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Functions of the Muscular System

Producing movement is a common function of all muscle types, but skeletal muscle plays three other important roles in the body as well.

1. **Producing movement.** Mobility of the body as a whole reflects the activity of the skeletal muscles, which are responsible for all locomotion; they enable us to respond quickly to changes in the external environment.
2. **Maintaining posture.** We are rarely aware of the skeletal muscles that maintain body posture, yet they function almost continuously, making one tiny adjustment after another so that we can maintain an erect or seated posture despite the never-ending downward pull of gravity.
3. **Stabilizing joints.** As the skeletal muscles pull on bones to cause movements, they also stabilize the joints of the skeleton; muscle tendons are extremely important in reinforcing and stabilizing joints that have poorly fitting articulating surfaces.
4. **Generating heat.** The fourth function of muscle, generation of body heat, is a by-product of muscle activity; as ATP is used to power muscle contraction, nearly three-quarters of its energy escape as heat and this heat is vital in maintaining normal body temperature.

Anatomy of the Muscular System

Anatomy Physiology Muscular System Packet Answers

Elliot Spencer



Anatomy Physiology Muscular System Packet Answers:

Unveiling the Energy of Verbal Art: An Psychological Sojourn through **Anatomy Physiology Muscular System Packet Answers**

In a world inundated with screens and the cacophony of fast connection, the profound power and emotional resonance of verbal art often diminish into obscurity, eclipsed by the regular barrage of noise and distractions. Yet, set within the musical pages of **Anatomy Physiology Muscular System Packet Answers**, a captivating work of literary splendor that pulses with natural emotions, lies an unique journey waiting to be embarked upon. Published by a virtuoso wordsmith, that magical opus instructions readers on an emotional odyssey, gently exposing the latent possible and profound influence embedded within the delicate internet of language. Within the heart-wrenching expanse with this evocative examination, we can embark upon an introspective exploration of the book is main subjects, dissect its charming writing model, and immerse ourselves in the indelible impact it leaves upon the depths of readers souls.

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