library of subspecialty textbooks that can be accessed by readers who may want even more in depth information More than 400 chapters authored by a veritable Who s Who of modern medicine A practical templated organization with an emphasis on up to date evidence based references New chapters on Population Health Effects of Climate Change on Health Bradycardias Transgender Medicine Whipple Disease COVID 19 Virology and Pathobiology COVID 19 Epidemiology Clinical Manifestations Diagnosis Community Prevention COVID 19 Treatment and Vaccination Polyomaviruses and more Thousands of algorithms figures and tables that make its information readily accessible Over 100 supplementary videos heart sounds and key references Available in print and on a variety of electronic devices Continuously updated by Lee Goldman MD An eBook version is included with purchase The eBook allows you to access all of the text figures and references with the ability to search customize your content make notes and highlights and have content read aloud

Evidence-based Therapy in Vascular Surgery E. Sebastian Debus,Reinhart T. Grundmann,2017-03-20 This book is an introduction to quality initiative for vascular surgery and medicine Originally published in German the book is written by

leading experts who utilise their professional expertise and insight to help raise the level of patient safety quality of care and training of junior vascular physicians This books aims to bring together the best available current treatment and information including recent guidelines meta analyses and randomised trials to help put evidence based therapeutic recommendations into practice Innovative therapeutic treatment options are not currently incorporated within standard procedure and this book will help physicians include these methods and create more individualised treatment

The Advanced Practice Nurse Cardiovascular Clinician Kelley Anderson,2015-10-20 Focusing on the interdisciplinary team this cardiovascular resource provides evidence based knowledge and guidance for advanced practice nurses in a variety of care settings Its clinically relevant and directly applicable information is presented in an accessible and well organized format The book encompasses clinical findings diagnostic testing state of the art procedures and therapeutic interventions commonly utilized in inpatient and outpatient clinical cardiology It is specifically designed to meet the informational needs of advanced practice registered nurse providers and students including family nurse practitioners adult gerontology acute care nurse practitioners nurse anesthetists and clinical nurse specialists The resource covers the range of cardiovascular conditions both chronic and acute It discusses the interdisciplinary cardiovascular care team explains the cardiovascular history and clinical examination in nearly step by step detail analyzes clinical findings details common stable and urgent conditions describes the preoperative cardiovascular evaluation advises on the selection and appropriateness of laboratory evaluations and cardiovascular diagnostic studies provides an overview of state of the art procedures including electrophysiology and assesses therapeutic interventions including lifestyle pharmacotherapeutics and invasive techniques It supports the development of clinical judgment skills and therapeutic decision making by considering the challenges presented through advances in technology and the increasing complexity of diagnostic procedures An appendix features tables of relevant and essential cardiovascular guidelines for quick reference Key Features Details current and cutting edge practices and contemporary issues in cardiovascular care Applies evidenced based research findings to clinical practice Compares diagnostic testing options and therapeutic interventions Clarifies complex topics through use of tables algorithms images and lists Identifies pertinent studies and resources for cardiovascular care Describes common cardiac procedures and screening methods Supports the development of clinical judgment skills and therapeutic decision making

Vascular Surgery, An Issue of Surgical Clinics, E-Book Ravi Veeraswamy,Dawn Coleman,2023-07-18 In this issue guest editors bring their considerable expertise to this important topic Provides in depth reviews on the latest updates in the field providing actionable insights for clinical practice Presents the latest information on this timely focused topic under the leadership of experienced editors in the field Authors synthesize and distill the latest research and practice guidelines to create these timely topic based reviews

Massage Therapy E-Book Susan G. Salvo,2019-02-28 Make the essential principles of massage therapy more approachable Covering massage fundamentals techniques and anatomy and physiology Massage Therapy Principles and Practice 6th Edition

prepares you for success in class on exams and in practice settings The new edition of this student friendly text includes more than 700 images expanded information on the latest sanitation protocols critical thinking questions at the end of each chapter and updated pathologies which reflect what you will encounter in the field UPDATED pathologies ensure they are current and reflect what you will see in the field as a practitioner UPDATED Research Literacy and evidence informed practice skills emphasize how to locate and apply scientific data and the latest research findings in your massage practice Licensing and Certification Practice Exams on Evolve mimics the major high stakes exams in format and content builds confidence and helps increase pass rates Complete anatomy and physiology section in addition to material on techniques and foundations you all the information you need in just one book Robust art program enhances your understanding and comprehension of each topic presented through visual representation Case studies challenge you to think critically and apply your understanding to realistic scenarios foster open mindedness cultural competency and stimulate dialogue Profile boxes provide an inspirational real world perspective on massage practice from some of the most respected authorities in massage and bodywork Clinical Massage chapter focuses on massage in therapeutic and palliative settings such as hospitals chiropractic and physical therapy offices nursing homes and hospice care centers to broaden your career potential Business chapter loaded with skills to help make you more marketable and better prepared for today s competitive job market NEW UPDATED information throughout including the latest sanitation protocols ensures the most current accurate and applicable content is provided and is appropriate for passing exams and going straight into practice NEW Critical thinking questions at the end of the chapters help you develop clinical reasoning skills NEW Maps to FSMTB s MBLEx exam the Entry Level Analysis Project ELAP and Massage Therapy Body of Knowledge MTBOK to illustrate that our content is in line with the core entry level massage therapy curriculum NEW Revised Kinesiology images include colored indications of origins and insertions **CURRENT Medical Diagnosis and Treatment 2015 (eBook)** Maxine Papadakis,Stephen J.

McPhee,Michael W. Rabow,2014-09-05 To deliver the best care to your patients turn to the 1 annually updated guide in internal medicine and clinical practice The 2015 Edition is packed with important NEW information For more than 70 years professors students and clinicians have trusted LANGE for high quality current concise medical information in a convenient affordable portable format Whether for coursework clerkships USMLE prep specialty board review or patient care there s a LANGE book that guarantees success NEW TO THIS EDITION Latest 2014 American Heart Association American College of Cardiology guidelines for anticoagulation in atrial fibrillation and indications for interventions in valvular heart disease Update on the epidemic of opioid based prescription drug abuse misuse and overdose and new section on opioids for chronic noncancer pain Revised treatment options for Helicobacter pylori and chronic hepatitis C Latest hypertension information from 2013 UK National Institute of Health and Clinical Excellence and US Joint National Committee JNC8 Reports Discussion of which patients benefit from statins and indications for high vs moderate intensity statins based on 2014 AHA ACC

guidelines Scoring tools for assessing the severity of acute pancreatitis Revised psychiatric diagnoses in accordance with the Diagnostic Statistical Manual s 5th edition No other text links practice and research like CURRENT Medical Diagnosis Treatment Written by clinicians renowned in their fields this trusted annual text offers the most current insight into symptoms signs epidemiology diagnosis prevention and treatment for more than 1 000 diseases and disorders You ll find concise evidence based answers to questions about both hospital and ambulatory problems The streamlined format of each section in this clinical companion is the fastest easiest way to keep abreast of the latest diagnostic advances prevention strategies and cost effective treatments Here s why CMDT is essential to your clinical practice Strong emphasis on the practical aspects of clinical diagnosis and patient management throughout the broad fields of internal medicine Full review of other relevant primary care topics including obstetrics gynecology dermatology neurology urology ophthalmology orthopedics geriatrics women s health and palliative care Hundreds of medication treatment tables with indexed trade names and updated prices Many helpful diagnostic and treatment algorithms Only text with an annual review of advances in HIV treatment Recent references with PMID numbers for easy online access Many full color photographs and illustrations

Miller. Anesthesia Michael A. Gropper,Lars I. Eriksson, Lee A. Fleisher, Jeanine P. Wiener-Kronish, Neal H. Cohen, Kate Leslie, 2021-04-15 Incorpora cuatro cap tulos nuevos Cuidados cl nicos en entornos extremos alta presi n inmersi n ahogamiento hipo e hipertermia Disfunci n cognitiva y otras complicaciones a largo plazo de la cirug a y la anestesia Investigaci n cl nica e Interpretaci n de la literatura m dica Aborda cuestiones espec ficas como la neurotoxicidad los cuidados paliativos y los trastornos del sue o y la vigilia Presenta el tratamiento de diversos temas con innovadoras perspectivas de nuevos autores que aportan al contenido un enfoque m s accesible y orientado a la pr ctica Recoge el conocimiento y la experiencia del anterior editor jefe el doctor Ronald D Miller y cuenta con la valiosa aportaci n de la doctora Kate Leslie de la University of Melbourne y el Royal Melbourne Hospital nueva integrante del equipo de edici n Proporciona informaci n plenamente actualizada sobre f rmacos anest sicos directrices sobre pr ctica anest sica y seguridad del paciente nuevas t cnicas instrucciones paso a paso para el abordaje de los pacientes necesidades espec ficas de los pacientes pedi tricos y otros muchos temas acompa ados de m s de 1 500 ilustraciones en color Incluye la versi n electr nica del libro en Expert Consult que permite acceder al texto completo las figuras y la bibliograf a desde distintos dispositivos as como a actualizaciones p ginas web relacionadas y una colecci n ampliada de v deos ilustrativos de las t cnicas Todos los recursos electr nicos se ofrecen en ingl s

Emergency Medical Services, 2 Volumes Jane H. Brice, Theodore R. Delbridge, J. Brent Myers, 2021-11-17 The two volume Emergency Medical Services Clinical Practice and Systems Oversight delivers a thorough foundation upon which to succeed as an EMS medical director and prepare for the NAEMSP National EMS Medical Directors Course and Practicum Focusing on EMS in the real world the book offers specific management tools that will be useful in the reader s own local EMS system and provides contextual understanding of how EMS functions within

the broader emergency care system at a state local and national level The two volumes offer the core knowledge trainees will need to successfully complete their training and begin their career as EMS physicians regardless of the EMS systems in use in their areas A companion website rounds out the book s offerings with audio and video clips of EMS best practice in action Readers will also benefit from the inclusion of A thorough introduction to the history of EMS An exploration of EMS airway management including procedures and challenges as well as how to manage ventilation oxygenation and breathing in patients including cases of respiratory distress Practical discussions of medical problems including the challenges posed by the undifferentiated patient altered mental status cardiac arrest and dysrhythmias seizures stroke and allergic reactions An examination of EMS systems structure and leadership

Advanced Point-of-Care Ultrasound Michael Gottlieb,Nova Panebianco,2025-08-02 This book is a structured and comprehensive source of detailed information on advanced point of care ultrasound POCUS applications Dating back to the 1990s with the FAST exam for trauma the scope of this imaging modality has expanded widely and been adopted by almost all medicine specialties POCUS is increasingly being integrated into medical school and residency curricula globally and innovations in technology continue to make the devices smaller and lighter with better image quality and advanced features facilitating accessibility and use by health care providers wherever it is needed This volume is organized into four sections organ systems procedures disease state protocols and high level information for individuals building educational programs and for those in leadership roles The chapters dedicated to organ systems cover ultrasound of the heart lung eye head neck and many others Following a chapter on ultrasound guidance for various procedures chapters cover ultrasound guided nerve blocks and resuscitative ultrasound The book closes with several chapters relevant to ultrasound education and leadership including chapters that discuss research diversity equity and inclusion administration of ultrasound programs and emerging applications of ultrasound In the hands of appropriately trained users POCUS augments diagnostic accuracy allows for timely diagnosis and improves procedural safety and success rates Advanced Point of Care Ultrasound A Comprehensive Review reviews core foundational knowledge and provides comprehensive information on advanced techniques applications and innovations to addresses the resource gap for POCUS providers who wish to elevate their knowledge to a higher level

The Walls Manual of Emergency Airway Management Calvin A. Brown,John C. Sakles,Nathan W. Mick,2017-04-28 The Walls Manual of Emergency Airway Management is the world s most trusted reference on emergency airway management and is the foundation text in the nationally recognized The Difficult Airway Course Emergency™ and The Difficult Airway Course EMSTM Its practical hands on approach provides all the concrete guidance you need to effectively respond to any airway emergency whether inside the hospital emergency department urgent care setting or anywhere else where airway emergencies may occur Apply the latest evidence based approaches thanks to state of the art coverage that includes new chapters on The Difficult Airway Cart and Human Factors in Emergency Airway Management expanded coverage on delayed sequence intubation DSI and

comprehensive updates throughout Efficiently overcome any challenge in airway management with the aid of step by step instructions mnemonics easy to follow algorithms and rich illustrations Glean expert insights from a brand new editorial team led by Calvin Brown III MD who is Dr Walls colleague and protégé and consisting of the same experts who teach The Difficult Airway Course Emergency™ and The Difficult Airway Course Anesthesia™ **Lippincott Nursing Procedures**

Lippincott, 2018-10-05 Publisher's Note Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality authenticity or access to any online entitlements included with the product Lippincott Nursing Procedures 8e is a start to finish guide to more than 400 nursing procedures from basic to advanced This reference outlines every procedure lists equipment details each step and includes rationales and cautions to ensure patient safety and positive outcomes Concise clear content targets key information needed to perform nursing procedures safely and accurately at the bedside Tips alerts checklists illustrations and tables provide clarity and quick access to key procedural information Organized alphabetically for easy accessibility the book includes basic and advanced procedures on key topics including infection control specimen collection physical treatments drug administration IV therapy and hemodynamic monitoring as well as procedures related to body systems such as chest tubes peripheral nerve stimulation and intra abdominal pressure monitoring **Stroke**

Rehabilitation Richard Wilson, Preeti Raghavan, 2018-09-12 Practical and concise Stroke Rehabilitation provides everyday clinical guidance on current methods techniques evidence and controversies in this important area This focused resource by Drs Richard Wilson and Preeti Raghavan consolidates today's available information in an easy to navigate format for today's practicing and trainee physiatrists as well as other members of the rehabilitation team Covers the complete spectrum of stroke rehabilitation from aphasia to limb impairment to pain syndromes to facilitate the best outcomes and highest quality of life for your patients Discusses prevention predictors of recovery medication management depression and psychological issues and return to work and driving Includes coverage of robotic technology brain stimulation community based rehabilitation and children and stroke *Sport First Aid* Melinda J. Flegel, 2013-10-01 Nearly half of all injuries in high

school sports occur during practice when no athletic trainer or emergency medical personnel are present In these instances coaches are the first responders As a coach are you prepared to take action in a medical emergency *Sport First Aid* provides high school and club sport coaches with detailed action steps for the care and prevention of more than 110 sport related injuries and illnesses Organized for quick reference *Sport First Aid* covers procedures for conducting emergency action steps performing the physical assessment administering first aid for bleeding tissue damage and unstable injuries moving an injured athlete and returning athletes to play The new edition features the latest CPR guidelines from the American Heart Association guidelines for the prevention recognition and treatment of concussion from the Centers for Disease Control and Prevention and guidelines for the prevention of dehydration and heat illness from the National Athletic Trainers Association Beyond simply treating injuries and illnesses *Sport First Aid* seeks to prevent them from occurring in the first place Included

are strategies for reducing athletes risk of injury or illness such as establishing a school based medical team implementing preseason conditioning programs creating safe playing environments planning for weather emergencies ensuring proper fit and use of protective equipment enforcing sport skills and safety rules and developing a medical emergency plan Sample forms checklists and plans take the work out of developing these documents from scratch With Sport First Aid you and your coaching staff will be prepared to make critical decisions and respond appropriately when faced with athletes injuries and illnesses Produced by the American Sport Education Program ASEP Sport First Aid is the text for the ASEP Sport First Aid course which along with Coaching Principles and Coaching Technical and Tactical Skills courses makes up the curriculum for the ASEP Bronze Level coaching certification program For more information on ASEP courses and resources call 800 747 5698 or visit www.asep.com

Ferri's Clinical Advisor 2016 E-Book Fred F. Ferri, 2015-05-28 Ferri's Clinical Advisor 2016 is simply the fastest most effective way to access up to date diagnostic and treatment information on more than 700 common medical conditions The popular 5 books in 1 format provides quick guidance on diseases and disorders differential diagnoses medical algorithms laboratory tests and clinical practice guidelines An easy to use format with cross references outlines bullets tables boxes and algorithms to expedite your search More than 200 lab tests help hone your skills in reviewing normal values and interpreting results Electronic access to additional algorithms new images and tables EBM boxes patient teaching guides and extra topics Links between each section allow you to navigate easily from a selected topic to relevant associated material and back again

Transradial Access in Interventional Radiology Aaron M. Fischman, Rahul S. Patel, Robert A. Lookstein, 2021-10-28 This book provides how to recommendations and detailed guides for using transradial access in interventional radiology A relatively new and growing technique transradial access is most commonly found within interventional cardiology This book approaches those cardiac uses of transradial access while extending its use to other body sites and disease states The book details the interventional radiologist's transition to using transradial access across a broad spectrum of clinical applications allowing them to better introduce it into their practice and to their patients The text is divided into three sections overview clinical applications and novel applications and techniques The first section covers the history of transradial access the initial patient assessment and how to prepare for a procedure The second section is divided into different diseases and interventional situations where transradial access could be considered including subclavian artery stenosis and endovascular neurosurgery The third section includes coverage of how to perform the latest techniques and projections for future procedures This guide provides a manual of operations to assist in the setup of the practice from office visit to procedure room to recovery across a variety of service lines and patient populations Key take home points and equipment summaries accompany each chapter allowing the user to easily navigate the book to accelerate his or her practice This is an ideal guide for interventional radiologists

The Complete Resource on Pediatric Office Emergency Preparedness Rohit Shenoi, Faria Pereira, Joyce Li, Angelo P. Giardino, 2013-06-01 This book describes key

knowledge concepts skills and up to date algorithms pertaining to common emergencies that can take place in a pediatric office including seizures anaphylaxis and shock and diabetic ketoacidosis The authors supported by peer review from top specialists in Pediatric Emergency Medicine at the Baylor College of Medicine offer the first comprehensive educational resource on pediatric office emergency preparedness devoted exclusively to the practicing primary care health care provider and his her team During emergencies providers and their staff are called on to work efficiently as a code team which is a source of considerable apprehension for many primary care pediatricians This unique reference guide contains a wealth of information and resources in a compact and practical form It presents the most important knowledge skills office resources and team interactions required by practitioners to successfully treat pediatric emergencies in the office

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