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ANGER MANAGEMENT

FOR STUDENTS WITH EMOTIONAL AND
BEHAVIORAL CHALLENGES

A Cognitive-Behavioral
Therapy Manual

SAUNDERS

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Anger Management Manual

Marcel A. Müller



Anger Management Manual:

Anger Management Manual Book Review: Unveiling the Magic of Language

In a digital era where connections and knowledge reign supreme, the enchanting power of language has become more apparent than ever. Its ability to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Anger Management Manual**," published by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound impact on our existence. Throughout this critique, we shall delve in to the book is central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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