

2.0L Ford Duratec

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TORQUE WRENCH SETTINGS

Specifications subject to change without prior notice

MAIN CAP BOLTS- STD

****IF REMOVED THESE MUST BE REPLACED WITH ARP STUD KIT****

MAIN CAP ARP STUDS

60lb Using ARP lube

BIG END BOLTS

STANDARD TYPE ROD BOLTS

****IF REMOVED THESE MUST BE REPLACED WITH ARP ROD BOLTS****

Heavy Duty Rods Bolts for Standard Rods

RB – **See separate assembly sheet**

Heavy Duty Rods Bolts for Steel Rods

RB - **See separate assembly sheet**

NOTE: - When assembling the bolts, as of 2002, the manufacturers recommend only using ARP assembly lubricant as supplied, under the heads and on the threads and torque up to. These are lower torque settings than would have been used with normal oil. We cannot be held responsible for rod bolt stretch when an uncalibrated torque wrench has been used.

CRANK BOLT

SBD H/Duty (BLT-CRK-DURA-HD)

GRAPHITE GREASE UNDER HEAD & WASHER, OIL THREAD

STAGE 1 – 74 LB/FT

STAGE 2 – 90 Degrees

ARP H/Duty (BLT-CRK-DURA-ARP)

ARP Lube UNDER HEAD & WASHER

Final – 145 LB/FT

2 0l Duratec Torque Settings Sbd Motorsport 49999

Mark Steyvers



2 0l Duratec Torque Settings Sbd Motorsport 49999:

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