#### ANATOMIA APPARATO LOCOMOTORE

#### LA POSIZIONE ANATOMICA



Posizione arbitraria e condivisa:

- Testa dritta, sguardo all'orizzonte
- Piedi uniti
- Palma della mano rivolta verso l'alto (primo dito laterale, quinto dito mediale

NB se porto il dorso davanti, e il palmo all' indietro, compio un movimento di prono-supinazione)

Si utilizza come convenzione il palmo in avanti, perché in questa posizione, ulna e radio rimangono paralleli, mentre se ho il dorso della mano in avanti, ulna e radio sono incrociati.

Per le descrizioni spaziali degli organi si utilizzano 3 piani :

 Piano sagittale: piano mediano di simmetria sviluppato Antero-posteriormente, divide il corpo in metà simmetriche ( dx e sx)

NB esistono organi pari e simmetrici( es Reni, polmoni )
NB esistono organici unici e sono impari ( es Milza, vescica urinaria)

La milza ad esempio si trova da un solo lato mentre la vescica urinaria si trova sul piano mediale di simmetria ed è tagliata a metà .

Esistono piani sagittali, che non tagliano a metà il corpo e sono detti paramediali, come ad esempio la linea emiclaveare ( origina dal punto medio della clavicola ed è perpendicolare a terra )

Il concetto di simmetria: non sempre utilizzabile e il piano sagittale divide il corpo in 2 metà non esattamente uguali ( alcuni organi ad esempio la milza si trovano in una sola metà, mentre altri come il fegato hanno una porzione più grande che si trova in una metà, e una porzione più piccola che si trova nell'altra)

# **Anatomia Apparato Locomotore 1**

Luca Cecchetto, Gianluigi Romeo

# **Anatomia Apparato Locomotore 1:**

Current Catalog National Library of Medicine (U.S.), 1982 First multi year cumulation covers six years 1965 70 National Library of Medicine Current Catalog National Library of Medicine (U.S.),1971 *National Union Catalog* ,1973 Includes entries for maps and atlases Manuale di primo soccorso. Come intervenire con rapidità ed efficaciain caso di malore o incidente Enrico P. Bossi, 1998 OSS Operatore socio-sanitario. Manuale e quiz per il concorso Luca Giornale agrario toscano ,1846 L'umanizzazione dell'ospedale. Riflessione ed Cecchetto, Gianluigi Romeo, 2013 **esperienze** Antonella Delle Fave, Sergio Marsicano, 2004 **Science and Football III** Jens Bangsbo, Thomas Reilly, A Mark Williams, 2014-02-04 The Third World Congress of Science and Football was held in Cardiff Wales in April 1995 The aim of the conference was to continue to bridge the gap between the theory and practice of the various branches of football and increase the awareness of the value of a scientific approach to these games. These aims and the outcomes of the conference are reflected in this third volume of Science and Football The volume is divided into eight parts each part containing a group of papers that are related by theme or disciplinary approach Metabolism and nutrition football training match analysis medical aspects of football and psychology and football behaviour are just a few of the areas covered in this comprehensive in depth volume that has been fully edited and revised The conclusions drawn during the congress represent an invaluable practical reference for coaches scientists players managers and all those involved in the many football codes Annuario Lex, legislazione italiana Italy,1965 .1885

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